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# The Total Cost of Care Model and Opportunities for Alignment

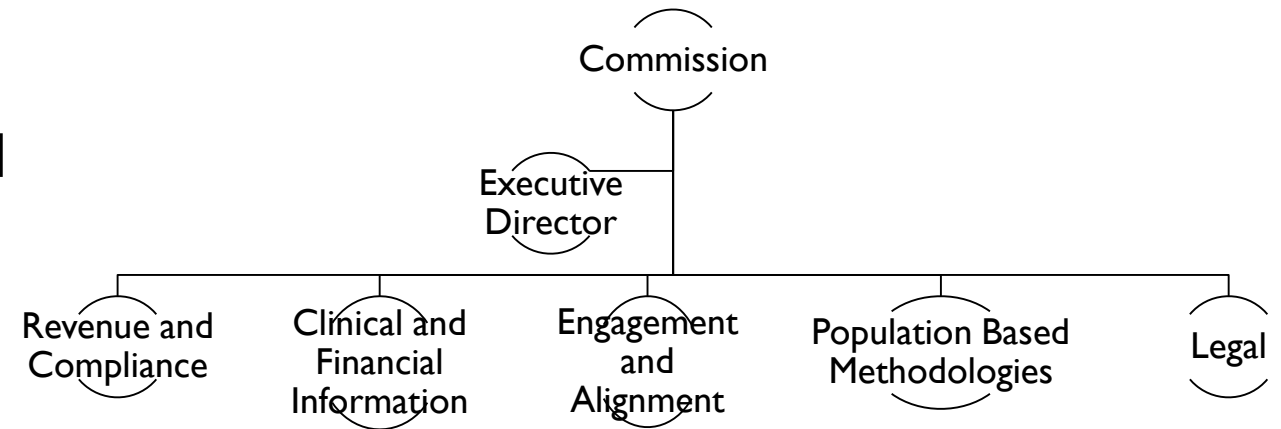
HSCRC



## Background: HSCRC

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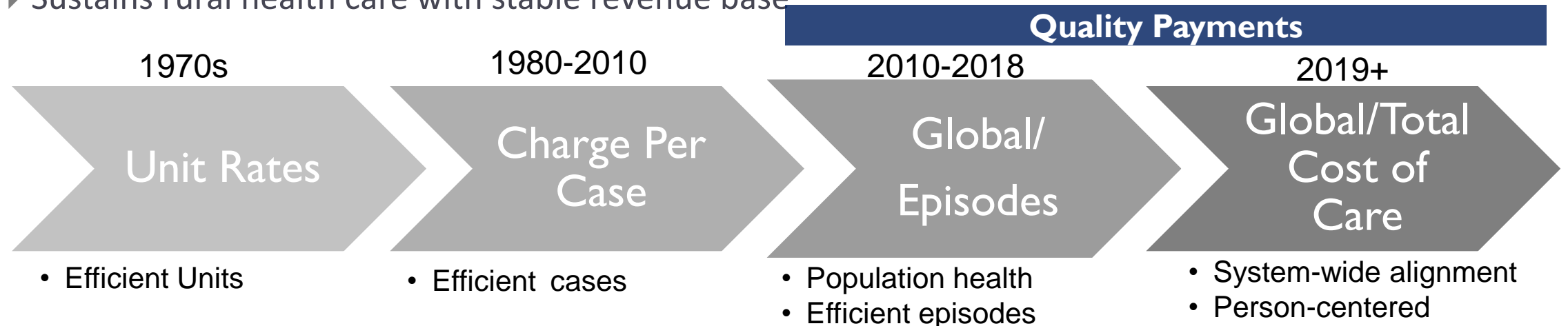
- ▶ Created in 1970s
- ▶ Independent state agency that works closely with Maryland Department of Health (MDH)
- ▶ 7 Commissioners, including a Chair and Vice Chair
  - ▶ Day jobs of commissioners have included hospital executives, physicians, executives of long-term care facilities, and health policy consultants, experts, and economists
  - ▶ Budget of \$14.1 million in FY18
    - ▶ 100% from assessments
- ▶ 40 full-time staff plus analytic support from contractors and Maryland's HIE, CRISP



## Background: Maryland's All-Payer Model

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- ▶ Since 1977, Maryland has had an all-payer hospital rate-setting system
- ▶ In 2014, Maryland updated its approach through the All-Payer Model
  - ▶ 5-year state innovation between Maryland & federal government (2014 through 2018) focused on hospital payment transformation
  - ▶ Per capita, value-based payment framework for hospitals
  - ▶ Provider-led efforts to reduce avoidable use and improve quality and coordination
  - ▶ Savings to Medicare without cost shifting
  - ▶ Sustains rural health care with stable revenue base



