Q1. COMMUNITY BENEFIT NARRATIVE REPORTING INSTRUCTIONS

The Maryland Health Services Cost Review Commission (HSCRC or Commission) is required to collect community benefit information from individual hospitals in Maryland and compile into an annual statewide, publicly available report. The Maryland General Assembly updated §19-303 of the Health General Article in the 2020 Legislative Session (HB1169/SB0774), requiring the HSCRC to update the community benefit reporting guidelines to address the growing interest in understanding the types and scope of community benefit activities conducted by Maryland's nonprofit hospitals in relation to community health needs assessments. The reporting is split into two components, a Financial Report and a Narrative Report. This reporting tool serves as the narrative report. In response to the legislation, some of the reporting questions have changed for FY 2021. Detailed reporting instructions are available here: https://bscre.maryland.gov/Panes/init_0.aspx

In this reporting tool, responses are mandatory unless specifically marked as optional. If you submit a report without responding to each question, your report may be rejected. You would then be required to fill in the missing answers before resubmitting. Questions that require a narrative response have a limit of 20,000 characters. This report need not be completed in one session and can be opened by multiple users.

For technical assistance, contact HCBHelp@hilltop.umbc.edu

Q2. Section I - General Info Part 1 - Hospital Identification

Q3. Please confirm the information we have on file about your hospital for the fiscal year.



Q4. The next group of questions asks about the area where your hospital directs its community benefit efforts, called the Community Benefit Service Area. You may find these community health statistics useful in preparing your responses.

Q5. Please select the community health statistics that your hospital uses in its community benefit efforts.

✓ Median household income	Race: percent white
Percentage below federal poverty line (FPL)	Race: percent black
Percent uninsured	Ethnicity: percent Hispanic or Latino
Percent with public health insurance	Life expectancy
Percent with Medicaid	✓ Crude death rate
✓ Mean travel time to work	Other
Percent speaking language other than English at home	

Q6. Please describe any other community health statistics that your hospital uses in its community benefit efforts.

Q8 Section I - General Info Part 2 - Community Benefit Service Area

Q9. Please select the county or counties located in your hospital's CBSA.

- Allegany County Charles County Anne Arundel County Dorchester County Baltimore City Frederick County Baltimore County Garrett County Calvert County Harford County Caroline County Howard County Carroll County Kent County Cecil County Montgomery County
- Prince George's County
 Queen Anne's County
 Somerset County
 St. Mary's County
 Talbot County
 Washington County
 Wicomico County
 Worcester County

Q10. Please check all Allegany County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q11. Please check all Anne Arundel County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q12. Please check all Baltimore City ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q13. Please check all Baltimore County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q14. Please check all Calvert County ZIP codes located in your hospital's CBSA.

20610	20688
20615	20689
20629	20714
20639	20732
20657	20736
20676	20754
20678	20758
20685	

Q15. Please check all Caroline County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q16. Please check all Carroll County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q17. Please check all Cecil County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q18. Please check all Charles County ZIP codes located in your hospital's CBSA.

Q19. Please check all Dorchester County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q20. Please check all Frederick County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q21. Please check all Garrett County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q22. Please check all Harford County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q23. Please check all Howard County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q24. Please check all Kent County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q25. Please check all Montgomery County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q26. Please check all Prince George's County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q27. Please check all Queen Anne's County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q28. Please check all Somerset County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q29. Please check all St. Mary's County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q30. Please check all Talbot County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q31. Please check all Washington County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q32. Please check all Wicomico County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q33. Please check all Worcester County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q34. How did your hospital identify its CBSA?

Based on ZIP codes in your Financial Assistance Policy. Please describe.

Based on ZIP codes in your global budget revenue agreement. Please describe.

Based on patterns of utilization. Please describe.	
//////////////////////////////////////	
Conduent Healthy Communities Institute (HCI) utilized information from Neilson Claritas Population Estimates to identify the CBSA for CalvertHealth. According to the Nielsen Claritas 2020 Population Estimates, Calvert County has a population of approximately 92,633 persons. The communities identified in CalvertHealth's 2020 CHNA as having the highest socioeconomic need were zip codes 20714 (North Beach), 20678 (Prince Frederick), 20732 (Chesapeake Beach), 20689 (Sunderland), and 20657 (Lusby). Thus targeted health improvement efforts in these	

 $\ensuremath{\textit{Q35.}}$ Provide a link to your hospital's mission statement.

https://www.calverthealthmedicine.org/Mission-Vision-Values

Q36. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?

Q37. Section II - CHNAs and Stakeholder Involvement Part 1 - Timing & Format

Q38. Within the past three fiscal years, has your hospital conducted a CHNA that conforms to IRS requirements?

\bigcirc	Yes
0	No

Q39. Please explain why your hospital has not conducted a CHNA that conforms to IRS requirements, as well as your hospital's plan and timeframe for completing a CHNA.

This question was not displayed to the respondent.

Q40. When was your hospital's most recent CHNA completed? (MM/DD/YYYY)

07/28/2020

Q41. Please provide a link to your hospital's most recently completed CHNA.

http://www.healthycalvert.org/content/sites/calverthospital/Reports/Calvert-Health-2020-CHNA.pdf

Q43. Section II - CHNAs and Stakeholder Involvement Part 2 - Internal CHNA Partners

Q44. Please use the table below to tell us about the internal partners involved in your most recent CHNA development.

				CHNA A	ctivities					
N/A - Person or Organization was not Involved			Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
N/A - Person or Organization was not Involved		CHNA		Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs			Other - If you selected "Other (explain)," please type your exp below:
	~									
N/A - Person or Organization was not Involved	Department	CHNA	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs			Other - If you selected "Other (explain)," please type your exp below:
					<					
N/A - Person or Organization was not Involved		CHNA	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
N/A - Person or Organization was not Involved		CHNA	in development	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
										Approved final CHNA
N/A - Person or Organization was not Involved	Department	CHNA	in development	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs			Other - If you selected "Other (explain)," please type your exp below:
N/A - Person or Organization was not Involved		CHNA	in development	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs			Other - If you selected "Other (explain)," please type your exp below:
N/A - Person or Organization was not Involved	Department	CHNA		Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs			Other - If you selected "Other (explain)," please type your exp below:
	or Organization was not Involved N/A - Person or Organization was not Involved	orOrsition orOrganization was not InvolvedDepartment dees not existImage: Comparization orV/A - Position or Department dees not existN/A - Person or or organization was not InvolvedN/A - Position or Department dees not existN/A - Person or or or organization vas not InvolvedN/A - Position or Department dees not existN/A - Person or or organization or or or organization or or or organization or or or organization or <td>orPosition orMember ofOrganization was not InvolvedDepartment des not existCHNA CommitteeImage: CHNA orImage: CHNA Position or or or or anization was not InvolvedN/A - Position or or or anization or </br></td> <td>or Organization Department CHNA development unvolved exist Committee development Involved Involved Involved Involved Involved N/A - Person N/A - Participated Involved Involved Involved Involved</td> <td>N/A - Person or Organization Involved N/A - exist Participated in development of CHNA process Advised or CHNA process N/A - Person or Organization Involved N/A - Position or does not exist Member of CHNA development of CHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person or Organization peatron involved N/A - Position or exist Member of CHNA does not cHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person or Organization Department does not involved N/A - Position or cHNA does not cHNA process Advised on CHNA process Advised on CHNA process N/A - Person Organization Organization Department does not involved N/A - Position or cHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person Organization Department does not involved N/A - Position or cHNA exist Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Department does not involved N/A - Position or cHNA exist Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Position or Organization Position or cHNA process Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Position or Organization Position or Organization Position does not involved Participa</td> <td>or Organization Department Involved N/A - exist Committee exist in or or or or or or or or or or or or or</td> <td>N/A - Person Organization Version (Involved N/A - exist Mathew of Participated of CHNA exist Participated Participated Participated of CHNA best process Participated process Pa</td> <td>NA Person Organization Destination Wase not involved Main communey exist Participated order process Participated order process Participated order process Participated order process Participated order process Participated order process Participated process Pa</td> <td>NA Person NA Pastion or was not observed Participated development of CHNA. Advised or process Participated in money process Participated in money process Participated in money process Participated observed process Participated in money process Participated</td> <td>NA Person Organization Sector NA existing Commune description de</td>	orPosition orMember ofOrganization was not 	or Organization Department CHNA development unvolved exist Committee development Involved Involved Involved Involved Involved N/A - Person N/A - Participated Involved Involved Involved Involved	N/A - Person or Organization Involved N/A - exist Participated in development of CHNA process Advised or CHNA process N/A - Person or Organization Involved N/A - Position or does not exist Member of CHNA development of CHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person or Organization peatron involved N/A - Position or exist Member of CHNA does not cHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person or Organization Department does not involved N/A - Position or cHNA does not cHNA process Advised on CHNA process Advised on CHNA process N/A - Person Organization Organization Department does not involved N/A - Position or cHNA process Participated in development of CHNA process Advised on CHNA process N/A - Person Organization Department does not involved N/A - Position or cHNA exist Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Department does not involved N/A - Position or cHNA exist Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Position or Organization Position or cHNA process Participated in development of CHNA process Advised on cHNA process N/A - Person Organization Position or Organization Position or Organization Position does not involved Participa	or Organization Department Involved N/A - exist Committee exist in or or or or or or or or or or or or or	N/A - Person Organization Version (Involved N/A - exist Mathew of Participated of CHNA exist Participated Participated Participated of CHNA best process Participated process Pa	NA Person Organization Destination Wase not involved Main communey exist Participated order process Participated order process Participated order process Participated order process Participated order process Participated order process Participated process Pa	NA Person NA Pastion or was not observed Participated development of CHNA. Advised or process Participated in money process Participated in money process Participated in money process Participated observed process Participated in money process Participated	NA Person Organization Sector NA existing Commune description de

Clinical Leadership (system level)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Population Health Staff (facility level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Population Health Staff (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Community Benefit staff (facility level)					✓			<			
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Community Benefit staff (system level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Physician(s)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Nurse(s)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Social Workers											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Hospital Advisory Board											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Other (specify) Community Health Improvement Roundtable											

N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
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Q45. Section II - CHNAs and Stakeholder Involvement Part 3 - Internal HCB Partners

Q46. Please use the table below to tell us about the internal partners involved in your community benefit activities during the fiscal year.

	Activities													
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
CB/ Community Health/Population Health Director (facility level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
CB/ Community Health/ Population Health Director (system level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Senior Executives (CEO, CFO, VP, etc.) (facility level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Senior Executives (CEO, CFO, VP, etc.) (system level)														
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Board of Directors or Board Committee (facility level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Board of Directors or Board Committee (system level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	health	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Clinical Leadership (facility level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Clinical Leadership (system level)														
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:			
Population Health Staff (facility level)														

	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Population Health Staff (system level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Community Benefit staff (facility level)			✓				<	<	<		
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Community Benefit staff (system level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Physician(s)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Nurse(s)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Social Workers								<	<		
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Hospital Advisory Board											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:
Other (snecify) Community Health Improvement Roundtable											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanatio below:

Q47. Section II - CHNAs and Stakeholder Involvement Part 4 - Meaningful Engagement

Q48. Community participation and meaningful engagement is an essential component to changing health system behavior, activating partnerships that improve health outcomes and sustaining community ownership and investment in programs. Please use the table below to tell us about the external partners involved in your most recent CHNA. In the first column, select and describe the external participants. In the second column, select the recommended practices that each stakeholder was engaged in. The Maryland Hospital Association worked with the HSCRC to develop this list of eight recommended practices for engaging patients and communities in the CHNA process.

Refer to the FY 2021 Community Benefit Guidelines for more detail on MHA's recommended practices. Completion of this self-assessment is optional for FY 2021, but will be mandatory for FY 2022.

Level of Community Engagement

Recommended Practices

	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	Delegated - To place the decision- making in the hands of the community	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Other Hospitals Please list the hospitals here: N/A														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Local Health Department Please list the Local Health Departments here: Calvert County Health Department										✓				
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on analysis,	to ensure their concerns and aspirations are	- To partner	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Local Health Improvement Coalition Please list the LHICs here: Community Health Improvement Roundtable										~				
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on analysis,	to ensure their concerns and aspirations are	community in each aspect of the decision including the development of	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Maryland Department of Health			Involved -	Collaborated										
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	To work directly with community throughout the process to ensure their concerns and aspirations are	- To partner with the community in each aspect of the decision including the development of	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Other State Agencies Please list the acencies here:														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Local Govt. Organizations Please list the organizations here: Calvert County Government			<											

	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on analysis,	to ensure their concerns and aspirations are	- To partner with the community in each aspect of the decision including the development of	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Faith-Based Organizations													~	
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	community in each aspect of the decision including the	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
School - K-12 Please list the schools here: Calvert County Public Schools										<				
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and	community in each aspect of the decision including the development of alternatives &	the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
School - Colleges, Universities, Professional Schools Please list the schools here:														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	- To partner with the community in each aspect of the decision including the development of	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Behavioral Health Organizations Please list the organizations here: Local Behavioral Health Authority														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	 To partner with the community 	- To place the decision-	initiated, driven	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Social Service Organizations Please list the organizations here: Department of Social Services														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	community in each aspect of the decision including the	- To place the decision-	the actions of community initiated, driven	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Post-Acute Care Facilities please list the facilities here:														

	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	- To partner with the community in each aspect of the decision including the development of	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Community/Neighborhood Organizations Please list the organizations here: Calvert Alliance Against Substance Abuse		<	<											
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and	&	Delegated - To place the decision- making in the hands of the community	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Consumer/Public Advocacy Organizations Please list the organizations here:														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions		to ensure their concerns and aspirations are	community in each aspect of the decision including the development of	the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Other If any other people or organizations were involved, please list them here:														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress

Q49. Section II - CHNAs and Stakeholder Involvement Part 5 - Follow-up

Q50. Has your hospital adopted an implementation strategy following its most recent CHNA, as required by the IRS?

🔵 Yes 🔿 No

Q51. Please enter the date on which the implementation strategy was approved by your hospital's governing body.

November, 2020

Q52. Please provide a link to your hospital's CHNA implementation strategy.

http://www.healthycalvert.org/resourcelibrary/index/view?id=229417063728019500

Q222. Please upload your hospital's CHNA implementation strategy.

Q53. Please explain why your hospital has not adopted an implementation strategy. Please include whether the hospital has a plan and/or a timeframe for an implementation strategy.

This question was not displayed to the respondent.

Q54. Please select the CHNA Priority Area Categories most relevant to your most recent CHNA. The list of categories is based on the Healthy People 2030 objectives available here. This list is not exhaustive. Please select "other" and describe any CHNA Priority Area Categories that are not captured by this list. Select all that apply even if a need was not addressed by a reported initiative.

Health Conditions - Addiction	Health Behaviors - Drug and Alcohol Use	Populations - Women
Health Conditions - Arthritis	Health Behaviors - Emergency Preparedness	Populations - Workforce
Health Conditions - Blood Disorders	Health Behaviors - Family Planning	Settings and Systems - Community
V Health Conditions - Cancer	Health Behaviors - Health Communication	Settings and Systems - Environmental Health
Health Conditions - Chronic Kidney Disease	Health Behaviors - Injury Prevention	Settings and Systems - Global Health
Health Conditions - Chronic Pain	✔ Health Behaviors - Nutrition and Healthy Eating	Settings and Systems - Health Care
Health Conditions - Dementias	V Health Behaviors - Physical Activity	Settings and Systems - Health Insurance
Health Conditions - Diabetes	Health Behaviors - Preventive Care	Settings and Systems - Health IT
Health Conditions - Foodborne Illness	Health Behaviors - Safe Food Handling	Settings and Systems - Health Policy
Health Conditions - Health Care-Associated Infections	Health Behaviors - Sleep	Settings and Systems - Hospital and Emergency Services
Health Conditions - Heart Disease and Stroke	Health Behaviors - Tobacco Use	Settings and Systems - Housing and Homes
Health Conditions - Infectious Disease	Health Behaviors - Vaccination	Settings and Systems - Public Health Infrastructure
Health Conditions - Mental Health and Mental Disorders	Health Behaviors - Violence Prevention	Settings and Systems - Schools
Health Conditions - Oral Conditions	Populations - Adolescents	Settings and Systems - Transportation
Health Conditions - Osteoporosis	Populations - Children	Settings and Systems - Workplace
Health Conditions - Overweight and Obesity	Populations - Infants	Social Determinants of Health - Economic Stability
Health Conditions - Pregnancy and Childbirth	Populations – LGBT	$\hfill\square$ Social Determinants of Health - Education Access and Quality
Health Conditions - Respiratory Disease	Populations - Men	$\hfill\square$ Social Determinants of Health - Health Care Access and Quality
Health Conditions - Sensory or Communication Disorders	Populations - Older Adults	Social Determinants of Health - Neighborhood and Built Environment
Health Conditions - Sexually Transmitted Infections	Populations - Parents or Caregivers	Social Determinants of Health - Social and Community Context
Health Behaviors - Child and Adolescent Development	Populations - People with Disabilities	Other (specify)

Q56. (Optional) Please use the box below to provide any other information about your CHNA that you wish to share.

Q57. (Optional) Please attach any files containing information regarding your CHNA that you wish to share.

Q58. Section II - CHNAs and Stakeholder Involvement Part 6 - Initiatives

Q59. Please use the questions below to provide details regarding the initiatives to address the CHNA Priority Area Categories selected in the previous question.

For those hospitals completing the *optional* CHNA financial reporting in FY 2021, please ensure that these tie directly to line item initiatives in the financial reporting template.

For those hospitals **not** completing the *optional* CHNA financial template, please provide this information for as many initiatives as you deem feasible.

Please note that hospitals will be required to report on each CHNA-related initiative in FY 2022.

