

Progression Strategy Discussion

August 5, 2016

HSCRC Health Services Cost Review Commission

Current All-Payer Model

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Original All-Payer Model Application: Maryland's Strategy

Aim: Over a 5 year period, achieve the goals of better care, better health and lower costs.

	Primary Drivers	Secondary Drivers
Aim	Coordinate interdisciplinate care across settings and	 "Whole person" care management and care planning Effective transitions across settings and as care needs change
Over a 5 year period, achieve the	providers	Data-driven, population care management
goals of better care, better health, and lower costs.	Improve clinical processes	 Effective management of chronic and co-morbid conditions Effective medication management
	Improve patient and careg	giver
Ļ	engagement and education	• Patient self-management • Informed and shared decision making • Patient engagement
1. Reduce total all payer per capita	Improve access to care	
 hospital expenditures Decrease hospitalizations 	Improve communication a	Integration with Patient Centered Medical Homes Care coordination
 Decrease ED use Match patients with appropriate care setting 	providers, patients, and settings	Optimal HIT use and information sharing Effective metions and encoding and
2. Improve quality of health		Effective patient and caregiver communication
 Decrease readmissions Decrease hospital acquired conditions 	Enhance and align financia	 Accountability for cost and quality Shared savings All-payer innovations
3. Improve population health measures	Data driven continuous pr	rocess Peer-based, rapid cycle learning
	improvement	Data capture and analysis

Recap: Stakeholder-Driven Strategy for Maryland

Aligning common interests and transforming the delivery system are key to sustainability and to meeting Maryland's goals

Focus Areas

Description

Care Delivery	 Improve care delivery and care coordination across episodes of care Tailor care delivery to persons' needs with care management interventions, especially for patients with high needs and chronic conditions Support enhancement of primary and chronic care models Promote consumer engagement and outreach
Health Information Exchange and Tools	 Connect providers (physicians, long-term care, etc.) in addition to hospitals Develop shared tools (e.g. common care overviews) Bring additional electronic health information to the point of care
Provider Alignment	 Build on existing models (e.g. hospital GBR model, ACOs, medical homes, etc.) Leverage opportunities for payment reform, common outcomes measures and value-based approaches across models and across payers to help drive system transformation

Recap: Strategy for Implementing the All-Payer Model

Year Focus			
Initiate hospital payment	Years 2-3 Focus (Now)		
changes to support delivery system changes	Work on clinical improvement, care	Years 4-5	
Focus on person-centered policies to reduce potentially avoidable utilization that	coordination, integration planning, and infrastructure development	Implement cha improve care c and chronic ca	
result from care improvements	Partner across hospitals, physicians, other providers,	Focus on align	
Engage stakeholders Build regulatory infrastructure	post-acute and long-term care, and communities to plan and implement changes to care delivery	Engage patient communities	
		Focus on paym progression, to and extending	
	Alignment planning and development		

Focus

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Progression of the All-Payer Model

Maryland All-Payer Model Driver Diagram With Updates for the Model Progression

<u>Aim</u>

Over a 10 year period, achieve the goals of better care, better health, and lower costs driven by a personcentered approach to health care that optimizes outcomes and value for all Maryland residents.

1. Reduce total all payer per capita hospital expenditures

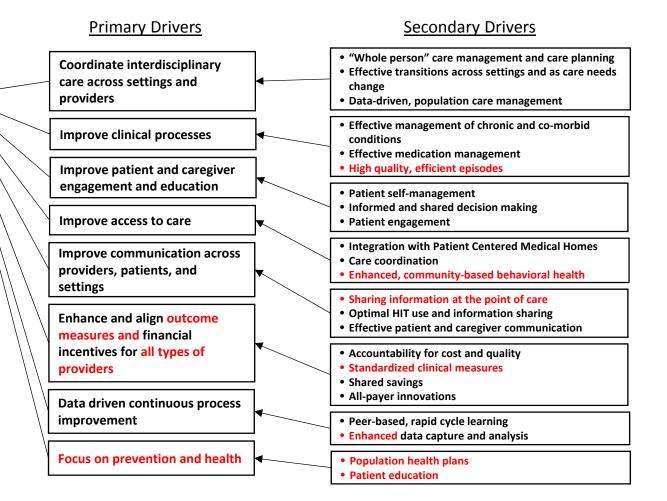
- Decrease hospitalizations
- Decrease ED use
- Match patients with appropriate care setting
- 2. Improve quality of health
- Decrease admissions
- Decrease hospital acquired conditions

3. Improve population health measures

4. Limit the growth in Medicare total cost of care, including the Medicaid costs for dually eligible beneficiaries

• Improve efficiency and quality of episodes of care

5. Consider all patients, all payer principles and their application in the development of models, measures, and infrastructure