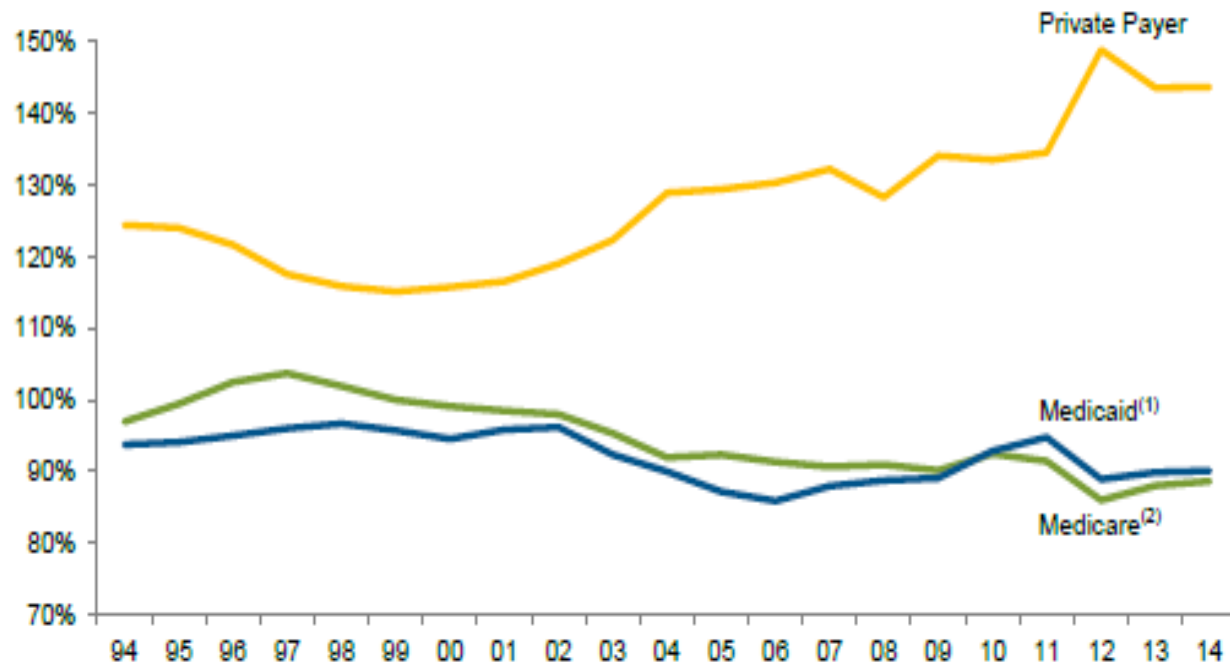
# Value of the All-Payer System

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- ▶ Cost containment for the public
- ▶ Equitable funding of uncompensated care
- ▶ Stable and predictable payment system for hospitals
- ▶ All payers fund Graduate Medical Education
- ▶ Transparency
- ▶ Leader in linking quality and payment
- ▶ Local access to regulators
- ▶ Avoids cost shifting across payers
- ▶ Leverages increased federal payments

## Nationally, Cost-Shifting Occurs Between Private and Public Payers

Chart 4.6: Aggregate Hospital Payment-to-cost Ratios for Private Payers, Medicare, and Medicaid, 1994 – 2014



Source: American Hospital Association

(1) and (2). Includes Disproportionate Share Hospital (DSH) payments.

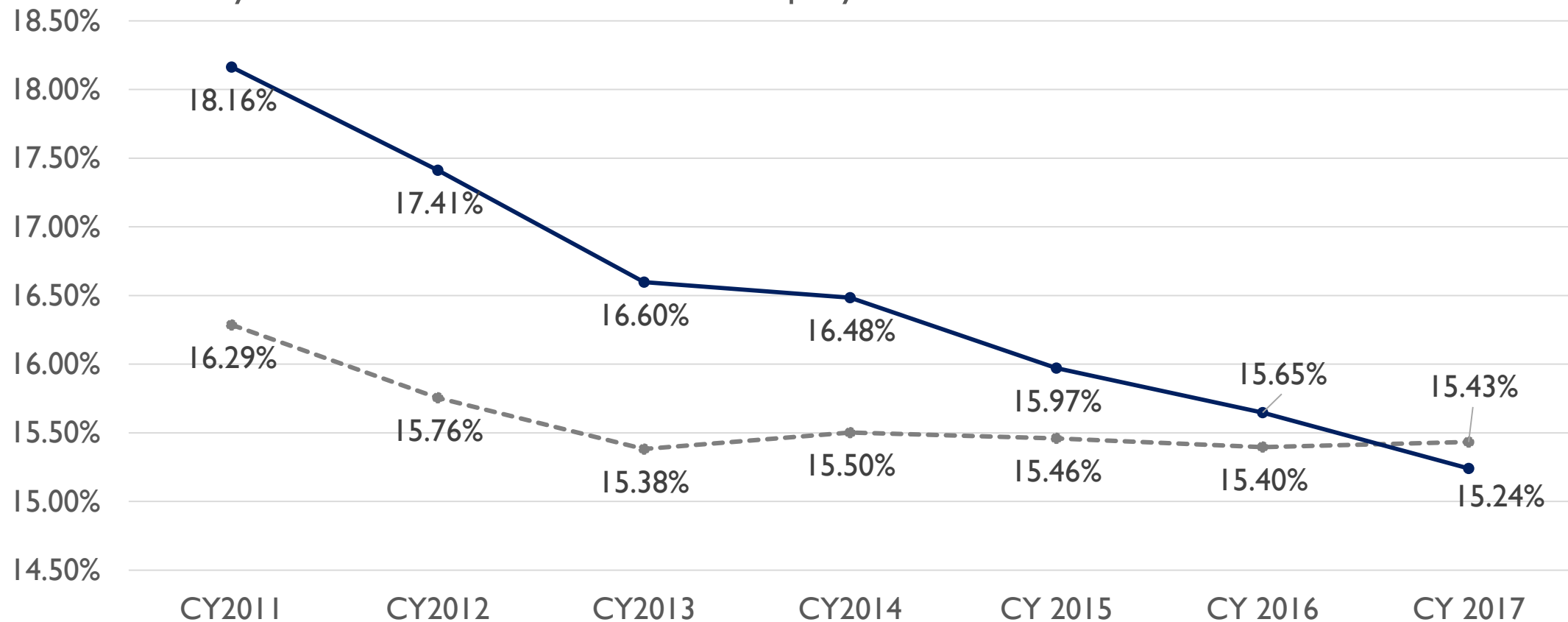
- ▶ In Maryland, hospitals are paid using a common rate structure for all payers distributing costs equitably, for example:
  - ▶ Uncompensated Care
  - ▶ Physician/other education costs
- ▶ The Model is tackling total costs using value-based approaches and care redesign on an all-payer basis
- ▶ With payer mix changes, Maryland hospitals are less susceptible to margin deterioration
  - ▶ Not dependent on volume growth