This question was not displayed to the respondent.

Q182. Please describe the initiative(s) addressing Health Conditions - Arthritis.

This question was not displayed to the respondent.

Q183. Please describe the initiative(s) addressing Health Conditions - Blood Disorders.

This question was not displayed to the respondent.

Q184. Please describe the initiative(s) addressing Health Conditions - Cancer.

Health Conditions - Cancer Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Tobacco and vaping prevention and education in middle school students 6 middle schools served, 1096 students participated Initiative Tobacco Road Show # schools, registration at each class Α Initiative Cancer Survivorship Support cancer survivors and support the 1 Survivorship event held 95 people attended В community Community Education/Presentations/Health Fairs/Schools Provide smoking, vaping and mental nealth awareness to high school students, Initiative C 2 Realtalk events held at local high schools, 62 participants Registration at events parents, and teachers Held 1 screening event, 10 people screened Initiative D Skin Cancer Screening Provide free screening for vulnerable population Demographics and prior history of participants, # People screened Initiative F Initiative F Initiative G Initiative H Initiative I Initiative J All Other Initiatives

Q185. Please describe the initiative(s) addressing Health Conditions - Chronic Kidney Disease.

This question was not displayed to the respondent.

Q186. Please describe the initiative(s) addressing Health Conditions - Chronic Pain.

This question was not displayed to the respondent.

Q187. Please describe the initiative(s) addressing Health Conditions - Dementias.

This question was not displayed to the respondent.

Q188. Please describe the initiative(s) addressing Health Conditions - Diabetes.

Health Conditions - Diabetes Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Provide diabetes education to the community, targeting at risk and impacted individuals Initiative 1 virtual expo was held with 1100 Diabetes Expo # views А participants Initiative в Initiative C Initiative D Initiative Е Initiative F Initiative G Initiative н Initiative I Initiative J All Other Initiatives

Q189. Please describe the initiative(s) addressing Health Conditions - Foodborne Illness.

This question was not displayed to the respondent.

Q191. Please describe the initiative(s) addressing Health Conditions - Heart Disease and Stroke.

	Health Conditions - Heart Disease and Stroke Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	ask the Expert	Provide education to seniors related to healthy lifestyles and disease prevention	8 heart disease & stroke videos created to provide virtual education	# videos
Initiative B	Community Education/Presentations/Health Fairs/Schools	Provide smoking, vaping and mental health awareness to high school students, parents, and teachers	2 Realtalk events held at local high schools, 62 participants	Registration at events
Initiative C	Community Mobile Health Center	Provide free blood pressure and cholesterol screening in community	2 events held 47 blood pressure screenings, 36 cholesterol screenings	# people screened
Initiative D	Diabetes Expo	Provide diabetes education to the community, targeting at risk and impacted individuals	1 virtual expo was held with 1100 participants	# views
Initiative E	Vascular Screenings	Provide free screenings for vulnerable population	6 screenings performed	# people
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q192. Please describe the initiative(s) addressing Health Conditions - Infectious Disease.

This question was not displayed to the respondent.

Q193. Please describe the initiative(s) addressing Health Conditions - Mental Health and Mental Disorders.

Health Conditions - Mental Health and Mental Disorders Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	Community Education/Presentations/Health Fairs/Schools	Provide smoking, vaping and mental health awareness to high school students, parents, and teachers	2 Realtalk events held at local high schools, 62 participants	Registration at events
Initiative B	Opioid Stewardship	educate patients and physician about dangers of opioid use as well as develop policies and protocol for the health system. This team also works collaboratively with other community agencies and programs to provide a "community wide" approach to help solve the opioid epidemic.	Participation in community meetings	# meetings
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q194. Please describe the initiative(s) addressing Health Conditions - Oral Conditions.

This question was not displayed to the respondent.

 $\ensuremath{\textit{Q195}}$. Please describe the initiative(s) addressing Health Conditions - Osteoporosis.

This question was not displayed to the respondent.

Q196. Please describe the initiative(s) addressing Health Conditions - Overweight and Obesity.

This question was not displayed to the respondent.

Q197. Please describe the initiative(s) addressing Health Conditions - Pregnancy and Childbirth.

Q198. Please describe the initiative(s) addressing Health Conditions - Respiratory Disease.

This question was not displayed to the respondent.

Q199. Please describe the initiative(s) addressing Health Conditions - Sensory or Communication Disorders.

This question was not displayed to the respondent.

Q200. Please describe the initiative(s) addressing Health Conditions - Sexually Transmitted Infections.

This question was not displayed to the respondent.

Q201. Please describe the initiative(s) addressing Health Behaviors - Child and Adolescent Development.

This question was not displayed to the respondent.

Q202. Please describe the initiative(s) addressing Health Behaviors - Drug and Alcohol Use.

This question was not displayed to the respondent.

Q203. Please describe the initiative(s) addressing Health Behaviors - Emergency Preparedness.

This question was not displayed to the respondent.

Q204. Please describe the initiative(s) addressing Health Behaviors - Family Planning.

This question was not displayed to the respondent.

 $\ensuremath{\textit{Q205.Please}}$ describe the initiative(s) addressing Health Behaviors - Health Communication.

This question was not displayed to the respondent.

Q206. Please describe the initiative(s) addressing Health Behaviors - Injury Prevention.

This question was not displayed to the respondent.

Q207. Please describe the initiative(s) addressing Health Behaviors - Nutrition and Healthy Eating.

Health Behaviors - Nutrition and Healthy Eating Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	Ask the Expert	Provide education to seniors related to healthy lifestyles and disease prevention	5 nutrition & healthy eating videos created for the office on aging	# videos created on various topics
Initiative B	Community Mobile Health Center	Provide nutrition & fitness education at and community events	2 events held	# events held # participants
Initiative C	Diabetes Expo	Provide diabetes education to the community, targeting at risk and impacted individuals	1 virtual expo was held with 1100 participants	# views
Initiative D	Farmers Market	Provide venue for nutritious food and fitness information	Farmers Market held once a week April – November each year (28 occurrences)	# occurrences, # participants at each
Initiative E	Fit for Life	To provide exercise classes for all levels of fitness abilities	12 sessions of 4 weeks each	# sessions
Initiative F	Weight Loss Programs and Services	Promote weight loss and increased exercise	2 cohorts 16 participants	participants
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q208. Please describe the initiative(s) addressing Health Behaviors - Physical Activity.

Health Behaviors - Physical Activity Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	Ask the Expert	Provide education to seniors related to healthy lifestyles and disease prevention	6 fitness videos created for the office on aging	# videos created on various topics
Initiative B	Community Mobile Health Center	Provide nutrition & fitness education at and community events	2 events held	# events held # participants
Initiative C	Farmers Market	Provide venue for nutritious food and fitness information	Farmers Market held once a week April – November each year (28 occurrences)	# occurrences, # participants at each
Initiative D	Fit for Life	To provide exercise classes for all levels of fitness abilities	12 sessions of 4 weeks each	# sessions

Initiative E	Weight Loss Programs and Services	Promote weight loss and increased exercise	2 cohorts, 16 participants	# participants
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q209. Please describe the initiative(s) addressing Health Behaviors - Preventive Care.

This question was not displayed to the respondent.

Q210. Please describe the initiative(s) addressing Health Behaviors - Safe Food Handling.

This question was not displayed to the respondent.

Q211. Please describe the initiative(s) addressing Health Behaviors - Sleep.

This question was not displayed to the respondent.

Q212. Please describe the initiative(s) addressing Health Behaviors - Tobacco Use.

This question was not displayed to the respondent.

Q213. Please describe the initiative(s) addressing Health Behaviors - Vaccination.

This question was not displayed to the respondent.

Q214. Please describe the initiative(s) addressing Health Behaviors - Violence Prevention.

This question was not displayed to the respondent.

Q215. Please describe the initiative(s) addressing Populations - Adolescents.

This question was not displayed to the respondent.

Q216. Please describe the initiative(s) addressing Populations - Children.

This question was not displayed to the respondent.

Q217. Please describe the initiative(s) addressing Populations - Infants.

This question was not displayed to the respondent.

Q218. Please describe the initiative(s) addressing Populations - LGBT.

This question was not displayed to the respondent.

Q219. Please describe the initiative(s) addressing Populations - Men.

This question was not displayed to the respondent.

Q220. Please describe the initiative(s) addressing Populations - Older Adults.

This question was not displayed to the respondent.

Q221. Please describe the initiative(s) addressing Populations - Parents or Caregivers.

This question was not displayed to the respondent.

Q222. Please describe the initiative(s) addressing Populations - People with Disabilities.

This question was not displayed to the respondent.

Q223. Please describe the initiative(s) addressing Populations - Women.

This question was not displayed to the respondent.

Q224. Please describe the initiative(s) addressing Populations - Workforce.

This question was not displayed to the respondent.

Q225. Please describe the initiative(s) addressing Settings and Systems - Community.

This question was not displayed to the respondent.

Q226. Please describe the initiative(s) addressing Settings and Systems - Environmental Health.

This question was not displayed to the respondent.

Q227. Please describe the initiative(s) addressing Settings and Systems - Global Health.

This question was not displayed to the respondent.

Q228. Please describe the initiative(s) addressing Settings and Systems - Health Care.

This question was not displayed to the respondent.

Q229. Please describe the initiative(s) addressing Settings and Systems - Health Insurance.

This question was not displayed to the respondent.

Q230. Please describe the initiative(s) addressing Settings and Systems - Health IT.

This question was not displayed to the respondent.

Q231. Please describe the initiative(s) addressing Settings and Systems - Health Policy.

This question was not displayed to the respondent.

Q232. Please describe the initiative(s) addressing Settings and Systems - Hospital and Emergency Services.

This question was not displayed to the respondent.

Q233. Please describe the initiative(s) addressing Settings and Systems - Housing and Homes.

This question was not displayed to the respondent.

Q234. Please describe the initiative(s) addressing Settings and Systems - Public Health Infrastructure.

This question was not displayed to the respondent.

Q235. Please describe the initiative(s) addressing Settings and Systems - Schools.

This question was not displayed to the respondent.

Q236. Please describe the initiative(s) addressing Settings and Systems - Transportation.

This question was not displayed to the respondent.

Q237. Please describe the initiative(s) addressing Settings and Systems - Workplace.

This question was not displayed to the respondent.

Q238. Please describe the initiative(s) addressing Social Determinants of Health - Economic Stability.

This question was not displayed to the respondent.

Q239. Please describe the initiative(s) addressing Social Determinants of Health - Education Access and Quality.

This question was not displayed to the respondent.

Q240. Please describe the initiative(s) addressing Social Determinants of Health - Health Care Access and Quality.

This question was not displayed to the respondent.

Q241. Please describe the initiative(s) addressing Social Determinants of Health - Neighborhood and Built Environment.

Q242. Please describe the initiative(s) addressing Social Determinants of Health - Social and Community Context.

This question was not displayed to the respondent.

Q243. Please describe the initiative(s) addressing other priorities.

This question was not displayed to the respondent.

Q130. Were all the needs identified in your most recently completed CHNA addressed by an initiative of your hospital?



In your most recently completed CHNA, the following community health needs were identified: Health Conditions - Cancer, Health Conditions - Diabetes, Health Conditions - Heart Disease and Stroke, Health Conditions - Mental Health and Mental Disorders, Health Behaviors - Nutrition and Healthy Eating, Health Behaviors - Physical Activity Other:

Using the checkboxes below, select the needs that appear in the list above that were NOT addressed by your community benefit initiatives.

This question was not displayed to the respondent.

Q132. Why were these needs unaddressed?

This question was not displayed to the respondent.

Q244. Please describe the hospital's efforts to track and reduce health disparities in the community it serves.

cor of	alvertHealth Medical Center's Community Wellness Department has a mobile health unit. Many of the programs of this mobile health unit address health disparities in the mmunity. This included partnerships with local churches, food pantries, the homeless shelter, and the library to bring services onsite to the marginalized and underserved the community. The local Community Health Improvement Roundtable addresses disparity through its community partnerships, and its subcommittees (Diabetes, Cancer Tobacco, Health Ministry Team, and Behavioral Health).
	If your hospital reported rate support for categories other than Charity Care, Graduate Medical Education, and the Nurse Support Programs in the financial template, please select the rate supported programs here:
oport	tompato, ploade belocit die tate oupported programe note:
] Regional Partnership Catalyst Grant Program
] Regional Partnership Catalyst Grant Program] The Medicare Advantage Partnership Grant Program
	The Medicare Advantage Partnership Grant Program
	The Medicare Advantage Partnership Grant Program The COVID-19 Long-Term Care Partnership Grant

Q129. If you wish, you may upload a document describing your community benefit initiatives in more detail.

Q60. Section III - CB Administration

Q61. Does your hospital conduct an internal audit of the annual community benefit financial spreadsheet? Select all that apply.

- Yes, by the hospital's staff
- Yes, by the hospital system's staff
- Yes, by a third-party auditor
- 🗌 No

Q246. Please describe the third party audit process used.

Q62. Does your hospital conduct an internal audit of the community benefit narrative?



Q63. Please describe the community benefit narrative audit process.

This question was not displayed to the respondent.

Q64. Does the hospital's board review and approve the annual community benefit financial spreadsheet?

\bigcirc	Yes
	No

Q65. Please explain:

Information contained within the community benefit financial spreadsheet is compiled from information approved by submitting departments and previously approved documents. The spreadsheet is reviewed by VP of Human Resources, Chief Financial Officer, and Chief Operating Officer.

Q66. Does the hospital's board review and approve the annual community benefit narrative report?



Q67. Please explain:

This question was not displayed to the respondent.

Q68. Does your hospital include community benefit planning and investments in its internal strategic plan?



Q69. Please describe how community benefit planning and investments are included in your hospital's internal strategic plan.

Community needs are identified as a strategic objective to ensure needs of the community are met. for in the financial planning process	Community Wellness and Community Outreach programs are planned

Q70. If available, please provide a link to your hospital's strategic plan.

Q133. Do any of the hospital's community benefit operations/activities align with the Statewide Integrated Health Improvement Strategy (SIHIS)? Please select all that apply and describe how your initiatives are targeting each SIHIS goal. <u>More information about SIHIS may be found here</u>.

✔ Diabetes - Reduce the mean BMI for Maryland residents

Opioid Use Disorder - Improve overdose mortality

Maternal and Child Health - Reduce severe maternal morbidity rate

Maternal and Child Health - Decrease asthma-related emergency department visit rates for children aged 2-17

Q135. Section IV - Physician Gaps & Subsidies

Q223. Did your hospital report physician gap subsidies on Worksheet 3 of its community benefit financial report for the fiscal year?

🔿 No

🔵 Yes

Q218. As required under HG\$19-303, please select all of the gaps in physician availability resulting in a subsidy reported in the Worksheet 3 of financial section of Community Benefit report. Please select "No" for any physician specialty types for which you did not report a subsidy.

	Is there a gap sub	o resulting in a sidy?	What type of subsidy?
	Yes	No	
Allergy & Immunology	0	\bigcirc	
Anesthesiology	0	\bigcirc	
Cardiology	0	\bigcirc	
Dermatology	0	\bigcirc	
Emergency Medicine	0	\bigcirc	~
Endocrinology, Diabetes & Metabolism	0	\bigcirc	~
Family Practice/General Practice	0	\bigcirc	•
Geriatrics	0	\bigcirc	
Internal Medicine	0	\bigcirc	
Medical Genetics	0	\bigcirc	
Neurological Surgery	0	\bigcirc	✓
Neurology	0	\bigcirc	✓
Obstetrics & Gynecology	0	\bigcirc	
Oncology-Cancer	0	0	· · · · · · · · · · · · · · · · · · ·
Ophthamology	0	\bigcirc	
Orthopedics	0	0	· · · · · · · · · · · · · · · · · · ·
Otololaryngology	0	0	
Pathology	0	0	· · · · · · · · · · · · · · · · · · ·
Pediatrics	0	0	· · · · · · · · · · · · · · · · · · ·
Physical Medicine & Rehabilitation	0	0	· · · · · · · · · · · · · · · · · · ·
Plastic Surgery	0	0	· · · · · · · · · · · · · · · · · · ·
Preventive Medicine	0	0	· · · · · · · · · · · · · · · · · · ·
Psychiatry	0	0	
Radiology	0	0	
Surgery	0	0	
Urology	0	0	
Other. (Describe)	0	0	· · · · · · · · · · · · · · · · · · ·

Q219. Please explain how you determined that the services would not otherwise be available to meet patient demand and why each subsidy was needed, including relevant data. Please provide a description for each line-item subsidy listed in Worksheet 3 of the financial report.

Q140. Section VI - Financial Assistance Policy (FAP)

Q141. Upload a copy of your hospital's financial assistance policy.

Financial Assistance 11.12.2020.pdf 145.8KB

application/pdf

Q220. Provide the link to your hospital's financial assistance policy.

https://www.calverthealthmedicine.org/Financial-Assistance

Q147. Has your FAP changed within the last year? If so, please describe the change.

No, the FAP has not changed.

○ Yes, the FAP has changed. Please describe:

Q143. Maryland hospitals are required under Health General §19-214.1(b)(2)(i) COMAR 10.37.10.26(A-2)(2)(a)(i) to provide free medically necessary care to patients with family income at or below 200 percent of the federal poverty level (FPL).

Please select the percentage of FPL below which your hospital's FAP offers free care.



Q144. Maryland hospitals are required under COMAR 10.37.10.26(A-2)(2)(a)(ii) to provide reduced-cost, medically necessary care to low-income patients with family income between 200 and 300 percent of the federal poverty level.