Maryland's Updated Strategy

- Updated Aim: Over a 10 year period, achieve the goals of better care, better health, and lower costs driven by a person-centered approach to health care that optimizes outcomes and value for all Maryland residents.
 - I. Reduce total all payer per capita hospital expenditures
 - Decrease hospitalizations
 - Decrease ED use
 - Match patients with appropriate care setting
 - > 2. Improve quality and efficiency of health care
 - Decrease admissions
 - Decrease health care acquired conditions
 - Improve efficiency and quality of episodes of care
 - ->>> 3. Improve population health measures
 - 4. Limit the growth in Medicare total cost of care, including the Medicaid costs for dually eligible beneficiaries
 - 5. Consider all patients, all payer principles and their application in the development of models, measures, and infrastructure
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Progression Plan: Scope

Approximate	CY 2015 Fig	gures (for 6	million Ma	vlanders)

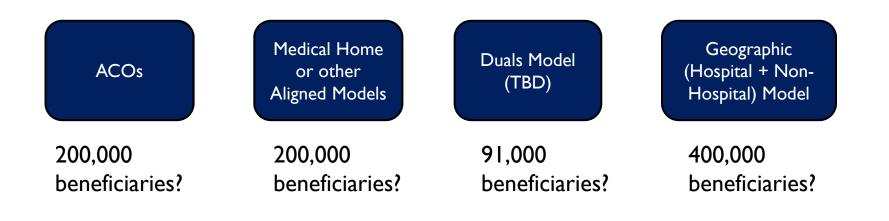
All Payer Hospital Revenues (Maryland Residents in Maryland hospitals)	\$14.8 billion
Medicare Non-Hospital Spend (Maryland Beneficiaries anywhere)	\$3.9 billion
Medicare Hospital Spend Non-Regulated	\$0.5 billion
Medicaid Costs for Dual Eligible Patients	\$2.0 billion
Total Costs to be Addressed in the Strategic Plan	\$21.2 billion

Notes:

- 1) Regulated hospital revenues incorporate ~\$4.8 billion of Medicare spend.
- 2) Medicare spend includes only payments by Medicare.
- 3) Medicare non-regulated hospital spend is primarily out-of-state hospital spend. Also includes in-state specialty hospital spend.
- 4) Medicaid figures are estimated and may be updates.

Test Several Concepts Along with Hospital Model to Take on Responsibility for TCOC and Outcomes

Need to address all Medicare beneficiaries



Tackling TCOC

How to start addressing TCOC

- Start receiving TCOC data and data to support care coordination and chronic care improvement and more efficient high quality episodes (the Amendment)
- Learn how to utilize data and make delivery system changes that act on the most significant opportunities for care improvement and controlling costs, including:
 - A medical home approach that cuts across payers and models
 - Patients with high needs and chronic conditions
 - Population health

• Episode costs and outcomes (including post-acute)

All-Payer Model: Progression Strategy Blueprint

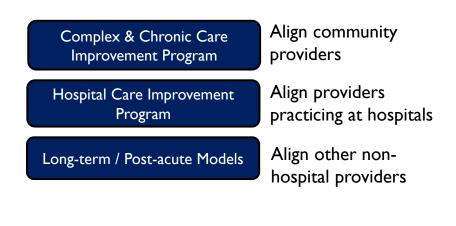
Strategic Considerations:

- Allow all system components and consumers, including physicians, longterm care, behavioral health, and others, to participate in care delivery and payment transformation initiatives
- Align hospital and provider performance measures and incentives
- Support providers/practitioners in practice transformation (e.g. streamlining administrative requirements)
- Assist providers with qualifying for additional funding under MACRA (financial incentives under MIPS and Advanced APM bonuses)
- Leverage current strengths, works in-progress, and available funding from the federal government
- Build in the flexibility to:
 - Improve models over time
 - Allow for adaptation in a dynamic health care system

Please refer to Progression Strategy Blueprint document for Design Principles

Starting to Address the Strategic Considerations: Care Redesign Amendment

- In response to stakeholder input, the State is proposing a Care Redesign Amendment to the All-Payer Model, which will allow needed approvals (Safe harbors, Stark, etc.) and data for care redesign and alignment
- Opportunity to incorporate physicians and other providers in focus on All Payer hospital costs and Medicare TCOC
 - Have a "living" program that allows for annual adjustments as we learn how to deploy interventions, test new models (e.g. considering episodes) and focus on TCOC
 - Focus on addressing MACRA coverage for the All Payer Model



Tools:

- Shared care coordination resources
- Detailed Medicare data for care coordination
- Medicare TCOC data
- Shared savings from hospitals
- Possible MACRA Advanced APM status

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Progression Strategy Blueprint: Areas for Consideration

• Consider transformation in the following strategy areas:

- 1. Payment and Delivery Approaches
 - 1. Primary/Complex Care
 - Amendment--Complex and Chronic Care
 - 2. Comprehesive Primary Care
 - 3. Behavioral health
 - 4. Long term care
 - 2. Episodes
 - 1. Amendment—Hospital Care Improvement
 - 2. Post acute
- 2. TCOC Focus
 - 1. Geographic Population Model (including leveraging Amendment) transitioning to upside/downside incentive payments and or risk
 - 2. Dual Eligibles ACO/PCMH transitioning to upside/downside risk
 - 3. Continuing/Increasing ACO/PCMH approaches transitioning to upside/downside risk

Questions for consideration:

- Are these elements the right ones?
- What is the timeline? How should the strategies and models be prioritized? What is the best phased approach?
- How should we go about developing the plan and the models?
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Envisioning Core Strategic Elements

Primary Care/Complex and Chronic Care

- Create a person-centered locus of care with supporting interdisciplinary care teams across all care settings, data-driven care coordination, and financial incentives that move towards greater accountability.
- Behavioral Health
 - Improve access to community-based, behavioral health services, promote clinical integration between primary care and behavioral health, and develop value-based payment mechanisms
- Long-term Care
 - Create value-based payment and care delivery mechanisms that improve care coordination and delivery of long-term care and home and community-based services

Envisioning Core Strategic Elements (cont.)