## All-Payer Model: Performance to Date

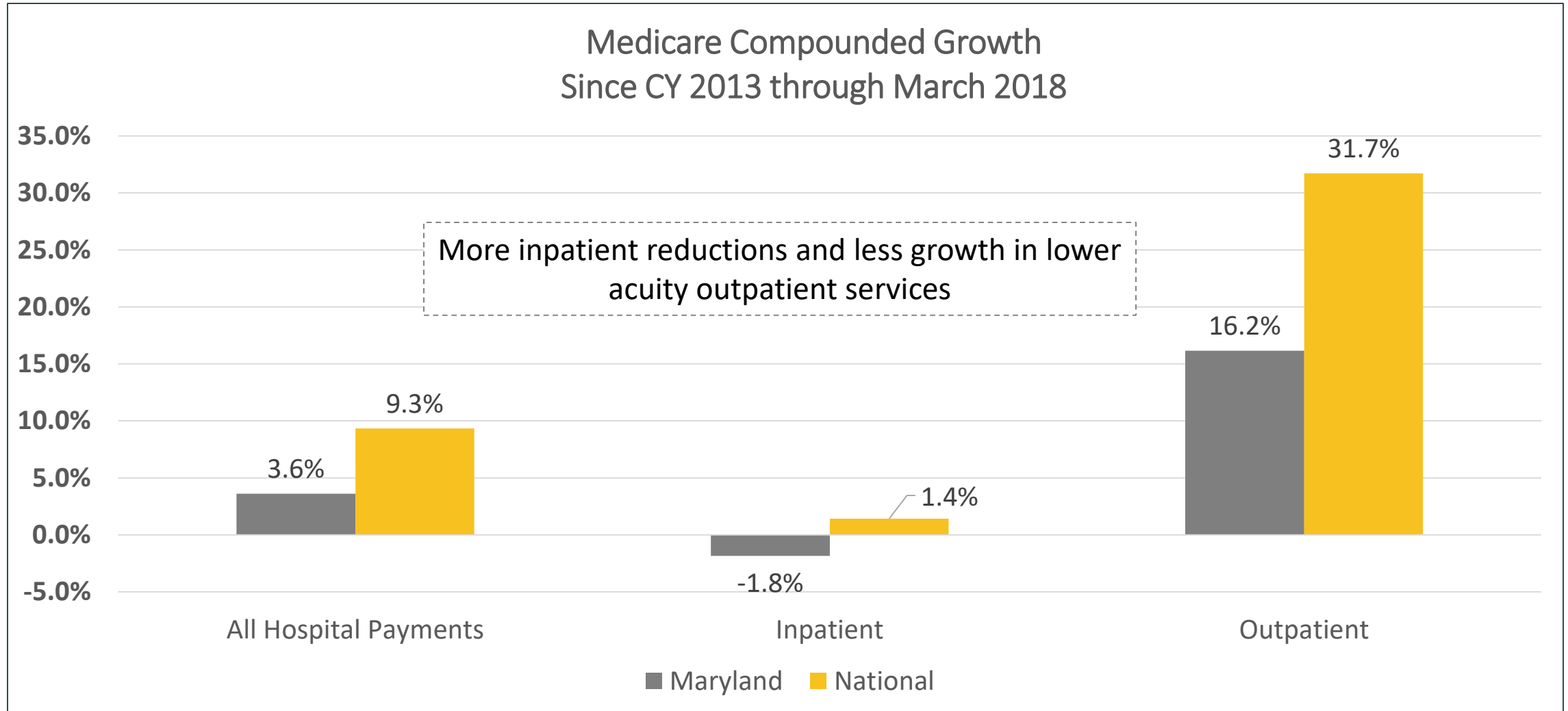
Performance Measures	Targets	2014-2017 Results	On Target
All-Payer Hospital Revenue Growth	≤ 3.58% per capita annually	2.03% average growth per capita	✓
Medicare Savings in Hospital Expenditures	≥ \$330M cumulative over 5 years (Lower than national average growth rate from 2013 base year)	\$916M cumulative (5.63% below national average growth)	✓
Medicare Savings in Total Cost of Care	Lower than the national average growth rate for total cost of care from 2013 base year	\$599M cumulative (1.36% below national average growth)	✓
All-Payer Quality Improvement Reductions in PPCs under MHAC Program	30% reduction over 5 years	53% Reduction since 2013	✓
Readmissions Reductions for Medicare	≤ National average over 5 years	Below national average at the end of the fourth year	✓
Hospital Revenue to Global or Population-Based	≥ 80% by year 5	100%	✓