Please select the range of the percentage of FPL for which your hospital's FAP offers reduced-cost care



Q145. Maryland hospitals are required under Health General §19-214.1(b)(2)(iii) COMAR 10.37.10.26(A-2)(3) to provide reduced-cost, medically necessary care to patients with family income below 500 percent of the federal poverty level who have a financial hardship. Financial hardship is defined in Health General §19-214.1(a)(2) and COMAR 10.37.10.26(A-2)(1)(b)(i) as a medical debt, incurred by a family over a 12-month period that exceeds 25 percent of family income.

Please select the range of the percentage of FPL for which your hospital's FAP offers reduced-cost care for financial hardship.



Q146. Please select the threshold for the percentage of medical debt that exceeds a household's income and qualifies as financial hardship.



Q221. Per Health General Article \$19-303 (c)(4)(ix), list each tax exemption your hospital claimed in the preceding tax able year (select all that apply)

Federal corporate income tax
State corporate income tax
✓ State sales tax
Local property tax (real and personal)
Other (Describe)

Q150. Summary & Report Submission

Q151.

Attention Hospital Staff! IMPORTANT!

You have reached the end of the questions, but you are not quite finished. Your narrative has not yet been fully submitted. Once you proceed to the next screen using the right arrow button below, you cannot go backward. You cannot change any of your answers if you proceed beyond this screen.

We strongly urge you to contact us at <u>hcbhelp@hilltop.umbc.edu</u> to request a copy of your answers. We will happily send you a pdf copy of your narrative that you can share with your leadership, Board, or other interested parties. If you need to make any corrections or change any of your answers, you can use the Table of Contents feature to navigate to the appropriate section of the narrative.

Once you are fully confident that your answers are final, return to this screen then click the right arrow button below to officially submit your narrative.

Location Data
Location: (<u>38.607498168945</u> , -76.604598999023)
Source: GeoIP Estimation
Wilmington Baltimore West Virginia Washington Virginia Roanoke Richmond



2020 Calvert County

COMMUNITY HEALTH NEEDS ASSESSMENT

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Executive Summary

CalvertHealth is pleased to present its 2020 Community Health Needs Assessment (CHNA). As federally required by the Affordable Care Act, this report provides an overview of the methods and processes used to identify and prioritize significant health needs in CalvertHealth's service area. CalvertHealth partnered with Conduent Healthy Communities Institute (HCI) to conduct the 2020 CHNA.

The goal of this report is to offer a meaningful understanding of the most pressing health needs across CalvertHealth's service area, as well as to guide planning efforts to address those needs. Special attention has been given to the needs of vulnerable populations, unmet health needs or gaps in services, and input from the community. Additionally, a section has been added to this report that focuses on the COVID-19 pandemic and its impact on Calvert County.

Findings from this report will be used to identify, develop and target CalvertHealth initiatives to provide and connect patients with resources to improve these health challenges in the community.

Service Area

The service area for CalvertHealth is defined as the geographical boundary of Calvert County, MD. The geography of Calvert County, with its long, narrow peninsula and one main road running north to south, results in increased transportation issues, which are noted in more detail later in this report.



FIGURE 1. CALVERTHEALTH SERVICE AREA



Demographics

Calvert County has a population of approximately 92,633. The age distribution of Calvert County skews slightly older. The racial makeup of Calvert County is somewhat homogenous, with 80.3% of the population identifying as White. Black or African American community members represent the second largest proportion of all races in Calvert County, and at 12.8% is the only other race that makes up more than 10% of the population. Regarding economic stability, families living in North Beach, Chesapeake Beach, Prince Frederick, and Lusby have the highest rates of poverty.

Methods for Identifying Community Health Needs

Secondary Data

The secondary data used in this assessment were obtained and analyzed from CalvertHealth's Community Dashboard <u>http://www.healthycalvert.org/</u>. This includes a comprehensive set of more than 240 community health and quality of life indicators covering over 20 topic areas. Indicator values for Calvert County were compared to other counties in Maryland and nationwide to compare health topics and relative areas of need. Other considerations for health areas of need included trends over time, Healthy People 2020 targets, and disparities by age, gender, and race/ethnicity.

Primary Data / Community Input

The needs assessment was further informed by: (1) interviews with community members who have a fundamental understanding of Calvert County's health needs and represent the broad interests of the community, and (2) a community survey distributed throughout Calvert County.

Summary of Findings

The CHNA findings are drawn from an analysis of an extensive set of secondary data (240 indicators from national and state data sources) and in-depth primary data from community leaders, non-health professionals, and organizations that serve the community at large, vulnerable populations, and/or populations with unmet health needs.

Through a synthesis of the primary and secondary data the following top health needs were determined and listed in scored rankings from highest to lowest

- 1. Cancer
- 2. Heart Disease & Stroke
- 3. Women's Health
- 4. Mental Health & Mental Health Disorders
- 5. Exercise, Nutrition & Weight
- 6. Substance Abuse
- 7. Oral Health
- 8. Older Adults & Aging
- 9. Education
- 10. Transportation
- 11. Environment





Disparities

The identification of disparities along race/ethnicity, gender, age, and geographic lines is important for informing and focusing strategies that will address the prioritized health needs. Primary and secondary data revealed significant community health disparities based on race/ethnicity, with Black and Hispanic populations more negatively impacted than other groups in Calvert County. Furthermore, the data show that older adults face increased health issues, while populations in certain geographic areas experience higher socioeconomic need and potentially poorer health outcomes.

Prioritized Areas

On July 22, 2020, members from various departments within CalvertHealth and representative members of the community came together to learn about the significant health needs identified through primary and secondary data analysis in a virtual session led by consultants from HCI. This session was followed by an online scoring exercise of each health topic based on how well they met five criteria. HCI calculated the results to come up with a ranked list of significant health needs. The CalvertHealth leadership team met on July 28, 2020 to review the ranking while considering the five criteria for prioritization. The following four health areas were identified as priorities to address:

CalvertHealth's Prioritized Health Needs	
Cancer	
Heart Disease & Stroke	
Mental Health & Mental Disorders	
Exercise, Nutrition, & Weight (including Obesity)	

Women's Health

Primary and secondary data sources brought to light warning indicators in Women's Health. These indicators pointed to breast cancer rates being higher than both Maryland and the U.S. values, and cervical cancer rates were higher than the Maryland value. Primary data revealed women's personal struggles with exercise and weight management. Therefore, in identifying Cancer and Exercise, Nutritution & Weight as priority areas, interventions and outreach will include considerations to address women's health issues identified in this CHNA.

COVID-19 Impact Snapshot

At the time that CalvertHealth began its tri-annual CHNA process, Calvert County was in the midst of dealing with the COVID-19 pandemic. The CHNA project team looked for additional sources of secondary data and gathered primary data to provide a snapshot of the impact of COVID-19 on Calvert County between March 2020 and July 2020. More details of these findings are found in the "COVID-19 Impact Snapshot" section of this report.





Conclusion

This report describes the process and findings of a comprehensive health needs assessment for the residents of Calvert County, MD. The prioritization of the identified significant health needs will guide the community health improvement efforts of CalvertHealth. Following this process, CalvertHealth will outline how it plans to address the top four prioritized health needs in its Implementation Strategy. CalvertHealth is dedicated to serving Southern Maryland residents by providing exceptional care, promoting wellness and making a difference in every life we touch.

Introduction

As a not-for-profit, tax-exempt hospital, CalvertHealth is pleased to present its 2020 CHNA report, which provides an overview of the significant community health needs identified in CalvertHealth's primary service area, Calvert County, MD.

The goal of this report is to offer a meaningful understanding of the most pressing health needs across CalvertHealth's service area, as well as to guide planning efforts to address those needs. Special attention has been given to the needs of vulnerable populations, unmet health needs or gaps in services, and input gathered from the community.

Findings from this report will be used to identify, develop, and target CalvertHealth's initiatives to provide and connect patients with resources to improve health challenges in their communities.

This report includes a description of:

- The community demographics and population served;
- The process and methods used to obtain, analyze and synthesize primary and secondary data;
- The significant health needs in the community, taking into account the needs of uninsured, low-income, and marginalized groups;
- The process and criteria used in identifying certain health needs as significant and prioritizing those significant community needs.

About CalvertHealth

CalvertHealth Medical Center is a private, not-for-profit, community-owned hospital. Founded in 1919, and formerly known as Calvert Memorial Hospital, CalvertHealth has been taking care of Southern Maryland families for more than 100 years. CalvertHealth Medical Center is accredited by The Joint Commission, licensed by the Maryland Department of Health and Mental Hygiene and certified for Medicare and Medicaid. There are 270 active and consulting physicians representing over 72 different specialties.

CalvertHealth is governed by a community board of directors who volunteer their service to the hospital; they represent the community and take an active role in the operation of Calvert Health System. You can find more information about the hospital at CalvertHealth's website: https://www.calverthealthmedicine.org/

In addition to the main hospital campus, satellite medical office buildings in Dunkirk, Solomons, Twin Beaches and Prince Frederick, CalvertHealth works to ensure that quality care is no more than 15 minutes from anywhere in Calvert County. CalvertHealth is dedicated to the seamless delivery of highquality medical services for each patient. This means supplying services from acute, critical care to rehabilitation and primary medical care, and other outpatient services, all in the same continuum. It also means providing community health education, wellness programs and reaching out to neighbors through community partnerships.





Service Area

The service area for CalvertHealth is defined as the geographical boundary of Calvert County, MD. CalvertHealth Medical Center is the only hospital in Calvert County with medical office buildings in Prince Frederick, Dunkirk, Lusby, Solomons, and Twin Beaches. Although Calvert County is relatively close to Washington D.C., the long and narrow geography of the peninsula results in a rural atmosphere with transportation challenges for residents.



FIGURE 2. CALVERTHEALTH CARE LOCATIONS

Consultants

CalvertHealth commissioned Conduent Healthy Communities Institute (HCI) to conduct its 2020 Community Health Needs Assessment. HCI works with clients across the nation to drive community health improvement outcomes by assessing needs, developing focused strategies, identifying appropriate intervention programs, establishing monitoring systems, and implementing performance evaluation processes. To learn more about Conduent Healthy Communities Institute, please visit https://www.conduent.com/community-population-health/.

Report authors from HCI Include:

- Traci Van, Senior Advisor
- Monica Duque, MPH, Research Associate
- Zack Flores, Project Coordinator





Evaluation of Progress Since Prior CHNA

The CHNA process should be viewed as a three-year cycle. An important piece of that cycle is revisiting the progress made on priority health topics set forth in the preceding CHNA. By reviewing the actions taken to address a priority health issue and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next round of the CHNA cycle.

Priority Health Needs from Preceding CHNA

CalvertHealth's priority health areas for years 2017-2019 were:

- Exercise, Nutrition, & Weight (including Obesity)
- Cancer
- Heart Disease & Stroke
- Mental Health & Mental Disorders

Highlights of Priority Health Needs Progress

The following section includes notable highlights from a few of the initiatives implemented since the last CHNA to address the priority health needs. For a more detailed list of CalvertHealth's initiatives and outcomes see Appendix A.

Exercise, Nutrition & Weight (including Obesity):



FIGURE 3. THE CHNA CYCLE

CalvertHealth developed and implemented several programs to increase the importance of healthy eating to reduce the onset of diseases. These programs focused on strategies for weight loss and increasing physical activities among participants. Of note, the Weight Loss for Life Program served 102 community members who lost an average of 4.3 pounds during the eight-week program.

Cancer:

To improve early detection of cancer and help reduce the prevalence of cancer in the community, an emphasis was placed on enhancing community education and screenings for skin, breast, lung, and oral cancers. In collaboration with community partners and with the mobile health unit, several events were held in various locations throughout the community. More than 700 community members participated in services offered. For one participant of a CalvertHealth skin cancer screening event, an abnormality was detected, which resulted in a follow-up with a dermatologist who determined it was a melanoma.

Heart Disease & Stroke:

CalvertHealth focused on educating the community in understanding what contributes to heart disease and stroke. In collaboration with local senior centers, an Ask the Expert program was implemented, bringing weekly health education services. Additionally, the Senior Life Center was started in three senior centers, focusing on chronic disease management and healthy lifestyle changes.

Mental Health & Mental Disorders:

Understanding the close connection between mental health and substance abuse, the Opioid Stewardship Committee at CalvertHealth was formed in 2015 using a multidisciplinary approach to decrease opioid utilization in the Emergency Department. In 2019, the committee expanded to include





the Calvert County Sheriff's office, peer recovery specialists and the Mobile Health Unit Crisis Team. There is close collaboration with Calvert County Health Department to assist patients once they are discharged from the hospital with needed resources to address their opioid addiction. The Mobile Health Unit assisted with education and outreach in the community.

Community Feedback from Preceding CHNA & Implementation Plan

CalvertHealth's 2017-2019 CHNA and Implementation Plan were made available to the public and open for public comment via the website: <u>www.CalvertHealthMedicine.org/Community-Health-Needs-</u><u>Assessment</u>. No comments were received on either document at the time this report was written.



Methodology

Overview

Two types of data were analyzed for this CHNA: primary and secondary data. Each type of data was analyzed using a unique methodology. Findings were organized by health topics. These findings were then synthesized for a comprehensive overview of the health needs in CalvertHealth's service area.

Secondary Data Sources & Analysis

Secondary data used for this assessment were collected and analyzed with the Healthy Communities Institute (HCI) <u>Community Dashboard</u> — a web-based community health platform developed by Conduent Community Health Solutions. The Community Dashboard brings non-biased data, local resources, and a wealth of information to one accessible, user-friendly location. It includes over 240 community indicators covering over 20 topics in the areas of health, determinants of health, and quality of life. The data are primarily derived from state and national public secondary data sources. The value for each of these indicators is compared to other communities, nationally or locally set targets, and to previous time periods.

HCI's Data Scoring Tool[®] was used to systematically summarize multiple comparisons across the Community Dashboard in order to rank indicators based on highest need. For each indicator, the Calvert County value was compared to a distribution of Maryland and US counties, state and national values, Healthy People 2020, and significant trends. Each indicator was then given a score based on the available comparisons. These comparison scores range from 0 to 3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected from other communities, and changes in methodology over time. These indicators were grouped into topic areas for a higher-level ranking of community health needs.



TABLE 1. SECONDARY DATA TOPIC SCORING RESULTS

Women's Health	1.90
Transportation	1.79
Cancer	1.70
Oral Health	1.60
Heart Disease & Stroke	1.54
Environment	1.53
Older Adults & Aging	1.53
Mental Health & Mental Disorders	1.52
Education	1.51
Substance Abuse	1.47
Exercise, Nutrition, & Weight	1.44

Table 1 shows the health and quality of life topic scoring results for Calvert County, with Women's Health as the poorest performing topic area for the CalvertHealth service area, followed by Transportation and Cancer. The top nine topic areas were those that scored over the 1.50 threshold in data scoring. Substance Abuse and Exercise, Nutrition, & Weight were indicated as health needs via







community input during the primary data collection process. Due to these community insights, they were included on this list even though they did not meet the 1.50 secondary score threshold. Health topic areas with fewer than three indicators were considered a data gap. Data gaps were specifically assessed as a part of the key informant interviews to ensure that, where the secondary data fell short, primary data could provide a more accurate picture of that particular health topic area.

Please see Appendix B for further details on the quantitative data scoring methodology.

Primary Data Collection & Analysis

To expand upon the information gathered from the secondary data, HCI collected community input. Primary data used in this assessment consisted of key informant interviews and an English-language, online community survey.

Given this CHNA was conducted during the COVID-19 pandemic, primary data collection methods were conducted in a way to maintain social distancing and protect the safety of participants by eliminating inperson data collection.

As a critical aspect of the primary data collection, community input participants were asked to list and describe resources available in the community. Although not reflective of every resource available in the community, the list can help CalvertHealth build partnerships so as not to duplicate, but rather support existing programs and resources. This resource list is available in Appendix E.

Key Informant Interviews

HCl conducted key informant interviews via phone in order to collect community input. Interviewees invited to participate were recognized as having expertise in public health, special knowledge of community health needs, representing the broad interests of the community served by the hospital, and/or being able to speak to the needs of medically underserved or vulnerable populations. Ten individuals agreed to participate as key informants. Table 2 lists the represented organizations that participated in the interviews and the populations these organizations serve:

Key Informant Organization	Population Served
Calvert County Health Department	Medically underserved populations for clinical services and Calvert County residents for other services including infectious disease surveillance
Calvert County Government	Calvert County residents
Calvert County Department of Social Services	Public assistance customers, vulnerable children and adults, foster care children, high-risk families

TABLE 2. KEY INFORMANT ORGANIZATIONS & POPULATION SERVED



Calvert County Public Schools	Children and young adults (pre-K-12 th grade & career and college-ready high school graduates)
CalvertHealth	Southern Maryland/Calvert County residents
Calvert County Office on Aging	Adults age 50+ and disabled adults age 18+ (the majority of whom are medically underserved and have low to moderate income)
Community Faith-Based Representative	All of Southern Maryland
Calvert County Sheriff's Department	Calvert County residents
Calvert Community Dental	Low income, medically underserved populations

The ten key informant interviews took place between May 18, 2020 and June 11, 2020 via phone. The questions focused on the interviewee's background and organization, biggest perceived health needs and barriers of concern in the community, and the impact of health issues on the populations they serve and other vulnerable populations. Interviewees were also asked about their knowledge around health topics where there were data gaps in the secondary data. Additionally, questions were included to get feedback about the impact of COVID-19 on their community. See the "COVID-19 Impact Snapshot" section of the report for more information. A list of the questions asked in the key informant interviews can be found in Appendix C.

Key Informant Analysis Results

Notes captured from the key informant interviews were uploaded to the web-based qualitative data analysis tool, Dedoose^{®1}. The transcripts were coded according to common themes in health and social determinants of health. The following are the themes that emerged from the analysis of the transcripts.



