

Maryland Care Transitions Steering Committee

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SCHOOL OF MEDICINE

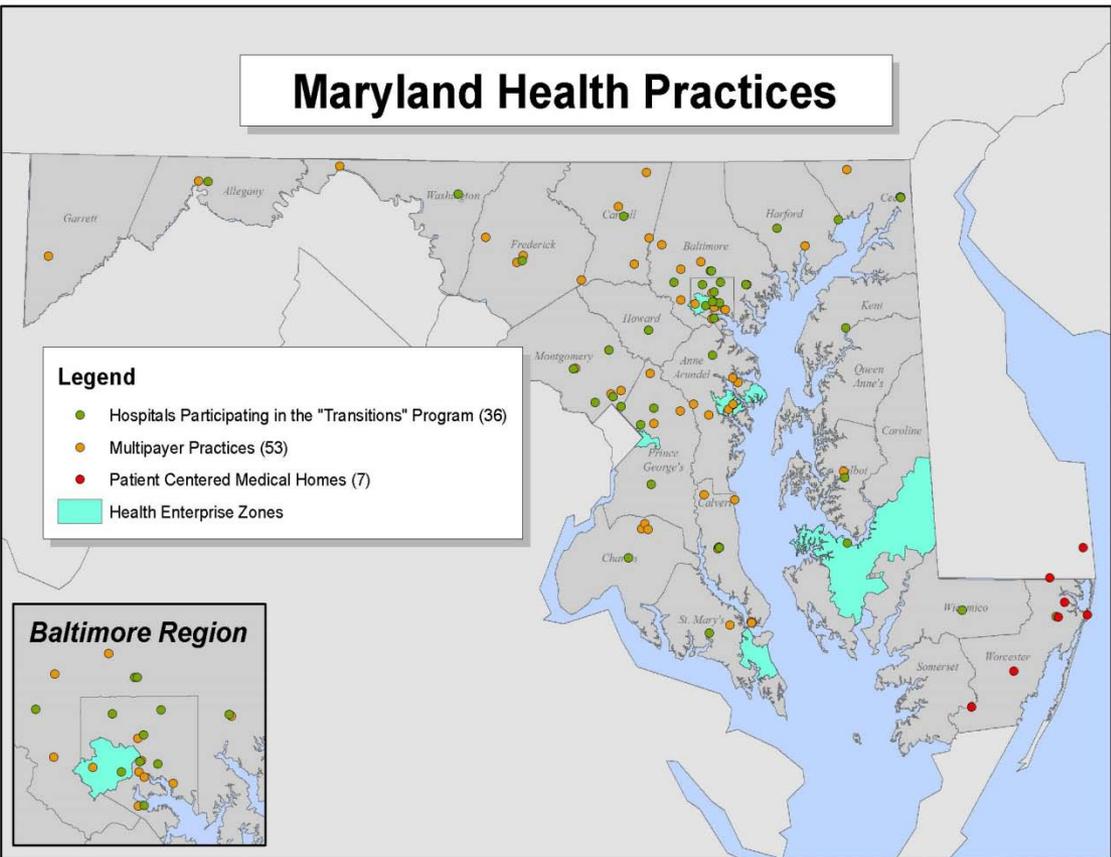
Collaboration at Two Levels

- Local Level
 - Hospitals work with cross continuum teams to improve care transitions and reduce readmissions
- State Level
 - Steering Committee to provide visibility and mobilize solutions to common systemic challenges

Reducing readmissions and improving care across settings involves

IMPROVING CARE

- Within settings
- Between settings
- Across numerous settings, over time
- Within disciplines
- Among disciplines
- Across clinical and non-clinical boundaries



Source: Maryland Hospital Association
June 2013



Steering Committee Representation



Care Transitions Steering Committee Goals



Reduce Readmissions (10 percent, across payers, across hospitals)



Increase:

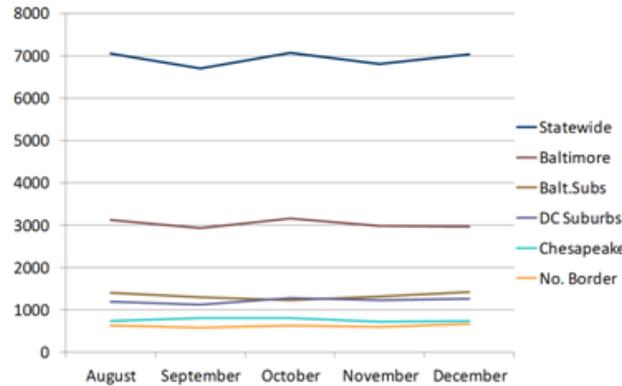
- Cross-continuum partnerships at local level
- Association and organizational partnerships at state level
- Education and training opportunities for clinical and service providers
- Use of the health information exchange