# Medicare Test: At or below National Medicare Readmission Rate by end of CY 2018

Maryland reduced readmissions more rapidly than the nation, CY2011-2017



# Maryland Experience Moving to Value-Based Payments





# Performance of the Current Model is Indicative of where Maryland's Care Transformation will Continue

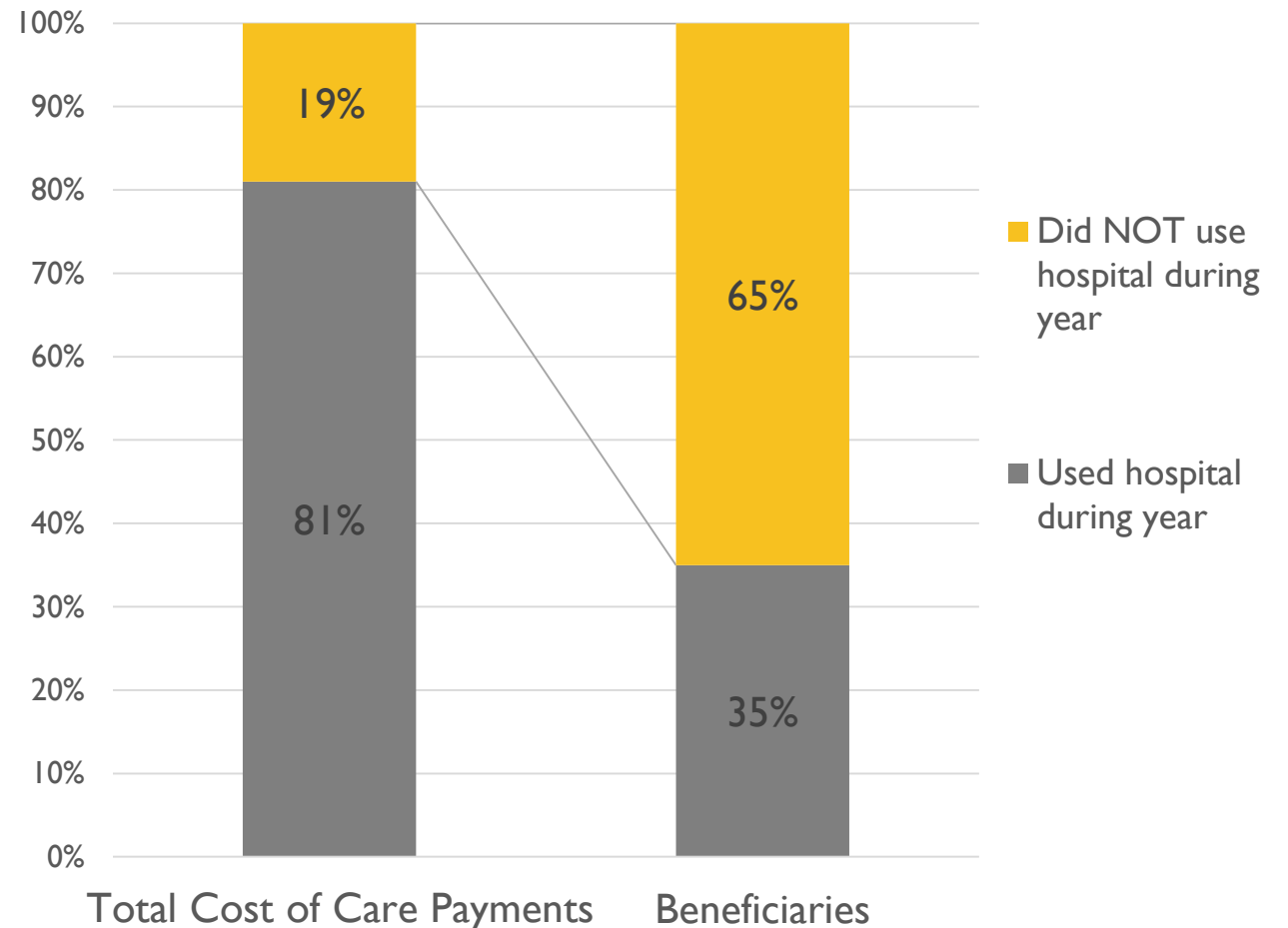
Performance Measures	Targets	2014-2017 Results	On Target
<ul style="list-style-type: none"> <li>▶ Hospital savings have outpaced total cost of care savings</li> </ul>	≤ 3.58% (capitated annually)	2.03%	✓
<ul style="list-style-type: none"> <li>▶ Partially due to hospital global budgets incentivizing shifts to outpatient settings</li> </ul>	Lower than the national average growth rate over 5 years (lower than national average growth rate from 2013 base year)	<ul style="list-style-type: none"> <li>Medicare Hospital Savings \$916M cumulative (5.63% below national average growth)</li> </ul>	✓
<ul style="list-style-type: none"> <li>▶ Another part due to the Model incentivizing more preventive care and appropriate settings</li> </ul>	Lower than the national average growth rate over 5 years (lower than national average growth rate from 2013 base year)	<ul style="list-style-type: none"> <li>Medicare Total Expenditure Savings \$599M cumulative (1.36% below national average growth)</li> </ul>	✓
<ul style="list-style-type: none"> <li>▶ Overall, Maryland has more improvement opportunities and needs to align incentives <b>system-wide</b>, to continue cost growth containment and quality improvement</li> </ul>	30% reduction over 5 years	53% Reduction since 2013	✓
Readmissions Reductions for	≤ National average over 5 years	Below national average at the end of the fourth year	✓
Hospital Revenue as Global or Population-Based	80% by year 5	100%	✓