¹Dedoose Version 8.0.35, web application for managing, analyzing and presenting qualitative and mixed method research data (2018). Los Angles, CA: SocioCultural Research Consultants, LLC <u>www.dedoose.com</u>




Community Survey

Another form of community input collected was via an online English-language community survey. SurveyMonkey was the tool used to distribute and collect responses for the community survey. Paper surveys were made available to members of the Hispanic community who completed them with the help of an interpreter. Answers to the paper survey were entered into the SurveyMonkey tool by CalvertHealth staff.

The community survey was promoted across CalvertHealth's entire service area from May 14, 2020 to June 22, 2020. A total of 797 responses were collected. The following charts and graphs illustrate the demographics of community survey respondents.



FIGURE 5. RACE/ETHNICITY OF COMMUNITY SURVEY RESPONDENTS

FIGURE 6. AGE OF COMMUNITY SURVEY RESPONDENTS









FIGURE 7. EDUCATION OF COMMUNITY SURVEY RESPONDENTS

Community Survey Analysis Results

Survey participants were asked about their personal health challenges, important health issues in the community, and which resources are most needed in the community. The results for these questions are shown in Figures 8-10. Additionally, questions were included to get feedback about the impact of COVID-19 on the community, which is included in the "COVID-19 Impact Snapshot" section of this report.



FIGURE 8. PERSONAL HEALTH CHALLENGES





FIGURE 9. MOST IMPORTANT COMMUNITY HEALTH ISSUES



FIGURE 10. RESOURCES NEEDED IN CALVERT COUNTY



Data Considerations

Several limitations of the data should be considered when reviewing the findings presented in this report. Although the topics by which data are organized cover a wide range of health and health-related areas, within each topic there is a varying scope and depth of secondary data indicators and primary data findings.

Regarding the secondary data, some health topic areas have a robust set of indicators, but for others there may be a limited number of indicators for which data is available. The Index of Disparity², used to analyze the secondary data, is also limited by data availability. In some instances, there are no subpopulation data for some indicators, and for others there are only values for a select number of race/ethnic groups.

For the primary data, the breadth of findings is dependent upon who was selected to be a key informant. Additionally, the community survey was a convenience sample, which means results may be vulnerable to selection bias and make the findings less generalizable. However, findings did show that the community survey participant sample was representative of the overall demographics of Calvert County. A limitation to the survey is that it was conducted only in English.

For all data, efforts were made to include a wide a range of secondary data indicators and community member expertise areas.

Prioritization

In order to better target activities to address the most pressing health needs in the community, CalvertHealth and community leaders participated in a presentation of data on significant health needs facilitated by HCI. Following the presentation and question session, participants were given access to an online link to complete a scoring exercise to rank the significant health needs based on a set of criteria. The process was conducted virtually in order to maintain social distancing and safety guidelines related to the COVID-19 pandemic.

CalvertHealth brought together a decision-making team to review the scoring results of the significant community needs and determine prioritized health needs based on the same set of criteria used in the scoring exercise.

Participants

Those involved in the process were chosen to represent people with community and clinical knowledge, those who manage services to the underserved, and those who are knowledgeable about the needs assessment process. Prioritization participants included:

- Dean Teague, President and CEO, CalvertHealth
- Tony Bladen, Chief Operating Officer, CalvertHealth
- Lisa Broome, VP Human Resources, CalvertHealth
- Lisa Caudle, Long Term Care Manager, Calvert County Office on Aging
- Diane Couchman, VP Clinical Services, CalvertHealth

²Pearcy, J. & Keppel, K. (2002). A Summary Measure of Health Disparity. Public Health Reports, 117, 273-280





- Erin Farley, Community Wellness Manager, CalvertHealth
- Mary Golway, Director of Education & Training and Community Wellness, CalvertHealth
- Kasia Sweeney, VP Strategy and Marketing, CalvertHealth
- Champ Thomaskutty, Deputy Health Officer, Calvert County Health Department
- Rev. Alice Thompson, Chaplain, CalvertHealth

Process

On July 22, 2020, eight of the participants convened in a large conference room at CalvertHealth where they could maintain social distance as required by safety protocols related to the pandemic, and two joined via an online meeting platform. The group reviewed the results of HCI's primary and secondary data analyses leading to the preliminary significant health needs discussed in detail in the data synthesis portion of this report. From there, participants utilized a health needs note sheet (Appendix F) and accessed an online link to score each of the significant health needs by how well they met the criteria set forth by CalvertHealth (Appendix F).

The criteria for prioritization are included here:

- Alignment with CalvertHealth's mission, strengths, priorities
- Alignment with national, state or other local priorities
- Disparities impact
- Feasibility of intervening
- Consequences of not intervening

Participants scored each health area against each criterion on a scale from 1-3 with 1 meaning it did not meet the given criterion, 2 meaning it met the criterion and 3 meaning it strongly met the criterion. In addition to considering the data presented by HCI in the presentation and on the health topic note sheet, participants were encouraged to use their own judgment and knowledge of the community in considering how well a health topic met the criteria.

Completion of the online exercise resulted in a numerical score for each health need that correlated with how well each health need met the criteria for prioritization. HCI downloaded the online results, calculated the scores, and then ranked the significant health needs according to their topic scores, with the highest scoring health need receiving the highest priority ranking.

The aggregate ranking can be seen in the Figure 11. After reviewing the results, CalvertHealth's leadership decision-making team participated in a group discussion on July 28, 2020 to narrow the list to four priority health areas that will be considered for subsequent implementation planning. The four top health priorities for CalvertHealth are:

CalvertHealth's Prioritized Health Needs

Cancer

Heart Disease & Stroke

Mental Health & Mental Disorders





A deeper dive into the primary data and secondary data indicators for each of these four priority health topic areas is provided later in this report. This information highlights how each issue became a high priority health need for CalvertHealth. These health topic areas are consistent with the four priority areas that emerged from the 2017 CHNA process. CalvertHealth plans to build upon the efforts to address these health needs in its upcoming Implementation Strategy.

It was discussed at length how the remaining health topics, which were not identified as priorities, are related with the four prioritized needs. This is especially true of Women's Health. The secondary warning indicators pointed to breast cancer rates being higher than both Maryland and the U.S. values, and cervical cancer rates were higher than the Maryland value. Primary data revealed women's personal struggles with exercise and weight management. Therefore, in identifying Cancer and Exercise, Nutritution & Weight as priority areas, interventions and outreach will include considerations to address women's health issues identified in this CHNA.

This is also true of the health needs related to Older Adults & Aging, where secondary indicators show that the Medicare population is disproportionately affected by heart disease and stroke. When possible, the remaining health topics will be integrated into the implementation strategies of the four priority health areas.



FIGURE 11. SIGNIFICANT HEALTH NEEDS



Demographics

The following section explores the demographic profile of CalvertHealth's service area. The demographics of a community significantly impact its health profile. Different race/ethnic, age and socioeconomic groups may have unique needs and require varied approaches to health improvement efforts. All demographic estimates are sourced from Nielsen Claritas 2020 Population Estimates, unless otherwise indicated.

Population

According to the Nielsen Claritas 2020 Population Estimates, Calvert County has a population of approximately 92,633 persons. Figure 12 shows the population size by each zip code within Calvert County, with the darkest blue representing the zip code with the largest population.



FIGURE 12. POPULATION SIZE BY ZIP CODE

Social & Economic Determinants of Health

Age

Figure 13 shows the Calvert County population by age group. The 45-54 and 55-64 age groups represent a high proportion of the population. Overall, the population of Calvert County skews older.



FIGURE 13. POPULATION BY AGE GROUP

Race

The racial makeup of Calvert County is somewhat homogenous, with 80.3% of the population identifying as White, as indicated in Figure 14. The proportion of Black/African American community members is the second largest of all races in Calvert County at 12.8% and is the only other race that makes up more than 10% of the population.



FIGURE 14. POPULATION BY RACE





Ethnicity

As shown by Figure 15, 4.6% of the population of Calvert County identifies as Hispanic or Latino.



FIGURE 15. POPULATION BY ETHNICITY

Income

Figure 16 compares the median household income values for each race in Calvert County. The overall median household income for the county is \$112,150. Two races – White and Asian – have median household incomes that fall above the overall median value. All other races are below the overall value with American Indian/Alaskan Native having the lowest value at \$14,999. In this case, it is important to consider that the American Indian/Alaskan Native and Native Hawaiian/Pacific Islander subgroups make up only 0.44% and 0.13%, respectively, of the community's population.



FIGURE 16. MEDIAN HOUSEHOLD INCOME BY RACE





Poverty

Figure 17 shows the percentage of families living below the poverty level by zip code. The darker blue colors represent a higher percentage of families living below the poverty level, with zip codes 20714 (North Beach), 20678 (Prince Frederick), 20732 (Chesapeake Beach), 20689 (Sunderland), and 20657 (Lusby) having the highest percentages.







SocioNeeds Index

Conduent Healthy Communities Institute developed the SocioNeeds Index[®] to easily identify areas of high socioeconomic need. This index incorporates estimates for six different social and economic determinants of health that are associated with poor health outcomes. The data, which cover income, poverty, unemployment, occupation, educational attainment, and linguistic barriers, are then standardized and averaged to create one composite index value for every zip code in the United States with a population of at least 200. Zip codes have index values ranging from zero to 100, where higher values are estimated to have the highest socioeconomic need and are correlated with poor health outcomes including preventable hospitalizations and premature death.

Within CalvertHealth's service area, zip codes are ranked based on their index value to identify the relative levels of need, as illustrated by the map in Figure 18. The following zip codes had the highest level of socioeconomic need (as indicated by the darkest shade of blue): 20714 (North Beach), 20678 (Prince Frederick), and 20657 (Lusby). Understanding where there are communities with high socioeconomic need, and associated poor health outcomes, is critical to targeting prevention and outreach activities. The three communities (North Beach, Prince Frederick, and Lusby) were previously identified in CalvertHealth's 2017 CHNA as having the highest socioeconomic need, thus targeted health improvement efforts in these communities should be continued.



FIGURE 18. SOCIONEEDS INDEX



Data Synthesis

Primary and secondary data were collected, analyzed and synthesized to identify the significant community health needs in Calvert County as shown in the Venn diagram (Figure 19).

For the purpose of analysis, secondary data were treated as one data source, while primary data included both key informant interviews and online survey results.

The 11 top health needs identified from the data sources were analyzed for areas of overlap. Primary data from key informant interviews and community survey results show the five most discussed or selected topic areas demonstrating strong evidence of need. Secondary data indicators identified nine topic areas of greater need based on based on the topic score calculated using the HCl data scoring tool. Figure 19 shows the data synthesis results via a Venn diagram that illustrates overlapping top health needs from the two data sets.



FIGURE 19. DATA SYNTHESIS RESULTS



Table 3 shows the final 11 significant health needs, listed in alphabetical order, that were included for prioritization based on the synthesis of all forms of data collected for CalvertHealth's CHNA.

TABLE 3. HEALTH TOPIC AND DATA COLLECTION

Health Topic	Data Set
Cancer	Secondary Data, Key Informants, Survey
Education	Secondary Data
Environment	Secondary Data
Exercise, Nutrition & Weight	Key Informants, Survey
Heart Disease & Stroke	Secondary Data
Mental Health & Mental Disorders	Secondary Data, Key Informants, Survey
Older Adults & Aging	Secondary Data, Key Informants, Survey
Oral Health	Secondary Data
Substance Abuse	Key Informants, Survey
Transportation	Secondary Data
Women's Health	Secondary Data





Prioritized Significant Health Needs

The following section dives deeper into each of the prioritized health needs in order to understand how findings from secondary and primary data led to the health topic becoming a priority health issue for CalvertHealth. The four health needs are presented in the order of how they ranked in the prioritization process.

Prioritizied Health Topic #1: Cancer

respondents think cancer is a

prevalent health issue



- Melanoma Incidence Rate
 - Cervical Cancer Incidence Rate
 - Breast Cancer Incidence Rate

Secondary Data

From the secondary data scoring results, Cancer was identified to be a top health need in Calvert County. It has the third highest data score of all health topic areas using the data scoring technique, with a score of 1.70. Further analysis was done to identify specific indicators of concern across the county. Individual indicators with high data scores within a topic area were categorized as indicators of concern and are listed below.

TABLE 4. DATA SCORING RESULTS FOR CANCER

SCOR	E CANCER	Calvert County	Maryland	US	Maryland Counties	US Counties	Trend
2.55	Age-Adjusted Death Rate due to Breast Cancer (2012-2016) <i>deaths/100,000</i> <i>females</i>	26.2	22.1	20.6 HP2020* 20.7			





	Age-Adjusted Death				 	
	Rate due to			19.2		
2.45	Prostate Cancer (2012-2016) <i>deaths/100,000</i> males	27.7	20.2	HP2020* 21.8		
2.25	Melanoma Incidence Rate (2012-2016) <i>cases/100,000</i> <i>population</i>	30.3	23	21.8		
2.18	Cervical Cancer Incidence Rate (2003-2007) <i>cases/100,000 females</i>	9	7.6	HP2020* 7.3	_	_
2.15	Breast Cancer Incidence Rate (2012-2016) <i>cases/100,000</i> <i>females</i>	141.1	131.5	125.2		
1.80	Oral Cavity and Pharynx Cancer Incidence Rate (2012-2016) cases/100,000 population	13.6	10.9	11.7		
1.75	Cancer: Medicare Population (2017) %	8.9	9.1	8.2		
	Colorectal Cancer Incidence Rate			38.7		
1.75	(2012-2016) Cases/100,000 population	39	36.4	HP2020* 39.9		

*HP2020 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2020 represents a Healthy People target to be met by 2020.

From the secondary data results, there are many cancer indicators that raise concern for Calvert County. Calvert County has a higher rate of Breast Cancer Deaths, Prostate Cancer Deaths, Melanoma Incidence, Cervical Cancer Incidence, Breast Cancer Incidence, Oral Cavity and Pharynx Cancer Incidence, Cancer in the Medicare Population, and Colorectal Cancer Incidence than both the overall state of Maryland and the U.S. Further, Calvert County is failing to meet the Healthy People 2020 targets for Age-Adjusted Death Rate due to Breast Cancer, Age-Adjusted Death Rate due to Prostate Cancer, and Cervical Cancer Incidence Rate.



Primary Data

Approximately 25% of survey respondents selected Cancer as a prevalent issue in the community, while 3% of respondents selected Cancer as a personal health issue. Key informant interviews noted a lack of knowledge about available screenings in the community, which they believed is contributing to the higher cancer incidence and rates reported in the secondary data. Lack of health insurance coverage for preventative screenings, such as mammography for women younger than 40, was noted as a barrier to catching breast cancer at an earlier stage. Additionally, key informants mentioned historically high levels of tobacco use in the county, especially with older community members, which could contribute to the higher cancer rates.

Lack of education and the fact that cancer is scary are barriers to screening. - Key Informant Quote

Prioritized Health Topic #2: Heart Disease & Stroke

Heart Disease & Stroke ——

Key Themes from Community Input



- Nearly 15% of survey respondents noted high blood pressure as a personal health issue
- For survey respondents representing communities of color, high blood pressure was the top personal health issue they noted

Secondary Data Score: **1.5**



Warning Indicators

- Ischemic Heart Disease: Medicare Population
- Age-Adjusted Death Rate due to Heart Disease
- Age-Adjusted ER Rate due to Hypertension
- High Blood Pressure Prevalence
- Hyperlipidemia: Medicare Population

Secondary Data

From the secondary data scoring results, Heart Disease & Stroke was identified to be a top health need in Calvert County. It had the fifth highest data score of all health topic areas using the data scoring technique, with a score of 1.54. Further analysis was done to identify specific indicators of concern across the county. Individual indicators with high data scores within a topic area were categorized as indicators of concern and are listed in Table 5.





SCORE	HEART DISEASE & STROKE	Calvert County	Maryland	US	Maryland Counties	US Counties	Trend
2.35	Ischemic Heart Disease: Medicare Population (2017) %	29.7	26.6	26.9	\land		
2.05	Age-Adjusted Death Rate due to Heart Disease (2016-2018) deaths/100,000 population	186.3	163.8			_	
1.95	Age-Adjusted ER Rate due to Hypertension (2017) ER Visits/ 100,000 population	359.2	351.2			_	
1.88	High Blood Pressure Prevalence (2017) %	32.9	30.6	32.3 HP2020* 26.9		_	
1.80	Hyperlipidemia: Medicare Population (2017) %	45.2	42.8	40.7		\sim	
1.75	Atrial Fibrillation: Medicare Population (2017) %	8.9	8.2	8.4			
1.70	Stroke: Medicare Population (2017) %	4.3	4.4	3.8			

TABLE 5. DATA SCORING RESULTS FOR HEART DISEASE & STROKE

*HP2020 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2020 represents a Healthy People target to be met by 2020

Looking at the secondary data, the Medicare population is disproportionately affected by Heart Disease & Stroke in Calvert County. Ischemic Heart Disease, Atrial Fibrillation, Hyperlipidemia, and Stroke are all indicators of concern for the Medicare population. The county has higher percentages for all of these





indicators than both the state of Maryland and the entire U.S., except for Stroke, which has a slightly lower percentage than the state of Maryland, but higher than the U.S. Given that Older Adults & Aging was one of the top five identified significant health needs for Calvert County based on the data synthesis, and that the population of Calvert County skews slightly older as well, these factors will be integrated into the implementation strategy for the prioritized Heart Disease & Stroke topic area.