Post-acute Care

 Create alignment between hospitals and post-acute providers and facilities that optimizes transitions and resource use across care settings (e.g. acute, post-acute, long-term care, home, etc.)

Geographic Population Model

Promote All-Payer Model progression through an accountability model that creates local responsibility for patient health outcomes and total cost of care in an actionable geographic area, first focusing on Medicare

Dual Eligibles

 Create payment and care delivery mechanisms that improve care coordination and access to care for Dual Eligible beneficiaries, and incorporate payer accountability for Dual Eligible total cost of care (e.g. including medical and custodial care)

Potential Timeline

MACRA	Begin to implement MACRA-eligible models		MACRA APM status provides bonus for participating providers. Bonus adjusted based on model outcomes	
2017	2018	2019	2020	TBD
 Care Redesign Amendment Complex and Chronic Care Hospital Care Improvement 	 Primary Care model* Geographic Population model* Shared savings component added to Care Redesign Amendment programs* 	 Geographic Model*, ACOs*, and PCMH* models begin to take on more responsibility Dual Eligible model* 		 Post-acute Behavioral health Long term care

Note: * Indicates anticipated MACRA-eligible models (Advanced Alternative Payment Models).

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Appendix- Strategies & Models To be Worked Through

Geographic Population Model

Concept:

- Global budget(s) + non-hospital costs → Medicare total costs for a geography
 - Focuses on services provided in a particular geography
- Creates responsibility for a patient population in an actionable geographic area
 - Includes services provided in local geographic area (excludes tertiary and quaternary care provided in other hospitals)
 - Allows for local focus and increases opportunities for population health partnerships
 - Creates a larger pool that mitigates high-cost patients, allowing providers to learn how to effectively share responsibility gradually

Geographic Population Model (cont.)

Rationale:

- While the global budget already distributes responsibility for ~ 56% of Medicare costs, CMS expects Maryland to take on increasing accountability for TCOC over time
 - A geographic model can cover the additional 15%-20% of Medicare spend for non-hospital services related to hospitalizations (e.g. post acute, physician costs, etc.)
- More partnerships with community providers are needed to continue reducing avoidable utilization and improving outcomes for the sustainability of the All-Payer Model
 - A geographic model can create an approach to engage non-hospital providers, organize resources, and create accountability approaches across providers
- MACRA is creating significant financial consequences for providers to support value-based payments, rather than volume-based payments
 - A geographic model can help physicians and others qualify for greater funding under MACRA if they work with hospitals that take some responsibility for TCOC and thus become Advanced APM entities

Geographic Population Model (cont.)

• Geographic Population Model: Promote All-Payer Model progression through a payment model that creates local responsibility for patient health outcomes and total cost of care in an actionable geographic area, first focusing on Medicare

Model Considerations:

- Base the model on geography/episodes or a combination of approaches
- Consider regional organizations to service local health care community
- Consider value-based payment in CY 2017/FY 2018 based on TCOC for Medicare to use with global budgets/engage physicians through Amendment
 - Physician idea—value based payment could be applied to physician payment
 Assists with MACRA eligibility
 - Accelerate TCOC focus for Medicare while limiting risk
 - For 2019, could become a shared savings model or increase value based portion of payment tied to Medicare TCOC and outcomes
 - Works along with ACOs and PCMH models

Primary Care

Rationale:

- The population is aging and chronic diseases are becoming more prevalent (e.g. 18% of MD population >65 by 2025)
 - Need for more care coordination and chronic care management
- Taking on Medicare Total Cost of Care (for the sustainability of the All-Payer Model) relies heavily on primary and complex and chronic care
 - CMS is focused on enhancing chronic care and primary care, and is providing significant funding sources. E.g. Chronic Care Management fees (CCM), Comprehensive Primary Care Plus model (CPC+)
- Main idea--Focus on the opportunity to replace the CCM fee with a CPC+ type of model that pays care management dollars on a riskadjusted per person basis rather than a fee schedule, and support primary care transformation

Primary Care (cont.)

Primary Care Strategy: Create a person-centered locus of care with supporting interdisciplinary care teams across all care settings, data-driven care coordination, and financial incentives that move towards greater accountability

Concept:

- Tailor care according to persons' needs
- Engage consumers and families
- Help people with chronic disease and complex needs live healthier lives, reducing downstream utilization
- Continue to build care coordination infrastructure and resources
- Improve care and reduce potentially avoidable utilization