# The Maryland Model Progression: Increasing Accountability and System-wide Transformation

## ▶ **Goals of the TCOC Model**

- ▶ Modernize to person-centered care
- ▶ Drive total cost of care savings through improved care delivery
- ▶ Improve the health of the population

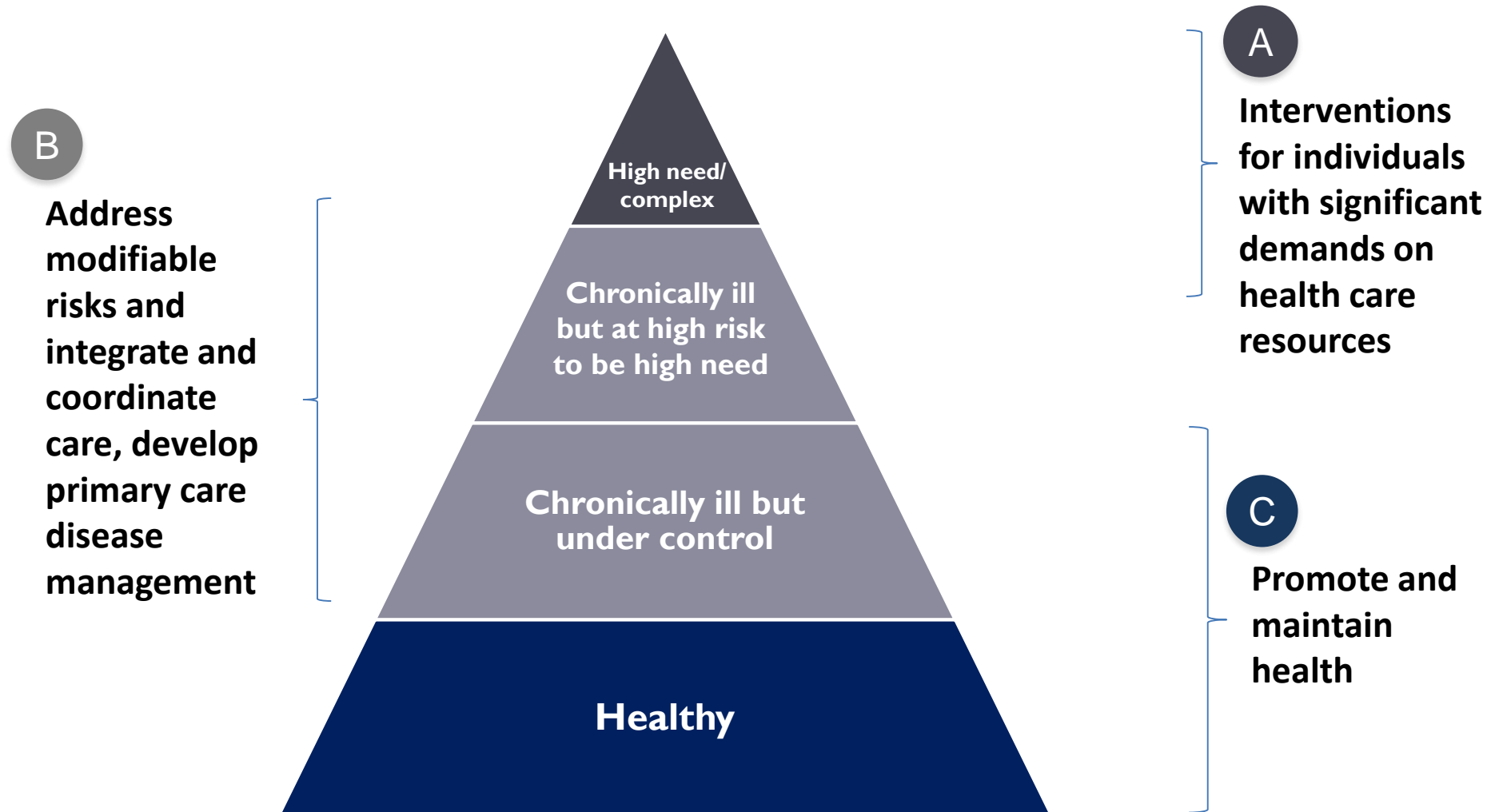
Maryland's Person-Centered Strategy for 800k+ Medicare FFS beneficiaries