Primary Data

Survey respondents noted Heart Disease & Stroke as a need to address both personally and in the community. High blood pressure was selected by 14.93% of respondents as a personal health issue. When broken down by race, survey respondents representing communities of color selected high blood pressure as the top health concern for themselves and the community. Heart Disease & Stroke was selected by 16.84% of survey respondents as a community health issue. Additionally, survey respondents chose "chronic disease management services" as a resource needed in the community. Key informants stated chronic disease management would help those living with heart disease. Key informants cited transportation issues, especially among older adults as a barrier to accessing chronic disease management services.

When I get a request for medication assistance, it's usually for blood pressure medications. - Key Informant Quote

Prioritized Health Topic #3: Mental Health & Mental Disorders

Mental Health & Mental ____ Disorders

Key Themes from Community Input



- Mental health and behavioral health services was the most commonly selected resource needed in the community
- Key Informants believe there is a need for mental/behavioral health interventions in school

Secondary Data Score: **1.52**



Warning Indicators

- Age-Adjusted Hospitalization Rate due to Adolescent Suicide and Intentional Self-inflicted Injury
- Age-Adjusted Hospitalization Rate due to Pediatric Mental Health
- Age-Adjusted Hospitalization Rate due to Adolescent Suicide and Intentional Self-inflicted Injury

Secondary Data

From the secondary data scoring results, Mental Health & Mental Disorders was identified to be a top health need in Calvert County. It had the eighth highest data score of all health topic areas using the





data scoring technique, with a score of 1.52. Further analysis was done to identify specific indicators of concern across the county. Individual indicators with high data scores within a topic area were categorized as indicators of concern and are listed in Table 6.

SCORE	MENTAL HEALTH & MENTAL DISORDERS	Calvert County	Maryland	US	Maryland Counties	US Counties	Trend
2.58	Age-Adjusted Death Rate due to Suicide (2012-2014) deaths/100,000 population	16.5	9.2	12.7 HP2020* 10.2	_	_	
1.95	Age-Adjusted Hospitalization Rate due to Adolescent Suicide and Intentional Self-inflicted Injury (2013-2015) hospitalizations/10,000 population aged 12-17	76.7	23.3	_		_	
1.95	Age-Adjusted Hospitalization Rate due to Pediatric Mental Health (2016-2018) hospitalizations/10,000 population under 18 years	32.5	10.8	_		_	

TABLE 6. DATA SCORING RESULTS FOR MENTAL HEALTH & MENTAL DISORDERS

*HP2020 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2020 represents a Healthy People target to be met by 2020

The secondary data reveal that Mental Health & Mental Disorders affect children and adolescents in Calvert County. The Rates of Hospitalizations due to Adolescent Suicide and Intentional Self-Inflicted Injury as well as Pediatric Mental Health are more than double the overall Maryland state values. Furthermore, the Death Rate Due to Suicide in Calvert County is not only higher than both Maryland and the U.S., but also has 16.5 deaths per 100,000 population, which is higher than the CDC Healthy People 2020 target of 10.2 deaths per 100,000 population.

Primary Data

Mental Health, including Behavioral Health and Stress, was selected by 29.12% of survey respondents as a health issue in the community. All key informants spoke of mental health issues in the community, the need for more services including inpatient and outpatient programs, and specifically expressed concern for school-aged children. Key informants stated that fear and anxiety among children and their parents was high when schools were closed due to the stay-at-home orders related to the COVID-19 pandemic.

"Services for Adolescents", including smoking and vaping education/cessation, healthy lifestyle and mental health support, was chosen by 39.55% of survey respondents as services the community would



benefit from. "More Mental Health and Behavioral Health Services" was noted as the most needed resource for the community (as selected by 44.66% of survey respondents). Additionally, the need for "Emotional Wellness and Stress Reduction Services" was selected by 28.97% of survey respondents. Key informants expressed concern about the long waits to access mental health services.

> Mental health is the number one driver of so many issues in the community. - Key Informant Quote

Prioritized Health Topic #4: Exercise, Nutrition & Weight

Exercise, Nutrition & Weight

Key Themes from Community Input



- Over 25% of survey respondents noted this as a personal health issue
- Key Informants focused on the need for more places to exercise

Data Score:

Secondary

Warning Indicators

- Adults Who Are Obese
- Food Insecure Children Likely Ineligible for Assistance
- Access to Exercise Opportunities
- People with Low Access to a Grocery Store
- SNAP Certified Stores
- Recreation and Fitness Facilities

Secondary Data

From the secondary data scoring results, Exercise, Nutrition, & Weight (including Obesity) was identified to be a top health need in Calvert County. It had the twelfth highest data score of all health topic areas using the data scoring technique, with a score of 1.44. Further analysis was done to identify specific indicators of concern across the county. Individual indicators with high data scores within a topic area were categorized as indicators of concern and are listed in Table 7.

TABLE 7. DATA SCORING RESULTS FOR EXERCISE, NUTRITION, & WEIGHT (INCLUDING OBESITY)

SCORE	EXERCISE, NUTRITION & WEIGHT (OBESITY)	Calvert County	Maryland	US	Maryland Counties	US Counties	Trend
2.48	Adults Who Are Obese (2018) %	37.2	31.5	30.9 HP2020* 30.5		_	







2.30	Food Insecure Children Likely Ineligible for Assistance (2017) %	54	39	21		—	
2.25	Access to Exercise Opportunities (2020) %	61.4	92.6	84			_
1.95	People with Low Access to a Grocery Store (2015) %	36.1					_
1.95	SNAP Certified Stores (2018) stores/ 1,000 population	0.4					_
1.90	Recreation and Fitness Facilities (2014) facilities/ 1,000 population	0.04			_	_	
1.88	Adults with a Healthy Weight (2014) %	32.9	35.1	35.2		_	=
1.75	Grocery Store Density (2014) <i>stores/ 1,000 population</i>	0.1	31.5	30.9			
1.50	Households with No Car and Low Access to a Grocery Store (2015) %	2.1	39	21			_
1.50	Low-Income and Low Access to a Grocery Store (2015) %	5.2	92.6				_

*HP2020 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2020 represents a Healthy People target to be met by 2020

Overweight and obesity are areas of overwhelming concern for Calvert County, as the percent of adults who are obese is trending upward. The percent is higher in Calvert County (37.2%) than in both Maryland as a whole (31.5%) and the nation overall (30.9%). Calvert County fails to meet the Healthy People 2020 Target value (30.5%) in regard to adults either overweight or obese. Additionally, Food Insecure Children Likely Ineligible for Assistance also scored highly in the secondary data scoring of indicators, as the Calvert County value (54%) was much higher than the Maryland state value (39%) and the national value (21%). Furthermore, Access to Exercise Opportunities in Calvert County (61.4%) is trailing behind both the state of Maryland (92.6%) and the nation (84%).





Primary Data

Results from the community survey and key informant interviews support the secondary warning indicator of Adults who are Obese in the community. The survey results show Exercise, Nutrition & Weight as the second top health challenge survey respondents personally experience. When broken down by gender, 29.41% of women selected this as the top personal health issue. Key informants noted lack of healthy lifestyle opportunities as contributors to the higher obesity rates in their community. They emphasized the need for more spaces to exercise in the community and specifically requested more sidewalks for people to walk safely. Concern was noted about adolescents' high level of "screen time" versus time spent on healthier lifestyle choices like exercising.

Kids spend a lot of time on their screens, eating junk food and not getting enough sleep. - Key Informant Quote



Non-Prioritized Significant Health Needs

The following significant health needs, presented in alphabetical order, emerged from a review of the primary and secondary data. CalvertHealth did not elect to explicitly prioritize these topics. However, they are related to the selected priority areas and will be interwoven in the forthcoming Implementation Strategy and in future work addressing health needs through strategic partnerships with community partners.

Key themes from community input are included for each non-prioritized health need along with the secondary data warning indicators, which reveal where Calvert County performs worse than the state of Maryland.



Non-Prioritized Health Need #1: Education

Non-Prioritized Health Need #2: Environment

Environment

Key Themes from Community Input

- •••
- Lack of good sidewalks for walking safely is a concern with 57% of survey respondents
- The community needs more fitness and physical activity resources

Secondary Data Score: **1.5**



Warning Indicators

- Access to Exercise Opportunities
- Daily Dose of UV Irradiance
- People with Low Access to a Grocery Store

- SNAP Certified Stores
- Recreation and Fitness Facilities
- Grocery Store Density

We really have a special community here. I am just one of a lot of people that wants to do right and see change in our community. - Key Informant Quote



Non-Prioritized Health Need #3: Older Adults & Aging

Older Adults & Aging ____ Secondary Data Score: **Key Themes from** Warning ... **Community Input** Indicators • Ischemic Heart Disease: Medicare Population Services for Seniors was noted as Rheumatoid Arthritis or Osteoarthritis: the second highest need in the Medicare Population community from the survey • Chronic Kidney Disease: Medicare Population Hyperlipidemia: Medicare Population Adults 65+ with Pneumonia Vaccination • 49% of survey respondents and several of the key informants noted Isolation and loneliness is always transportation issues for seniors a big issue with seniors. - Key Informant Quote





Non-Prioritized Health Need #4: Oral Health



Non-Prioritized Health Need #5: Substance Abuse

Substance Abuse ——

Key Themes from Community Input



- 41% of survey respondents point to substance abuse as a health need impacting the community
- Substance abuse, including alcohol, crosses socioeconomic lines

Secondary Data Score: **1.47**

Warning Indicators

- Adults who Binge Drink
- Alcohol-Impaired Driving Deaths
- Adults who Smoke

Everyone is vulnerable to drug issues. - Key Informant Quote

51	5
1	1





Non-Prioritized Health Need #6: Transportation



Non-Prioritized Health Need #7: Women's Health

Women's Health —

Key Themes from Community Input

•	•	•	1
\sim	_	_	

- Nearly 30% of female survey respondents point to exercise, nutrition and weight management as personal issues they struggle with
- Additionally, female respondents believe a lack of sidewalks for walking safety was a barrier to better health

Secondary Data Score: **1.90**



Warning Indicators

- Age-Adjusted Death Rate due to Breast Cancer
- Cervical Cancer Incidence Rate
- Breast Cancer Incidence Rate

There does not seem to be a lot of free screening for low income women. - Key Informant Quote



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Other Findings

Critical components in assessing the needs of a community are identifying barriers to and disparities in health care. Additionally, the identification of barriers and disparities will help inform and focus strategies for addressing the prioritized health needs for CalvertHealth's service area. The following section identifies barriers and disparities as they pertain to Calvert County.

Barriers to Care

Community health barriers for CalvertHealth's service area were identified as part of the primary data collection. Key informants and community survey respondents were asked to identify any barriers to healthcare observed or experienced in the community.

Transportation

The geography of Calvert County, with its long, narrow peninsula and one main thoroughfare running north to south, results in increased transportation issues. The limited number of large roads or highways and the spread of the population throughout the rural county create difficulties for many of those in need of care. From the secondary data scoring results, Transportation was the second most pressing need in Calvert County with a data score of 1.79. Using a Likert Scale, a five-point scale used to allow the individual to express how much they agree or disagree with a particular statement, 43% of survey respondents disagreed or strongly disagreed that public transportation is affordable and easy to access. Furthermore, key informants reported public transportation as the biggest barrier to accessing services for those needing assistance such as older adults and families with children. They further explained that limited existing public transportation is exacerbated by the size and spread of the county across its long and narrow peninsula.

Cost, Wait Times, Literacy

For the community survey respondents that did not receive the care they needed, 24% noted wait time for services as an issue, while 31% selected cost as a barrier to seeking the care they needed. Key informants were concerned that low-income community members do not have access to affordable healthcare providers. Key informants added that even when health insurance is available, health literacy issues make seeking or renewing healthcare coverage difficult, especially for older adults and immigrant populations.

The economic secondary data further support the primary data findings around cost and access. The median household income of Calvert County is \$112,150, which is about \$20,000 higher than the Maryland state value. However, there is a disparity in median household income for Black/African American residents (\$71,173).





Disparities

Race/Ethnic & Age Disparities

Community health disparities were assessed in both the primary and secondary data collection processes. Table 8 below identifies secondary data health indicators with a statistically significant race or ethnic disparity for Calvert County.

Health Indicator	Group Negatively Impacted (highest rates)
Children with Asthma	Black/African American, Other, Hispanic
Children Living Below Poverty Level	White, Asian, Multiple Races
People Living Below Poverty Level	Black/African American, Asian, American Indian / Alaska Native, Multiple Races, Other, Hispanic
Families Living Below Poverty Level	Black/African American, Multiple Races
People 65+ Living Below Poverty Level	Black/African American, Hispanic
People 25+ with a Bachelor's Degree or Higher	Black/African Amerian, American Indian / Alaska Native
Babies with Low Birth Weight	Black/African American
Teens with Smoke Cigarettes: High School Students	Hispanic
Workers Commuting by Public Transportation	White, Hispanic

TABLE 8. INDICATORS WITH SIGNIFICANT RACE/ETHNIC & AGE DISPARITIES

The indicators listed in Table 8 show a statistically significant difference in race or ethnicity according to the Index of Disparity analysis. Secondary data reveal that different race groups are disparately impacted for many poverty-related indicators, which are often associated with poorer health outcomes. Additionally, the Black/African American and Hispanic populations are the most negatively impacted race groups in Calvert County, experiencing six and five significant disparities, of indicators listed in Table 8. These important gaps in data should be recognized and considered for implementation planning to mitigate the disparities often faced along racial, ethnic, or cultural lines in Calvert County.

Key informant interviews did not specifically call out a particular race or ethnic group in the community as struggling more with social determinants of health but stated that minorities seem to be more negatively impacted by issues like poverty which contributes to poor health outcomes. Additionally, older adults were the age group that key informants brought up the most as having more barriers to accessing healthcare and services compared to younger populations. They also mentioned low-income families struggling to access services.



Geographic Disparities

Geographic disparities were also identified using the SocioNeeds Index[®]. Zip codes 20714 (North Beach), 20678 (Prince Frederick), and 20657 (Lusby) were identified as zip codes with the highest socioeconomic need, potentially indicating poorer health outcomes for residents in those areas. Because these areas were identified as having the highest socioeconomic need, understanding the population demographics of these communities is equally as important. Key informants mentioned North Beach and Prince Frederick as being areas experiencing lower income.



FIGURE 20. SOCIONEEDS INDEX



COVID-19 Impact Snapshot

COVID-19 Calvert County Community Impact Timeline

COVID - 19

March 5th. 2020

State of Emergency and Catastrophic Health Emergency declared by Maryland's governor

March 16th, 2020

To encourage people to stay home and reduce the spread of COVID-19, Maryland Governor issues an executive order prohibiting large gatherings, implementing social distancing and closing all businesses except those deemed essential

March 21st, 2020

CalvertHealth hosts the first drive thru testing for Calvert County residents

May 15th, 2020

Calvert County begins Stage One of the Maryland Strong: Roadmap to Recovery Plan, which includes moving from a Stay at Home order to a Safer at Home public health advisory and the gradual reopening of retail, manufacturing, houses of worship, and some personal services

June 5th, 2020

Stage 2 reopening begins including opening of "nonessential business" (e.g. retail stores, manufacturing, offices) with safety precautions

December 2019

First reported case of a new novel coronavirus reported in the Wuhan Provence of China and relayed to the World Health Organization (WHO)

March 15th, 2020

First positive culture at CalvertHealth

March 16th, 2020

CalvertHealth suspends elective surgeries, procedures and ancillary outpatient services due to stay at home orders

April 28th, 2020

CalvertHealth, in collaboration with the Calvert County Public Health Department, expands testing capabilities and opens testing to Calvert County residents at Vehicle Emissions Stations

May, 2020

CalvertHealth begins to reinstate elective surgeries and procedures and reopen ancillary outpatient services

Sources https://www.who.int/ https://www.calvertcountycovid19.com/ https://governor.maryland.gov/ https://www.businessinsider.com/coronaviruspandemic-timeline-history-major-events-2020-3

Introduction

At the time that CalvertHealth began its tri-annual CHNA process, Calvert County and the state of Maryland were in the midst of dealing with the novel coronavirus (COVID-19) pandemic.

The process for conducting the assessment remained fundamentally the same. However, there were some adjustments made during the primary data collection to ensure the health and safety of those participating.



Pandemic Overview¹

On March 13, 2020, a U.S. national emergency was declared over the novel coronavirus outbreak first reported in the Wuhan Provence of China in December 2019. Officially named COVID-19 by the World Health Organization (WHO) in February, WHO declared COVID-19 a pandemic on March 11, 2020. Upon completion of this report in September 2020, the pandemic was still very much a health crisis across the United States and in most countries.

Community Insights

The CHNA project team looked for additional sources of secondary data and gathered primary data to provide a snapshot of the impact of COVID-19 on Calvert County between March 2020 and July 2020. Findings are reported below.



COVID-19 Cases and Deaths in Maryland and Calvert County

For current cases and deaths due to COVID-19 visit: <u>https://www.calverthealthmedicine.org/the-latest-information-on-coronavirus-covid-19</u>

Vulnerability Index²

Beyond looking at what we know about COVID-19 cases and deaths, the <u>Conduent Vulnerability Index</u> is a measure of potential severe illness burden due to COVID-19 by county. Counties are given an index value from 1 (low vulnerability) to 10 (high vulnerability). A county with a high vulnerability score can be described as a location where a higher percentage of COVID-19 cases would result in severe outcomes such as hospitalization or death as comparted a county with a low vulnerability score.



What does this score mean?

Calvert County's Index Score of 1 means that county residents generally have low death rates due to chronic conditions, lower socio-economic needs, and adequate access to healthcare and services to protect themselves from more severe COVID-19 cases and more death than a county with higher rates of chronic disease, risky behavior, and/or low access to health services.