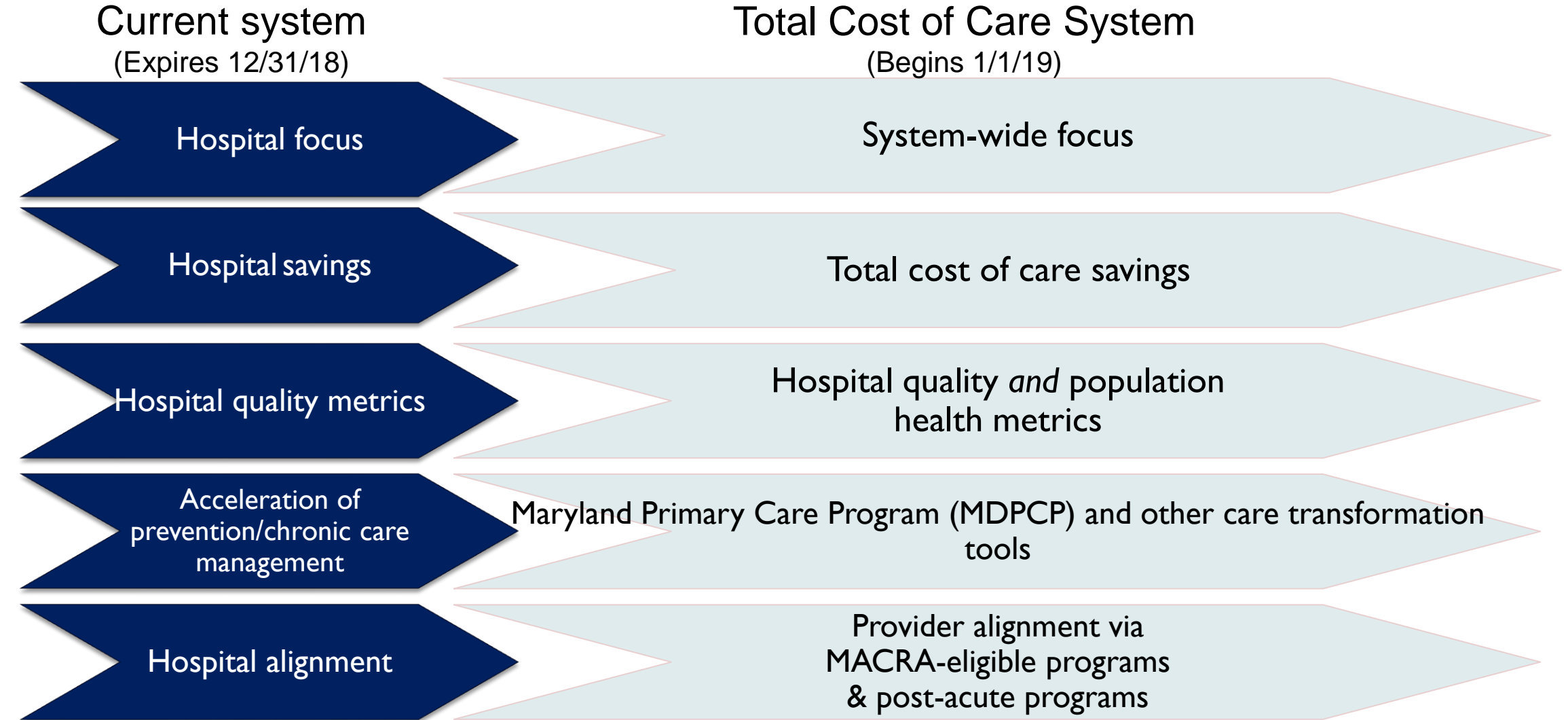
Source: Draft HSCRC analysis based on CY 2016 Medicare (CCW) data

# Core Approach— Person-Centered Care Tailored Based on Needs

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# The Change



## Total Cost of Care (TCOC) Model Overview

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- ▶ **New Contract will be a 10-year agreement (2019-2028) between MD and CMS**
  - ▶ Five years (2019-2023) to build up to required Medicare savings and five years (2024-2028) to maintain Medicare savings and quality improvements
- ▶ **Total Cost of Care (TCOC) Medicare Savings building to \$300 million annually by 2023**
- ▶ **Continue to limit growth in all-payer hospital revenue per capita at 3.58% annually**
- ▶ **Designed to coordinate care for patients across both hospital and non-hospital settings, improve health outcomes and constrain the growth of costs**
  - ▶ Aligns hospitals, physicians, long term care, skilled nursing facilities and other health care providers
  - ▶ Focuses on managing and preventing chronic and complex conditions
  - ▶ Enhances primary care delivery
- ▶ **Expand value based payment programs to include population health outcomes via outcomes based credits**

## Annual Medicare TCOC Savings Targets

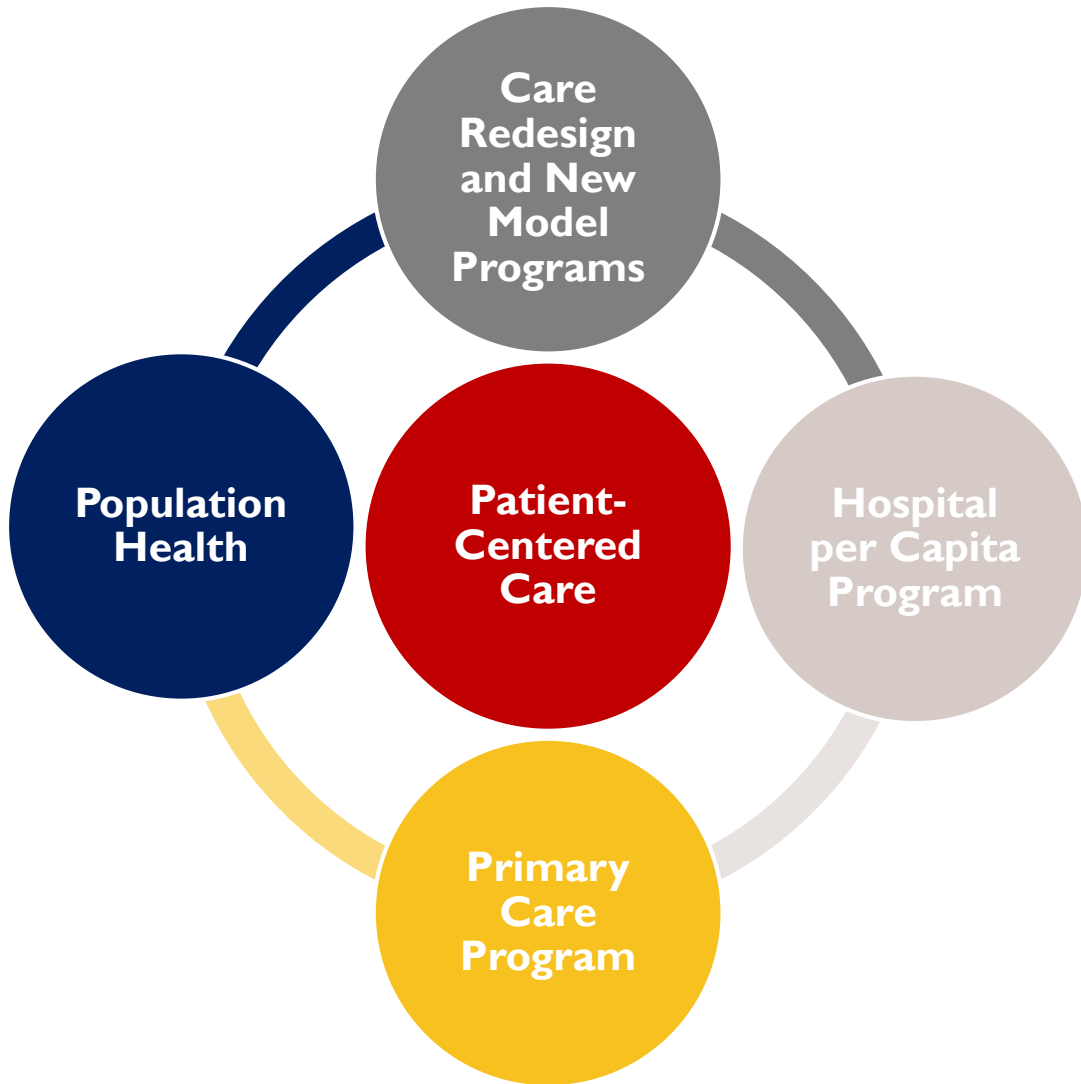
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### **Annual Medicare TCOC Savings Targets (relative to 2013 base)**

<b>2019</b>	PY 1:	\$120 million
<b>2020</b>	PY 2:	\$156 million
<b>2021</b>	PY 3:	\$222 million
<b>2022</b>	PY 4:	\$267 million
<b>2023</b>	PY 5:	\$300 million

- ▶ By the end of 2023, achieve \$300 million in annual savings to Medicare Parts A and B (~4%), through slower TCOC spending growth per beneficiary
  - ▶ In 2017, annual TCOC savings to Medicare were \$138 million
  - ▶ Beyond 2017, the improvement necessary is \$162 million, or approximately 1% of total hospital revenues
- ▶ **No cumulative liability or credit**
  - ▶ Missed performance does not need to be paid back
  - ▶ The State has to catch up to the next savings target

# Total Cost of Care Model Components



- ▶ Expands **Care Redesign Programs** to enable private sector led programs supported by State flexibility; opportunity for **New Model Program** development in the future.
  - ▶ ‘MACRA-tize’ the model and expand incentives for hospitals to work with others
- ▶ Continues **Hospital per Capita Budgets**, while expanding incentives to control total costs
  - ▶ Expand responsibility for total costs through gradual revenue at risk under **Medicare Performance Adjustment**
- ▶ Initiates the **Maryland Primary Care Program** to enhance chronic care and health management
- ▶ Develops **Population Health** improvement programs for chronic conditions, opioid deaths and senior health quality of life

# Succeeding Under the TCOC Model – Aim High

**1** Establish Meaningful Partnerships

**2** Deliver High-Value Care

**3** Improve Health

- Population health initiatives to improve diabetes, reduce opioid overdoses and improved chronic disease management

**4** Center the System

- Patient-centered focus, community-based primary care, access to mental health services

**5** Get Connected

- Enhance data sharing and analytics to optimize care and improve coordination



# Care Redesign Programs – Aligning hospitals and non-hospital providers

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- ▶ Opportunity to innovate new tracks the system needs and achieve savings
- ▶ Allows hospitals to further align with care partners
- ▶ Voluntary programs allow hospitals to obtain data, share resources with providers, and offer optional incentive payments
- ▶ Advanced Alternative Payment Model qualification (MACRA)
- ▶ Maryland can add/delete/modify programs on an annual basis, without requesting the approval of a new model or model amendments

## Hospital Care Improvement Program (HCIP) 40 Participants

- **Goal:** Facilitate improvements in hospital care that result in care improvements and efficiency