The median Vulnerability Index value in Maryland is 4, therefore, Calvert County - with a value of 1 - is in the top 25% of MD counties. Twenty-three counties, in addition to Baltimore City, in Maryland meet the inclusion criteria for the model and have daily-calculated Vulnerability Index values (Kent County, MD does not meet the model's inclusion criteria).





Calvert County Unemployment Rates³

As expected, Calvert County's unemployment rates rose in April 2020 when stay at home orders were in place. As Calvert and surrounding counties began slowing reopening some businesses in May, the unemployment rate went down. The county can expect to see variation in unemployment rates based on government response to the pandemic. When unemployment rates rise, there is potential impact on health insurance coverage if jobs lost include employer-sponsored healthcare.



- December 2019: 2.5%
- April 2020: 8.3%
- May 2020: 7.7%
- June 2020: 6.3%

Calvert County Community Feedback

Key Informant interviews and a communitywide online survey were used to capture insights and perspectives of the health needs of Calvert County. Included in both the key informant interview guide and survey tool were questions specific to COVID-19.

Table 9 is a summary of the insights from community survey respondents and community experts gathered in May and early June 2020 regarding the impact of COVID-19 on the community.

Community Survey Insights	Key Informant Insights
90% of respondents felt "very" or "somewhat" informed about COVID-19	More isolation and loneliness were felt, especially with older adults
47% of respondents experienced "moderate" to "major" impact in feeling alone/isolated during the stay at home orders	There was heightened fear and anxiety in school children and their parents when schools closed
49% felt "moderate" or "major" impact of not knowing when the pandemic will end and having a lack of control	Food insecurity rose at the start of the stay at home orders and then diminished when services resumed
	Organizations were innovative and worked together to keep serving the community

TABLE 9. COVID-19 PRIMARY DATA INSIGHTS



2020 CalvertHealth Significant Health Needs and COVID-19 Impact

Of the 11 significant health needs identified through primary and secondary data, three appeared to worsen during the stay at home orders in the early stages of the pandemic according to information gathered through key informant interviews and survey responses.

Environment (Food Insecurity)

- 35% of survey respondents noted "minor" to "moderate" impact when asked about food shortages due to COVID-19, while 47.5% selected "no impact."
- Food insecurity for seniors was noted as an issue related to COVID-19 by key • informants because many of the community food programs had volunteers in the high-risk age range. Therefore, when the stay-at-home orders were in place, there was a shortage of people to help. However, it was reported community organizations came together quickly to address the issue and figure out food distribution for seniors.
- According to End Hunger in Calvert County, when schools closed 3,000 children in Calvert County lost access to free breakfast and lunch. Key informants reported that local school and government officials created a plan to make meals available to families with school-aged children.

Mental Health and Mental Health Disorders

- 47% of survey respondents reported experiencing "moderate" to "major" impact in feeling alone/isolated during the COVID-19 stay at home orders.
- When asked what services the community needs more of, "behavioral/mental health services" was selected the most by survey respondents.
- According to a key informant, Senior Center closures exacerbated feelings of isolation and loneliness among the older adult population. While the centers were closed, senior community members lost access to socialization activities including exercise classes, educational programs, support groups, and meal services.
- Fear and anxiety were experienced by students and their parents when schools closed and the uncertainty of when they would reopen.

Older Adults & Aging

C

Calvert**Health**

- Services for older adults were the second most commonly selected need in the community by survey respondents.
- Key informants reported that concern for older adults dealing with feelings of isolation and challenges meeting their physical needs (groceries shopping, picking up prescriptions etc.) led to telephone outreach to connect those in need with resources as they became available.

Community experts who participated in the interviews also highlighted that local government officials, school administration, senior services leaders, and religious organizations came together to leverage resources, address disruptions and meet needs as quickly and efficiently as possible.









Recommended Data Sources

As local, state, and national data are updated and become available, these data can continue to help inform approaches to meeting existing and developing needs related to the pandemic. Recommended data sources for Calvert County are included here:

National Data Sources

- Center for Disease Control: <u>https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/surveillance-data-analytics.html</u>
- Johns Hopkins Coronavirus Resource Center: <u>https://coronavirus.jhu.edu/us-map</u>
- Conduent COVID At Risk Vulnerability Index: <u>https://www.covid19atrisk.org/</u>
- NACCHO Coronavirus Resources for Health: <u>https://covid19-naccho.hub.arcgis.com/</u>
- Feeding America (The Impact of the Coronavirus on Local Food Insecurity): <u>https://www.feedingamerica.org/sites/default/files/2020-</u> <u>05/Brief_Local%20Impact_5.19.2020.pdf</u>

Maryland Data Sources

Data from the following websites are updated regularly and may provide additional information into the impact of COVID-19 in Calvert County:

- CalvertHealth: <u>https://www.calverthealthmedicine.org/the-latest-information-on-coronavirus-</u> <u>covid-19</u>
- Calvert County Public Health Department: <u>https://www.calvertcountycovid19.com/</u>
- Calvert County Public Health Department COVID-19 Resource Center: <u>https://www.calvertcountymd.gov/2630/COVID-19-Virtual-Resource-Center</u>
- Maryland Department of Public Health: <u>https://coronavirus.maryland.gov/</u>
- Healthy Calvert: <u>http://www.healthycalvert.org/</u>

COVID-19 Impact Snapshot Data Sources

- 1. Pandemic Overview: <u>https://coronavirus.maryland.gov/</u>
- 2. Vulnerability Index: <u>https://www.covid19atrisk.org/vulnerability.html</u>
- 3. Calvert County Unemployment Rates: <u>https://fred.stlouisfed.org/series/MDCALV9URN</u>



Conclusion

This Community Health Needs Assessment (CHNA), conducted for CalvertHealth, used a comprehensive set of secondary and primary data to determine the 11 significant health needs in Calvert County. The prioritization process identified four top health needs: Cancer; Heart Disease & Stroke; Mental Health & Mental Disorders; and Exercise, Nutrition & Weight (including Obesity).

The findings in this report will be used to guide the development of CalvertHealth's Implementation Strategy, which will outline strategies to address identified priorities and improve the health of the community.

Please send any feedback and comments about this CHNA to: <u>community.wellness@calverthealthmed.org</u> with "CHNA Comments" in the subject line. Feedback received will be incorporated into the next CHNA process.



2020 Community Health Needs Assessment

FY21-FY23 Implementation Plan

In accordance with federal law and regulation, and in alignment with CalvertHealth Medical Center's mission and values, set forth below is our 2020 Community Health Needs Assessment Implementation Plan (the "2020 CHNA Implementation Plan").

CalvertHealth Medical Center has partnered with numerous community leaders throughout Calvert County, through various coalitions and collaborative relationships that are in place in the county. The CalvertHealth Medical Center Board of Directors has formally adopted the CHNA as its own. A full report of the 2020 CHNA can be found at: <u>https://www.calvertHealthmedicine.org/Uploads/Public/Documents/CommunityNeeds/CalvertHealth%202020%20CHNA.pdf.</u> Any comments or questions should be addressed to Mary Golway, Director of Education & Training and Community Wellness at <u>mary.golway@calvertHealthmed.org</u>, or 410-535-8134.

MISSION

CalvertHealth's trusted team provides Southern Maryland residents with safe, high quality health care and promotes wellness for a healthy community.

VISION

We provide exceptional care and make a difference in every life we touch.
IMPLEMENTATION STRATEGY:

The Community Health Needs Assessment (CHNA) revealed that Calvert County had significant community needs in 11 areas, which are listed in Figure 1.

Prioritization Process

Prioritized Significant Health Needs Figure 1. SIGNIFICANT HEALTH NEEDS

CalvertHealth Medical Center developed a decision-making team to prioritize the significant community health needs of Calvert County, using an online tool, and considering several criteria:

- Alignment with CalvertHealth's strengths, priorities, and mission
- Alignment with national, state or local priorities
- Disparities impact
- Feasibility of intervention
- Consequences of not intervening

Completion of the online exercise resulted in a numerical score for each health need that correlated with how well each health need met the criteria for prioritization. After reviewing the results, CalvertHealth's leadership decision-making team met to narrow the list to four priority health areas that will be considered for subsequent implementation planning. The four top health priorities for CalvertHealth area

- 1. Cancer
- 2. Heart Disease & Stroke
- 3. Mental Health & Mental Disorders
- 4. Exercise, Nutrition & Weight (including Obesity)

Non-Prioritized Significant Health Needs

The remaining significant health needs that emerged from the CHNA and a review of the primary and secondary data were not explicitly prioritized for the purpose of implementation planning, however they are interrelated to the selected priority areas and are interwoven into this Implementation Strategy and in future work addressing health needs through strategic collaboration with community partners.

R	1. Cancer	6. Substance Abuse	
	2. Heart Disease & Stroke	7. Oral Health	
	3. Women's Health	8. Older Adults & Aging	
•	5. Women's Health	9. Education	
	4. Mental Health & Mental Disorders	10. Transportation	
So	5. Exercise, Nutrition & Weight	11. Environment	

COVID-19 Impact

On March 13, 2020, a U.S. national emergency was declared over the novel coronavirus outbreak first reported in the Wuhan Provence of China in December 2019. Officially named COVID-19 by the World Health Organization (WHO) in February, WHO declared COVID-19 a pandemic on March 11, 2020. Upon completion of this report in September 2020, the pandemic was still very much a health crisis across the United States and in most countries.

Key Informant interviews and a community-wide online surveys were used to capture insights and perspectives of the health needs of Calvert County. Included in both the key informant interview guide and survey tool were questions specific to COVID-19.

The following table is a summary of the insights from community survey respondents and community experts gathered in May and early June 2020 regarding the impact of COVID-19 on the community.

Community Survey Insights	Key Informant Insights
90% of respondents felt "very" or "somewhat" informed about COVID-19	More isolation and loneliness were felt, especially with older adults
47% of respondents experienced "moderate" to "major" impact in feeling alone/isolated during the stay at home orders	There was heightened fear and anxiety in school children and their parents when schools closed
49% felt "moderate" or "major" impact of not knowing when the pandemic will end and having a lack of control	Food insecurity rose at the start of the stay at home orders and then diminished when services resumed
	Organizations were innovative and worked together to keep serving the community

COVID-19 PRIMARY DATA INSIGHTS

Implementation Strategy

The following section is a description of the CalvertHealth Medical Center's Implementation Strategy for 2020-2023 and will give some additional information about each of the top health topics in order to understand how findings from the secondary and primary data led to each becoming a priority health issue for CalvertHealth. It will include primary objectives, strategies and actions to achieve the objectives, target populations, key partners, tactics to be utilized, and the plan to evaluate these actions for the four areas of prioritized need.

For many of these objectives and strategies, year 1 of the implementation period will establish baseline metrics, which will be built upon in the subsequent 2 years of the implementation plan. Specific groups (such as committees and task forces) will be delegated to collaborate on implementation and will develop more specific metrics and goals to be included in annual reporting. For each of the four priority areas, the program status, and most recent outcomes will be evaluated and reported on annually. The continued restrictions due to the COVID-19 pandemic will challenge the ability to provide some face to face programs that we would normally provide throughout the community. This plan is being written with the expectation that some face to face programs will return in a phased-in approach over the next 3 years, but not knowing the timeline for that return, or the modifications that may need to be considered.

Prioritized Health Topic #1: Cancer



• Breast Cancer Incidence Rate

Primary Data

Approximately 25% of survey respondents selected Cancer as a prevalent issue in the community, while 3% of respondents selected Cancer as a personal health issue. Key informant interviews noted a lack of knowledge about available screenings in the community, which they believed is contributing to the higher cancer incidence and rates reported in the secondary data. Lack of health insurance coverage for preventative screenings, such as mammography for women younger than 40, was noted as a barrier to catching breast cancer at an earlier stage. Additionally, key informants mentioned historically high levels of tobacco use in the county, especially with older community members, which could contribute to the higher cancer rates.

Secondary Data

From the secondary data scoring results, Cancer was identified to be a top health need in Calvert County. There are many cancer indicators that raise concern for Calvert County. Calvert County has a higher rate of Breast Cancer Deaths, Prostate Cancer Deaths, Melanoma Incidence, Cervical Cancer Incidence, Breast Cancer Incidence, Oral Cavity and Pharynx Cancer Incidence, Cancer in the Medicare Population, and Colorectal Cancer Incidence than both the overall state of Maryland and the U.S. Further, Calvert County is failing to meet the Healthy People 2020 targets for Age-Adjusted Death Rate due to Breast Cancer, Age-Adjusted Death Rate due to Prostate Cancer, and Cervical Cancer Incidence Rate.

Priority Area: Cancer Primary Objective (s):				
 Early detection and treatment Promote healthy lifestyle and 	nt for cancers, increased access to screen d support for cancer survivors			
	age population, reducing negative heat	Ith impact, including risks of lung cance Key Partners	Tactics	Evaluation
Strategy/Action Provide cancer screening and education programs in the community. Provide Oral Cancer Screening to people who smoke, or are over 40. Provide Human Papilloma Virus (HPV) education to dental patients. Expand existing school-based Oral health screenings in the community.	Calvert County residents at risk for cancers. Calvert County residents who smoke, or are over 40 years of age Calvert County residents who utilize the services of the Calvert Community Dental Clinic Low income children who attend Title 1 schools in Calvert County	 Calvert Health Oncology Calvert Community Dental Clinic Maryland Dept. of Health Office of Oral Health Cancer and Tobacco Coalition (Health Department) Calvert County Health Department Local Primary Care Providers American College of Surgeons COC Cigarette Restitution Fund 	 Continue to offer community Events/Health Fairs, Mobile Health Unit that include screening opportunities Coordinate work of the Tobacco and Cancer Coalition and CalvertHealth Cancer Committee to identify where goals and services align, and where there are additional opportunities to improve screenings and referrals to community Develop cancer screening "scorecard" tool for community members detailing recommended screenings and preventative care, and including information on how to access free and low cost screenings. Continue oral screenings and education on HPV infection prevention, and 	Annually track participation rates in screenings and referrals of positive patient findings. Track outcomes of referred patients, when available.

Priority Area: Cancer

Primary Objective (s):

- **1.** Early detection and treatment for cancers, increased access to screening and treatment
- **2.** Promote healthy lifestyle and support for cancer survivors
- 3. Reduce tobacco use in school age population, reducing negative health impact, including risks of lung cancer related illness

Strategy/Action	Target Population	Key Partners	Tactics	Evaluation
Continue to expand survivorship programs.	Patients undergoing cancer treatment, and after cancer treatment.	 CalvertHealth Oncology CalvertHealth Cancer Committee CalvertHealth Outpatient Rehabilitation Calvert County Health Department Local Primary Care Providers American College of 	 cancers for patients at the Calvert Community Dental Clinic Expand dental outreach to include 2 Title 1 middle schools Expand nutritional services, rehabilitation services, and other lifestyle programs to be provided to cancer patients, survivors, and their families. 	Evaluate annually the number of services offered, participation rates, and feedback from participants.
Expand Tobacco Road Show (TRS) program to educate children on risks and health impact of tobacco use, including smoking and vaping.		 Surgeons COC Calvert County Public Schools Calvert County Health Department Calvert County Sherriff's Dept. Resource Officers CalvertHealth Oncology Health Ministry Network 	Expand TRS from middle school only to all 4 county high schools and at least 1 local church youth group, expanding the number of children who are educated.	Evaluate annually number of schools, community members, and youth groups participate in program. Evaluate annually the number of students that report smoking and vaping.

Prioritized Health Topic #2: Heart Disease & Stroke



Primary Data

Survey respondents noted Heart Disease & Stroke as a need to address both personally and in the community. High blood pressure was selected by 14.93% of respondents as a personal health issue. When broken down by race, survey respondents representing communities of color selected high blood pressure as the top health concern for themselves and the community. Heart Disease & Stroke was selected by 16.84% of survey respondents as a community health issue. Additionally, survey respondents chose "chronic disease management services" as a resource needed in the community. Key informants stated chronic disease management would help those living with heart disease. Key informants cited transportation issues, especially among older adults as a barrier to accessing chronic disease management services. For this reason, many of the key initiatives will be centered in places such as the senior centers, mobile health unit, and places of worship in the community.

Secondary Data

From the secondary data scoring results, Heart Disease & Stroke was identified to be a top health need in Calvert County. It had the fifth highest data score of all. Looking at the secondary data, the Medicare population is disproportionately affected by Heart Disease & Stroke in Calvert County. The county has higher percentages than both the state of Maryland and the entire U.S. for many indicators in this category. Given that Older Adults & Aging was one of the top five identified significant health needs for Calvert County based on the data synthesis, and that the population of Calvert County skews slightly older as well, these factors will be integrated into the implementation strategy for the prioritized Heart Disease & Stroke topic area. Once COVID-19 guidance recommends that point of care testing and more preventative services can resume, expanded screenings for heart disease and stroke will be available on the mobile health unit.

Priority Area: Heart Disease and Stroke

Primary Objective (s):

- 1. Improve heart health, and expanded resources to obtain medications to treat hypertension and high cholesterol.
- 2. Increase medication compliance by increasing knowledge and understanding of the purpose of the medications.
- 3. Increase safe activity level and promote continued healthy lifestyle behaviors of people who have suffered from heart disease and stroke
- 4. Increased access to screening and treatment for heart disease & stroke
- 5. Target at-risk and most vulnerable populations, and those disproportionately affected by heart disease & stroke

Strategy/Action	Target Population	Key Partners	Tactics	Evaluation
Provide community resources to increase understanding of medications for management of blood pressure and cholesterol, increase access to medications, and increase compliance.	Calvert County Residents for whom medication for blood pressure and/or cholesterol management has been prescribed	 Calvert County Office on Aging CalvertHealth Pharmacy Local Primary Care Providers Calvert County Health Department Seedco* 	• Increase pharmacist's involvement in the Ask-the- Expert program on the Mobile Health Unit, and at Senior Centers. Offer at least monthly visits for medication management and reconciliation.	Track # of programs offered annually, # of persons seen, and # of referrals for medication assistance.
Continue Cardiac Rehab program	Patients that have been hospitalized for heart disease and stroke	Local Primary Care providers and cardiologists		Track # of hospitalizations that program patients experience in 6 months after completing cardiac rehab program
Expand Mobile Health Unit services to include cholesterol screening along with a consultation with a local PCP.	Calvert County residents at risk for high cholesterol, heart disease, and stroke.	 Local food pantries CalvertHealth Primary Care Seedco* Translation services Health Ministry Network 	 Expand services provided on Mobile Health Unit and increase # of clinics offered in community. Have resources available during clinics to address access to care challenges, and insurance coverage. 	Track annual enrollment in health insurance, and scheduled appointments with PCP. Track # of people getting POC testing ** see reference above regarding POC testing during pandemic
Utilize the Health Ministry Network members and active partners to provide expanded outreach to more African American and Latino community members	African American and Latino community members	 Calvert County faith communities Holy Cross Health – Faith Community Network 	 Increase diversity of Health Ministry Network members and active partners Engage Health Ministry Network to bring heart disease and stroke education to their parishioners, and to expand reach to minority population of Calvert County. 	Attendance at monthly Health Ministry Network meetings Track parish-based educational programs and # participants

* Seedco provides assistance in determining eligibility for, and enrolling in the Maryland Health Connection. For more information about Seedco's services, visit: https://www.seedco.org/maryland/

Prioritized Health Topic #3: Mental Health & Mental Disorders

Mental Health & Mental _____ Disorders

Key Themes from Community Input

- Mental health and behavioral health services was the most commonly selected resource needed in the community
- Key Informants believe there is a need for mental/behavioral health interventions in school



- Age-Adjusted Hospitalization Rate due to Pediatric Mental Health
- Age-Adjusted Hospitalization Rate due to Adolescent Suicide and Intentional Self-inflicted Injury

Primary Data

Mental Health, including Behavioral Health and Stress, was selected by 29.12% of survey respondents as a health issue in the community. All key informants spoke of mental health issues in the community, the need for more services including inpatient and outpatient programs, and specifically expressed concern for school-aged children. Key informants stated that fear and anxiety among children and their parents was high when schools were closed due to the stay-at-home orders related to the COVID-19 pandemic. When this implementation plan was initiated, the 2020/2021 school year had begun with public schools providing almost all virtual instruction. At the time of this document being published, some students had returned to the physical classroom and school buildings, but many had not. Additionally at the time of writing this document, the pandemic is on a second wave, and there is a possibility that schools may return to mostly virtual. This ever-changing environment may serve to increase fear, anxiety, and mental health issues. Virtual learning will also challenge the ability of healthcare professionals to provide some face to face programs that would normally be provided to school age children in the community. This plan is being written with the expectation that some face to face programs will return over the next 3 years, but not knowing the timeline for that return.

"Services for Adolescents", including smoking and vaping education/cessation, healthy lifestyle and mental health support, was chosen by 39.55% of survey respondents as services the community would benefit from. Smoking, vaping, and tobacco use is being addressed in the Cancer priority section. "More Mental Health and Behavioral Health Services" was noted as the most needed resource for the community (as selected by 44.66% of survey respondents). Additionally, the need for "Emotional Wellness and Stress Reduction Services" was selected by 28.97% of survey respondents. Key informants expressed concern about the long waits to access mental health services.

Secondary Data

From the secondary data scoring results, Mental Health & Mental Disorders was identified to be a top health need in Calvert County The secondary data reveal that Mental Health & Mental Disorders affect children and adolescents in Calvert County. The Rates of Hospitalizations due to Adolescent Suicide and Intentional Self-Inflicted Injury as well as Pediatric Mental Health are more than double the overall Maryland state values. Furthermore, the Death Rate Due to Suicide in Calvert County is not only higher than both Maryland and the U.S., but also has 16.5 deaths per 100,000 population, which is higher than the CDC Healthy People 2020 target of 10.2 deaths per 100,000 population.

Substance Abuse was one of the top 11 health needs identified on the community needs assessment. Because it is very closely related to Mental Health and Mental Health disorders, strategies around addressing substance misuse and abuse will be addressed under the priority area of Mental Health and Mental Health Disordes.

Priority Area: Mental Health & Mental Disorders Primary Objective (s):

1. Improve services and resources to help combat bullying and prevent suicide.

Strategy/Action	Target Population	Key Partners	Tactics	Evaluation
Increase awareness and prevention techniques for suicide & bullying in school age children. Increase identification of children at risk for suicide and provide appropriate referral and intervention	School age children in Calvert County	 Calvert County Public Schools Local family practice and pediatrician offices Calvert County Health Department CalvertHealth Behavioral Health Unit Calvert Hospice Health Ministry Network 	 Bring tools and resources to teachers, family practice and pediatrician practice offices, and other community stakeholders. <u>Resources suggested</u>: Mental Health first aid training: <u>https://www.mhamd.org/what- we-do/training/mental-health- first-aid-maryland/</u> BHIPP Adverse Childhood Events screening tool Initiate Town Hall meeting in high schools to address mental health and suicide 	Implementation and adoption of appropriate tools # of events scheduled, and number of attendees
Collaborate with community partners to address behavioral health and substance abuse.	Calvert County residents	Local Behavioral Health Advisory Council	 Create a Mental Health and Substance Abuse subcommittee of the Community Health Improvement Roundtable Conduct a crosswalk to identify where goals and strategies align among various community agencies addressing Behavioral Health and Substance abuse, and where gaps in care and services may be. 	Implementation of subcommittee Actionable goals and metrics will be set by subcommittee, and a dashboard will be created to track trends and attainment of goals Review of crosswalk with resulting gap analysis
Collaborate with community partners to increase awareness of and resources for	Adult Calvert County residents over the age of 50.	 Calvert County Office on Aging Local Primary Care Providers Calvert County Health Department 	 Identify tools appropriate for suicide, depression, and anxiety screening in older adult population. 	Implementation and adoption of appropriate tools

Priority Area: Mental Health & Mental Disorders

Primary Objective (s):

1. Improve services and resources to help combat bullying and prevent suicide. 2.

Strategy/Action	Target Population	Key Partners	Tactics	Evaluation
suicide, depression and anxiety in aging adults.		Calvert HospiceHealth Ministry Network	 Work with community partners to implement use of these tools. Collaborate with Health Ministry Network and Calvert Hospice to bring bereavement programs to local faith communities. 	# of events scheduled, and number of attendees
Foster access to care and continuity of care and treatment throughout various sectors of the community related to mental and behavioral health	Calvert County residents	 Calvert County Public Schools Local Primary Care Provider offices Calvert County Health Department CalvertHealth Behavioral Health Unit Local Behavioral Health Advisory Council 	 Create a Mental Health and Substance Abuse subcommittee of the Community Health Improvement Roundtable. Identify "gaps" in care and services that need to be filled, and work with community partners to address strategy to meet those needs. Make sure that primary care (somatic and physical health) is included in the strategy. Increase availability, accessibility, and awareness of community hotline numbers available for crisis situations Expand inpatient and partial hospitalization services on Behavioral Health Unit. 	Implementation of subcommittee Actionable goals and metrics will be set by subcommittee, and a dashboard will be created to track trends and attainment of goals.

Prioritized Health Topic #4: Exercise, Nutrition & Weight

Exercise, Nutrition & Weight

Key Themes from Community Input

- Over 25% of survey respondents noted this as a personal health issue
- Key Informants focused on the need for more places to exercise

Warning

Secondary Data Score:

Adults Who Are Obese

Indicators

- Food Insecure Children Likely Ineligible for Assistance
- Access to Exercise Opportunities
- People with Low Access to a Grocery Store
- SNAP Certified Stores
- Recreation and Fitness Facilities

Primary Data

Results from the community survey and key informant interviews support the secondary warning indicator of Adults who are Obese in the community. The survey results show Exercise, Nutrition & Weight as the second top health challenge survey respondents personally experience. When broken down by gender, 29.41% of women selected this as the top personal health issue. Key informants noted lack of healthy lifestyle opportunities as contributors to the higher obesity rates in their community. They emphasized the need for more spaces to exercise in the community and specifically requested more sidewalks for people to walk safely. Concern was noted about adolescents' high level of "screen time" versus time spent on healthier lifestyle choices like exercising.

Secondary Data

From the secondary data scoring results, Exercise, Nutrition, & Weight (including Obesity) was identified to be a top health need in Calvert County.

Overweight and obesity are areas of overwhelming concern for Calvert County, as the percent of adults who are obese is trending upward. The percent is higher in Calvert County (37.2%) than in both Maryland as a whole (31.5%) and the nation overall (30.9%). Additionally, in Calvert County, food insecurity in children and access to exercise opportunities were areas of concern in the secondary data scoring. Although Diabetes was not specifically identified in the community needs assessment as one of the top needs, it has been identified by the Maryland Department of Health as a top concern in the State. The Maryland Department of Health released a 2019-2024 Diabetes Action Plan to be implemented across the State, with specific recommendations for local communities. With this in mind, the Community Health Improvement Roundtable will establish a Diabetes subcommittee to oversee an action plan for Calvert County. Because of its close link to Exercise, Nutrition, and Weight, the work of the Diabetes subcommittee will fall under this priority area.

Priority Area: Exercise, Nutrition, and Weight (including obesity)

Primary Objective (s):

- 1. Increase access to programs that promote a healthy lifestyle that incorporates exercise, nutrition, healthy weight, and other health behaviors
- 2. Offer individualized programs on fitness and nutrition for community members over 50.
- 3. Increase safe activity level and promote continued healthy lifestyle behaviors of people who have suffered from heart disease, stroke, and other chronic disease conditions
- 4. Implement strategies based on the Maryland Department of Health Diabetes Action Plan

Strategy/Action	Target Population	Key Partners	Tactics	Evaluation
Address and promote exercise, nutrition, healthy weight, and healthy lifestyle Continue to offer healthy lifestyle programs through low cost and free programs that focus on fitness, physical activity and weight management.	All Calvert County residents	 Health Ministry Network CoreLife Calvert County Health Department Stroke Support Group Diabetes Support Group Office on Aging Local primary care and pediatrician offices 	 Partner with Core Life to expand fitness and nutrition services to county residents Initiate new programs targeting diabetic and stroke patients to increase physical activity and improve quality of life Utilize Office on Aging partnership to offer individualized programs on fitness and nutrition for community members over 50 Collaborate with Calvert County Public Schools to provide resources related to healthy lifestyle and disease prevention in the public schools Provide events, promotions, education, or awareness campaigns around a different theme each month throughout the calendar year 	Monitor # of programs offered monthly and annually and # of participants. Monitor schedule of events and promotions and track # of participants, giveaways, etc.
Implement a Diabetes Action Plan for Calvert County that is based on the Maryland Department of Health Action Plan	Calvert County residents most at risk for diabetes	 Calvert County Health Department Local primary care providers, pediatricians, Ob/GYN providers, and endocrinologists Calvert County Public Schools Calvert County Office on Aging Health Equity Coalition 	Establish Diabetes subcommittee of Community Health Improvement Roundtable to review MDH action plan and set 3 year implementation plan for Calvert County	Implementation of subcommittee Actionable goals and metrics will be set by subcommittee, and a dashboard will be created to track trends and attainment of goals



CALVERT HEALTH SYSTEM PRINCE FREDERICK, MARYLAND 20678

Policy Name: Financial Assistance Policy Number: BD9 Category: □ Clinical ✓ Non- Clinical Review Responsibility: Director, Patient Financial Services Vice President, Finance/CFO Approved By: Chairman, Board of Directors President & CEO Vice President, Finance/CFO Effective Date: 07/01/2019 Review/Revision Dates: 7/93, 6/96, 4/99, 8/02, 8/03, 10/04, 1/08, 8/09, 4/11, 4/14, 11/15, 2/17, 5/19,1/20, 11/20 Associated Documents/Policies:

The policies set forth do not establish a standard of care to be followed in every case. It is recognized that each case is different and those individuals involved in providing health care are expected to use their clinical judgment in determining what is in the best interests of the patient, based on the circumstances existing at the time. It is impossible to anticipate all possible situations that may exist and to prepare policies for each. Accordingly, these policies should be considered to be guidelines to be consulted for guidance with the understanding that departures from them may be required at times.

I. PURPOSE:

The purpose of this policy is to determine when financial assistance will be offered to a patient based upon the patient's ability to obtain assistance through state and local agencies and the patient's ability to pay. This policy will assist Calvert Health System (CHS) in managing its resources responsibly and ensure that it provides the appropriate level of financial assistance to the greatest number of persons in need.

II. SCOPE:

This policy applies to all patients of CHS for all medically necessary services ordered by a physician. Hospital employed providers or those employed of a single member LLC where the hospital holds membership; and or employed providers of a legal entity established as a partnership with the CHS maintains a capital or profit interest in its existence will adhere to policy.

III. DEFINITIONS:

For the purpose of this policy, the terms below are defined as follows:



Amounts Generally Billed (AGB) – The CHS determination of AGB will be the allowed amounts as determined by Medicare, including the patient responsibility of the total.

Charity Care: Healthcare services that have or will be provided but are never expected to result in cash inflows. Charity care results from the Hospital's Financial Assistance Policy to provide healthcare services free or at a discount to individuals who meet the established criteria.

Family: Using the United States Census Bureau's definition, a group of two or more people who reside together and who are related by birth, marriage, or adoption. According to the Internal Revenue Service rules, if the patient claims someone as a dependent on their individual income tax return, they may be considered a dependent for purposes of the provision of financial assistance.

Family Income: Family Income is determined using the Census Bureau definition, which uses the following income when computing federal poverty guidelines:

- Includes earnings, unemployment compensation, workers' compensation, Social Security, Supplemental Security Income, public assistance, veterans' payments, survivor benefits, pension or retirement income, interest, dividends, rents, royalties, income from estates, trusts, educational assistance, alimony, child support, assistance from outside the household, and other miscellaneous sources;
- Noncash benefits (such as food stamps and housing subsidies) do <u>not</u> count;
- Determined on a before-tax basis;
- Excludes capital gains or losses; and
- If a person lives with a family, includes the income of all family members (Non-relatives, such as housemates, do not count).

Uninsured: The patient has no level of insurance or third party assistance to assist with meeting his/her payment obligations.

Underinsured: The patient has some level of insurance or third party assistance but still has out-of-pocket expenses that exceed his/her financial abilities.

IV. POLICY & PROCEDURE:

Policy:

CHS is committed to providing financial assistance to persons who have healthcare needs and are uninsured, underinsured, ineligible for a government program, or otherwise unable to pay, for medically necessary care based on their individual financial situation. Consistent with its mission to deliver



compassionate, high quality, affordable healthcare services and to advocate for those who are poor and disenfranchised, CHS strives to ensure that the financial capacity of people who need health care services does not prevent them from seeking or receiving care.

Financial Assistance is not considered to be a substitute for personal responsibility. Patients are expected to cooperate with CHS's procedures for obtaining financial assistance or other forms of payment or assistance, and to contribute to the cost of their care based upon their individual ability to pay. Individuals with the financial capacity to purchase health insurance shall be encouraged to do so, as a means of assuring access to health care services, for their overall personal health, and for the protection of their individual assets.

In order to manage its resources responsibly and to allow CHS to provide the appropriate level of assistance to the greatest number of persons in need, the Board of Directors establishes the following guidelines for the provision of financial assistance.

Procedure:

- **A.** Services Eligible Under this Policy: For purposes of this policy, financial assistance or "charity" refers to healthcare services provided without charge or at a discount to qualifying patients. The following healthcare services are eligible for financial assistance:
 - 1. Emergency medical service provided in an emergency room setting;
 - 2. Services for a condition which, if not promptly treated, would lead to an adverse change in the health status of an individual;
 - 3. Non-elective services provided in response to lifethreatening circumstances in a non-emergency room setting; and
 - 4. Medically necessary services, evaluated on a case-by-case basis, at CHS's.
- **B.** Eligibility for Financial Assistance ("Charity Care"): Eligibility for financial assistance will be considered for those individuals who are uninsured, underinsured, ineligible for any government health care benefit program, and who are unable to pay for their care, based upon a determination of financial need in accordance with this Policy. The granting of financial assistance shall be based on an individualized determination of financial need, and shall not take into account age, gender, race, social or immigrant status, sexual orientation or religious affiliation. The hospital will make a determination of probable eligibility



within 2 business days following a patient's request for charity care services, application for medical assistance, or both. Patients with insurance are eligible to receive financial assistance for deductibles, coinsurance, or co-payment responsibilities as long as they demonstrate financial need that meet the policy requirements as outlined in this Policy.

C. Determination of Financial Need:

- 1. Financial need will be determined in accordance with procedures that involve an individual assessment of financial need; and will
 - a. Include an application process, in which the patient or the patient's guarantor are required to cooperate and supply personal, financial and other information and documentation relevant to making a determination of financial need. The application form is the Maryland State Uniform Financial Assistance Application.
 - b. Include the use of external publically available data sources that provide information on a patient's or a patient's guarantor's ability to pay (such as credit scoring);
 - c. Include reasonable efforts by CHS to explore appropriate alternative sources of payment and coverage from public and private payment programs;
 - d. Take into account the patient's available assets, and all other financial resources available to the patient; and
 - e. Include a review of the patient's outstanding accounts receivable for prior services rendered and the patient's payment history.
- 2. It is preferred but not required that a request for financial assistance and a determination of financial need occur prior to rendering of services. However, the determination may be done at any point in the collection cycle. The need for payment assistance shall be re-evaluated at each subsequent time of services if the last financial evaluation was completed more than 12 months prior, or at any time additional information relevant to the eligibility of the patient for financial assistance becomes known.
- 3. The Financial Advocate or designee shall attempt to interview all identified self-pay inpatients. The Financial Advocate shall make an initial assessment of eligibility for public/private assistance, or if it is determined that the patient would not meet the criteria for public assistance and the patient has a financial need, then financial assistance may be considered.