## Complex and Chronic Care Improvement Program (CCIP) 9 Participants

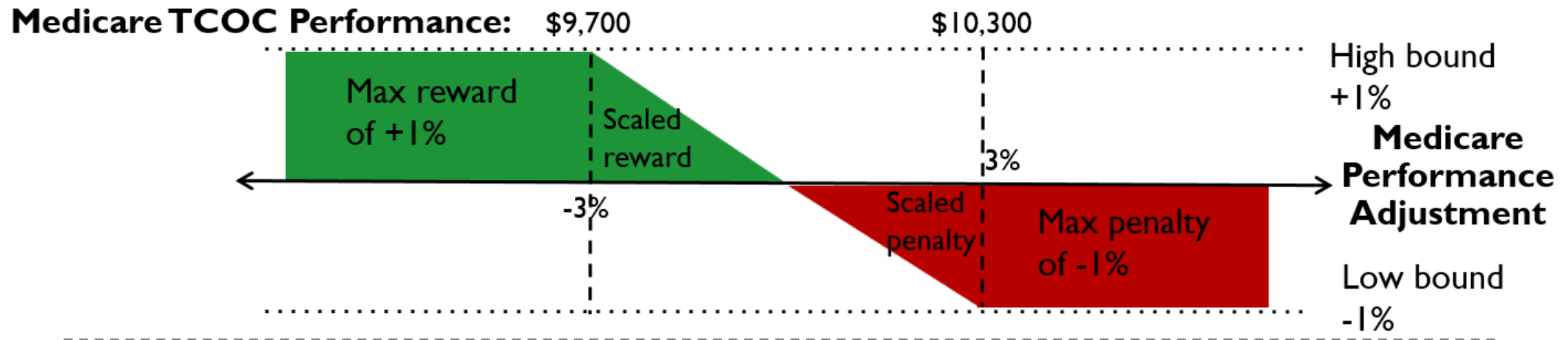
- **Goal:** Enhance care management and care coordination

## Episode Care Improvement Program (ECIP)

- **Goal:** Facilitate care improvements for episodes across all care settings, with a focus on post-acute opportunities

## Medicare Performance Adjustment (MPA)

- ▶ A scaled adjustment (positive or negative) to each hospital's federal Medicare payments based on its performance relative to a Medicare per capita Total Cost of Care (TCOC) benchmark.



- ▶ Further increases accountability for care, outcomes, total costs and population health
- ▶ All Medicare beneficiaries are attributed to hospitals, primarily through physician relationships
- ▶ Flexibility to use as a Care Redesign tool
- ▶ Medicare Revenue at Risk begins at 0.5% for 2018 and increases to 1% for 2019

# Quality Programs

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- ▶ Quality targets that are aggressive and progressive, but developed jointly between the State and stakeholders
  - ▶ Requirement to maintain more aggregate revenue at risk than national Value-based Purchasing (VBP) program
  - ▶ Potential switch from MHAC to national HAC programs to allow for alignment
  - ▶ Incorporate population health measures into reporting and savings calculations
- ▶ The State will develop Bold Improvement Goals jointly between the State and stakeholders
- ▶ Population health programs will be added
- ▶ Current quality programs that will be continued, refined and built upon include:

## Quality Based Reimbursement (QBR)

- Similar to National value-based purchasing

## Potentially Avoidable Utilization (PAU) Savings

- Prevention quality indicators and 30 readmissions
- Removes utilization from hospital budgets
- Similar to National value-based purchasing program

## Readmission Reduction Incentive Program (RRIP)

- Penalizes readmissions across all payers
- Reduce and maintain Medicare readmission rate below national rate

## Maryland Hospital Acquired Conditions (MHAC)

- Incentivizes reducing potentially preventable complications

# The Maryland Primary Care Program

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- ▶ Beginning January 1, 2019 Maryland will move Medicare FFS beneficiaries into care management over 6 years
- ▶ Strengthens and transforms primary care delivery by introducing care management and coordination supports such as:
  - ▶ Telemedicine, mental health and substance abuse counseling, care management, and other patient supports
  - ▶ Development of Care Transformation Organizations to support small and independent practices, unique to Maryland
- ▶ Financial alignment with national programs and TCOC APM Incentives
  - ▶ Care management fees will provide resources for chronic care improvement
  - ▶ Performance based incentive payments reward quality care
  - ▶ Aligns Maryland providers with national MACRA incentives
- ▶ Aligns primary care physicians with TCOC APM goals
  - ▶ Move primary care from volume to value
  - ▶ Increase health equity and reduced disparities
  - ▶ Improve health status and lower costs

## Outcomes-Based Credits for Population Health Improvement

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- ▶ The State of Maryland and providers will jointly focus on health improvement initiatives.
- ▶ Improved population health may offset the cost of primary care investments.

### Improve Behavioral Health

- Reduce deaths from opioid use

### Improve Chronic Condition Prevention

- Diabetes initiatives
- Obesity, hypertension, hepatitis C and smoking

### Senior Health and Quality of Life

- Fall related death prevention

# Public-Private Health Information Infrastructure Supports Model

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- ▶ The TCOC Model will further leverage the statewide health information exchange (HIE) infrastructure, to optimize processes, achieve the goals of the TCOC Model and improve care
- ▶ HIE reporting services to better inform patient care and population management at the point of care
- ▶ Data sharing available to providers engaged in Model Programs
- ▶ Available Analytic and Care Coordination Tools:
  - ▶ Medicare data analytics
  - ▶ Clinical query portal
  - ▶ Emergency notification services (ENS) for providers
  - ▶ Prescription Drug Monitoring Program (PDMP)
  - ▶ Ambulatory integration
  - ▶ Meaningful Use resources
  - ▶ CQM Aligned Population Health Reporting (CALiPHR)