4. If a patient may potentially meet criteria to obtain assistance with their medical bills through appropriate agencies, the patient has the following responsibilities:

1) Apply for assistance.

2) Keep all necessary appointments.

3) Provide the appropriate agency with all required documentation.4) Patients should simultaneously apply for any need base program that can potentially provide financial sponsorship.

- 5. Patients must provide all required documentation to support their Financial Assistance Application in order to prove financial need. Exhibit A displays the list of documentation to support the determination of need for financial assistance. Patients requesting financial assistance may be required to consent to release of the patient's credit report to validate financial need. The Financial Advocate should review the completed financial assistance application and complete a checklist of required information and forward this documentation request to the patient. The hospital encourages the financial assistance applicant to provide all requested supporting documentation to prove financial need within ten business days of completing the Financial Assistance Application; otherwise, normal collection processes will be followed. In general, CHS will use the patient's three most current months of income to determine annual income.
- 6. Patients are not eligible for the financial assistance program if: a) they refuse to provide the required documentation or provide incomplete information; b) the patient refuses to be screened for other assistance programs even though it is likely that they would be covered by other assistance programs, and c) the patient falsifies the financial assistance application.
- 7. Upon receipt of the financial assistance application, along with all required documentation, the Financial Advocate will review the completed application against the following financial assistance guidelines:
 - a. If the patient is over the income scale, the patient is not eligible for financial assistance and the account should be referred to the Supervisor of Financial Services, although the account should be reviewed to determine if it would potentially qualify under the catastrophic illness or medical indigence exception to this Policy's



income levels. A letter will be sent to all patients who fail to meet the financial assistance guidelines explaining why they failed to meet the guidelines along with an invitation to establish a payment plan for the medical bill.

- b. If the patient is under scale but has net assets of \$14,000 or greater, then the request for charity will be reviewed on an individual basis by the Manager of Financial Services to determine if financial assistance will be provided. The patient may be required to spend down to \$14,000 of net assets in order to qualify for financial assistance.
- c. Once the patient has provided the required documentation to prove financial need, the Financial Advocate should review and evaluate the financial assistance application against the above guidelines and make a determination whether to request approval or to deny the application. If the Financial Advocate or designee believes the application meets the above guidelines, the Financial Advocate should sign the application on the line: "Request for Approval of the Financial Assistance Application" and forward the completed application and all supporting documentation to the following individuals as appropriate:
 - i. Manager (\$100.00 to \$999.99)
 - ii. Director of Financial Services (\$1000.00 to \$9,999.99)
 - iii. Vice President of Finance (\$10,000 to \$24,999.99)
 - iv. Vice President of Finance & President & CEO (\$25,000 and over)

Once administrative approval of the charity adjustment is obtained, the approved application and all supporting documentation are forwarded to the Manager of Financial Services who makes the actual adjustment. Patients will receive written notification when the application is approved, denied, or pended for additional documentation.

8. CHS's values of human dignity and stewardship shall be reflected in the application process, financial need determination and granting of financial assistance. Requests for financial assistance shall be processed promptly and CHS shall notify the patient or applicant in writing once a determination has been made on a financial assistance application. Patients who disagree with the hospitals determination have the right to appeal. The appeal must be filed within 15 days of the determination and the appeal will be



reviewed by the Director of Patient Financial Services. The patient will be notified in writing of the final determination.

- 9. The services and companies listed below are not billed by the hospital. It outlines which entities will accept and abide by our decision to provide financial assistance.
 - a. Emergency Room Physicians (Alteon Health) Accept
 - b. American Radiology Accept
 - c. Hospitalist Services Accept
 - d. North American Partners in Anesthesia Accept
 - e. Quest Diagnostics Does Not Accept
 - f. All American Ambulance Does Not Accept
 - g. Pathology Does Not Accept
 - h. Grace Care, LLC Does Not Accept
 - i. Lab Corp Does Not Accept
- **D. Presumptive Financial Assistance Eligibility:** There are instances when a patient may appear eligible for financial assistance discounts, but there is no financial assistance form on file due to a lack of supporting documentation. Often there is adequate information provided by the patient or through other sources, which could provide sufficient evidence to provide the patient with financial assistance. In the event there is no evidence to support a patient's eligibility for financial assistance, Calvert Health System could use outside agencies in determining estimate income amounts for the basis of determining financial assistance eligibility and potential discount amounts. Once determined, due to the inherent nature of the presumed circumstances, the only discount that can be granted is a 100% write-off of the account balance. Presumptive eligibility may be determined on the basis of individual life circumstances that may include::
 - 1. State funded prescription programs
 - 2. Homeless or received care from a homeless shelter
 - 3. Participation in Women, Infants, & Children (WIC) Program
 - 4. Households with children in the free or reduced lunch program
 - 5. Patient is deceased with no estate
 - 6. Low income/subsidized housing is provided as a valid address
 - 7. Low-income-household energy assistance program
 - 8. Supplemental Nutritional Assistance Program (SNAP)
 - **9.** Primary Adult Care Program (PAC), until such time as inpatient benefits are added to the PAC benefit package



- **10.** Eligibility for other state or local assistance programs that are unfunded (e.g. Medicaid spend-down)
- **11.** Patient is active with any other needs based program where the financial requirements regarding the federal poverty level match or exceed CalvertHealth System's Financial Policy income threshold.

Calvert Health System may utilize technology to identify patient populations presumed as eligible for financial assistance that may not complete the application process. Financial data mining software may be used to establish proof of eligibility to support 100% discounting of a specific date of service. In these instances, guarantors will be encouraged to complete a financial assistance.

- **E. Patient Financial Assistance Guidelines:** Services eligible under this Policy will be made available to the patient on a sliding fee scale, in accordance with financial need, as determined in reference to Federal Poverty Levels (FPL) in effect at the time of determination, as follows:
 - 1. Patients whose family income is at or below 200% of the FPL are eligible to receive free care;
 - 2. Patients whose family income is above 200% but not more than 300% of the FPL are eligible to receive services on a sliding fee scale (i.e. percentage of charges discount);
 - 3. Patients whose family income exceeds 300% of the FPL may be eligible to receive discounted rates on a case-by-case basis based on their specific circumstances, such as catastrophic illness or medical indigence, at the discretion of CHS. Typically, in these cases the outstanding medical bill is subtracted from the estimated annual income to determine any spend-down amount that meets a corresponding financial assistance discount level.
 - 4. Patients whose family income exceeds 500% of the FPL may be considered for medical hardship on a case-by-case basis with additional financial and medical required information.

Example:

Financial Assistance Sliding Scale Free and Discounted Care			
Federal Poverty			
Level Percentages	% Of Discount		
0-200%	100% Free Care		
201 - 250%	80% - Patient pays 20% of bill		
251 - 300%	60% - Patient pays 40% of bill		
301 - 350%	40% - Patient pays 60% of bill		



351 - 400%	20% - Patient pays 80% of bill
401-500%	10% - Patient pays 90% of bill
Above 500%	Medical Hardship Consideration

5. The Health Services and Cost Review Commission (HSCRC) establish CHS's fees and charges. Any patient share amounts for partial Financial Assistance approvals will be limited to the amounts generally billed (AGB) as determined by the commission.

Example:

Gross	Medicare	Sliding	Total	Patient's
Charges	Allowed	Scale	Financial	Share
	Amount	Award	Assistance	
	(AGB)		Granted	
\$100.00	\$94.00	60%	\$56.40	\$37.60
SI	iding scale de	termines eac	ch patient's shai	e.

- F. Communication of the Financial Assistance Program to Patients and the Public: Notification about the availability of financial assistance from CHS, which shall include a contact number, shall be disseminated by CHS by various means, which shall include, but are not limited to, the publication of notices in patient bills, the Emergency Department, admitting and registration departments, and patient financial services offices. Information shall be included on the hospital's website and in the Patient Handbook. In addition, notification of the Hospital's financial assistance program is also provided to each patient through a plain language summary provided each patient at the time of registration. Such information shall be provided in the primary languages spoken by the population serviced by CHS. Referral of patients for financial assistance may be made by any member of the CHS staff or medical staff, including physicians, nurses, financial counselors, social workers, case managers, and chaplains. The patient or a family member, close friend, or associate of the patient, subject to applicable privacy laws, may make a request for financial assistance.
- G. Patients Qualifying for Assistance Unable to Pay Insurance Premiums may be referred to the CHS Foundation for potential programs that sponsor payment of premiums for indigent guarantors on a case-by-case basis. The Foundation will determine any eligibility requirements for grants, matching the patient's needs with the



appropriate program. Sponsorship for premium payments includes COBRA, Affordable Care Act and specific programs tailored to specific health care specialties to assist patients with financing the cost of their care.

- **H. Relationship to Collection Policies:** CHS's management shall develop policies and procedures for internal and external collection practices that take into account the extent to which the patient qualifies for financial assistance, a patient's good faith effort to apply for a governmental program or for financial assistance from CHS, and a patient's good faith effort to comply with his or her payment agreements with CHS. During the financial assistance application process, the hospital will not send unpaid bills to outside collection agencies if the patient cooperates with the application process.
- **I. Regulatory Requirements:** In implementing this Policy, CHS shall comply with all federal, state, and local laws, rules, and regulations that may apply to activities conducted pursuant to this Policy.
- **J.** Contact Information to Apply: Please contact our Financial Counseling Department at 410-535-8268 for assistance with the application process. Written correspondence should be forwarded to 100 Harrow Lane, Prince Frederick, MD, 20678.



Exhibit A

Documentation Requirements

Verification of Income:

- Copy of last year's Federal Tax Return
- Copies of last three (3) pay stubs
- Copy of latest W (2) form
- Written verification of wages from employer
- Copy of Social Security award letter
- Copy of Unemployment Compensation payments
- Pension income
- Alimony/Child Support payments
- Dividend, Interest, and Rental Income
- Business income or self-employment income
- Written verification from a governmental agency attesting to the patient's income status
- Copy of last two bank statements

Size of family unit:

- Copy of last year's Federal Tax Return
- Letter from school

Patient should list on the financial assistance application all assets including:

- Real property (house, land, etc.)
- Personal property (automobile, motorcycle, boat, etc.)
- Financial assets (checking, savings, money market, CDs, etc.)

Patient should list on the financial assistance application all significant liabilities:

- Mortgage
- Car loan
- Credit card debt
- Personal loan

 From:
 Christopher Yeiser

 To:
 Hilltop HCB Help Account

 Subject:
 FW: Clarification Required - CalvertHealth FY 21 Community Benefit Narrative

 Date:
 Thursday, May 26, 2022 1:11:07 PM

 Attachments:
 image002.png image003.png

Christopher Yeiser Policy Analyst The Hilltop Institute

<u>cyeiser@hilltop.umbc.edu</u>



From: Golway, Mary <Mary.Golway@Calverthealthmed.org>
Sent: Thursday, May 26, 2022 1:09 PM
To: Christopher Yeiser <cyeiser@hilltop.umbc.edu>
Subject: RE: Clarification Required - CalvertHealth FY 21 Community Benefit Narrative

Please see my corrections below. Additionally, questions 218,219, and 139 have been completed using the link provided. Please let me know if anything else is needed.

Mary Golway, MSN, RN, NPD-BC Director of Education & Training and Community Wellness

100 Hospital Road Prince Frederick, MD 20678 / 410-535-8134 / mary.golway@calverthealthmed.org



From: Christopher Yeiser <<u>cyeiser@hilltop.umbc.edu</u>>
Sent: Wednesday, May 18, 2022 9:38 AM
To: Hilltop HCB Help Account <<u>hcbhelp@hilltop.umbc.edu</u>>; Golway, Mary
<<u>Mary.Golway@Calverthealthmed.org</u>>

Subject: Clarification Required - CalvertHealth FY 21 Community Benefit Narrative

CAUTION: This email originated from outside the organization. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Thank you for submitting the FY 2021 Hospital Community Benefit Narrative report for CalvertHealth Medical Center. In reviewing the narrative, we encountered a few items that require clarification:

- Your response to Question 34 on page 4 of the attached explains that HCI used Neilsen Claritas Population Estimates to identify your hospital's CBSA. Please elaborate on the process used to define the CBSA based on these population estimates, especially the process for selecting zip codes that should be included in the CBSA but were not identified as high need through the CHNA.
 - Your response to Question 34 indicated that 20689 (Sunderland) was identified as part of your CBSA as an area with high socioeconomic need, but that ZIP code was not selected in Question 14 on page 2. Did you intend to select 20689 in Question 14?
 - The following ZIP codes were selected in Question 14 on page 2 but were not addressed in Question 34: 20615, 20629, 20639, 20676, 20685, 20688, 20736, and 20754. Please clarify how your hospital decided to include these ZIP codes in the CBSA.

For question 14, the intent was to identify all of Calvert County as the Community Benefit Service Area since we are the only hospital in the county. So, 20610 and 20689 should have been checked. 20758 is Friendship, which is in a neighboring county. In question 34, the areas with the highest need and targeted outreach efforts were specified.

• For Question 44, on page 5, your hospital's facility-level CB/Community Health/Population Health Director is listed as "N/A – Position or Department does not exist," but for Question 46, on page 7, the same entity is listed as helping with your hospital's community benefit activities in several ways. Please clarify the status of this entity.

For Question 44, please correct: the facility-level CB/Community Health/Population Health Director is:

- A member of the CHNA committee
- Participated in the development of the CHNA process,
- Participated in primary data collection
- Participated in identifying priority health needs
- Participated in identifying community resources to meet health needs
- For Questions 218, 219, and 139 on page 20, no response was given. Please respond to Question 218 and 219, as well as Question 139 if applicable, using the following supplemental survey: <u>https://umbc.co1.qualtrics.com/jfe/form/SV_3vLplUkpdH7VmUS?</u>
 Q_CHL=gl&Q_DL=nQbORLXInrckClu_3vLplUkpdH7VmUS_CGC_YdyYBV7aLB1sJeP

Please complete the supplementary survey linked above and provide all other clarifying answers as a response to this message.

Q135. Section IV - Physician Gaps & Subsidies

Q218. As required under HG§19-303, please select all of the gaps in physician availability resulting in a subsidy reported in the Worksheet 3 of financial section of Community Benefit report. Please select "No" for any physician specialty types for which you did not report a subsidy.

	Is there a gap subs	resulting in a sidy?	What type of subsidy?
	Yes	No	
Allergy & Immunology	۲	\bigcirc	✓
Anesthesiology	۲	\bigcirc	Non-resident house staff and hospitalists
Cardiology	۲	\bigcirc	Coverage of emergency department call
Dermatology	0	۲	•
Emergency Medicine	0	۲	✓
Endocrinology, Diabetes & Metabolism	0	۲	✓
Family Practice/General Practice	0	۲	✓
Geriatrics	0		✓
Internal Medicine		\bigcirc	Non-resident house staff and hospitalists
Medical Genetics	0	۲	▼
Neurological Surgery	۲	\bigcirc	Physician recruitment to meet community need V
Neurology	0	۲	· · · · · · · · · · · · · · · · · · ·
Obstetrics & Gynecology	0		
Oncology-Cancer		\bigcirc	Physician recruitment to meet community need V
Ophthamology	0		· · · · · · · · · · · · · · · · · · ·
Orthopedics		\bigcirc	Coverage of emergency department call
Otololaryngology	0	۲	· · · · · · · · · · · · · · · · · · ·
Pathology	0	۲	✓
Pediatrics		\bigcirc	Non-resident house staff and hospitalists
Physical Medicine & Rehabilitation	0	۲	✓
Plastic Surgery	0	۲	✓
Preventive Medicine	0	۲	✓
Psychiatry		0	Non-resident house staff and hospitalists
Radiology		\bigcirc	Non-resident house staff and hospitalists
Surgery		0	Coverage of emergency department call
Urology		\bigcirc	Coverage of emergency department call
Other. (Describe) Gastroenterology, Vascular, Intensive Care, Infection Control	۲	0	Coverage of emergency department call

Q219. Please explain how you determined that the services would not otherwise be available to meet patient demand and why each subsidy was needed, including relevant data. Please provide a description for each line-item subsidy listed in Worksheet 3 of the financial report.

CalvertHealth Medical Center engages in various physicians and/or physician groups to ensure the medical center and community of Calvert County medical and hospital needs are met. This includes ensuring specialty areas such as cardiology, orthopedic, surgery, gastroenterology, vascular, etc. are available for emergency on-call. This is needed as the medical center does not employ and the community has a limited number of physicians in these specialized areas. Therefore, the physician subsidy expenses are recognized by CalvertHealth as a community need. Additionally, the medical center has a hospitalist program which is a subsidy to the medical center to provide 24/7 physician rounding of all patients including pediatrics. Other physician subsidy needs the medical center incurs due to non-employment of house staff are anesthesiologist for all surgeries, radiologists to meet the needs of imaging services for emergency and admitted patients, intensive care providers, and infection control to meet the recent pandemic needs of the community within the medical center. Lastly, CalvertHealth has engaged various specialty physicians and physician groups to meet the specialized health needs of the community, which include a GYN/Oncology clinic, Neurosurgery Center, and a Spine Clinic for the medically underinsured population.

Q139. Please attach any files containing further information and data justifying physician subsidies your hospital.