Steering Committee Dashboard

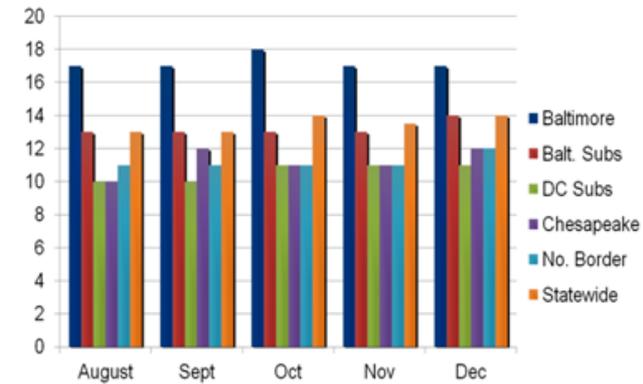
Care Transitions Steering Committee Goals

- ↓ Reduce Readmissions (10 percent, across payers, across hospitals)**
- ↑ Increase:**
- Cross-continuum partnerships at local level
 - Association and organizational partnerships at state level
 - Education and training opportunities for clinical and service providers
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Number of Readmissions by Region August – December 2013

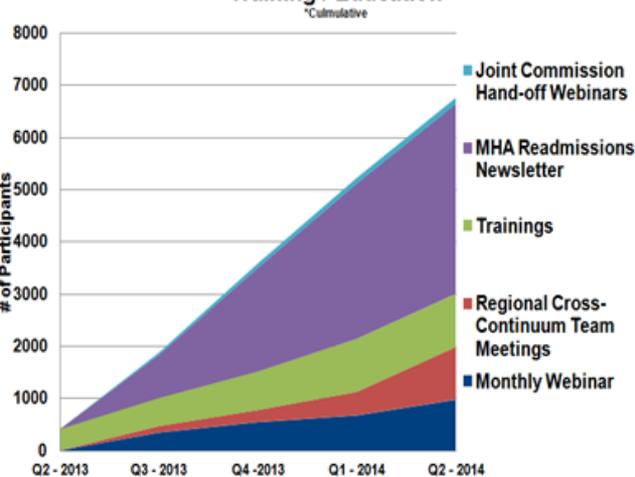


Readmission Rates by Region August – December 2013

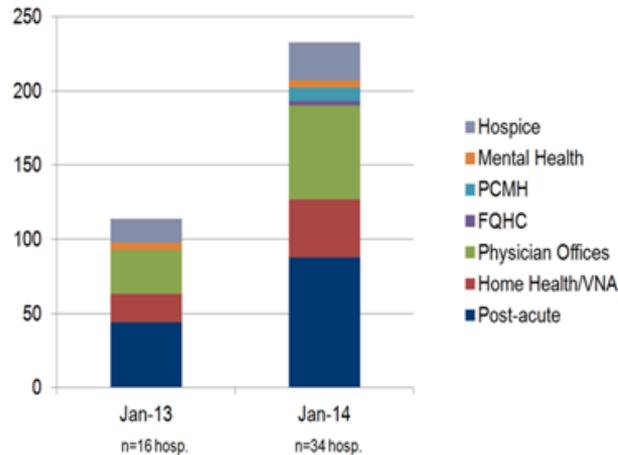


Points of Education and Collaboration March 2013 – March 2014

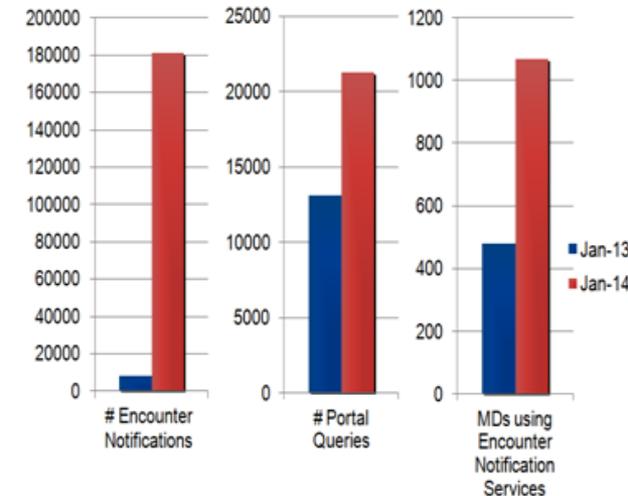
Training / Education



Cross-Continuum Team Representation



CRISP Utilization



Readmission Calculation Source: CRISP.

Note: Includes all-cause readmissions to any Maryland Hospital.

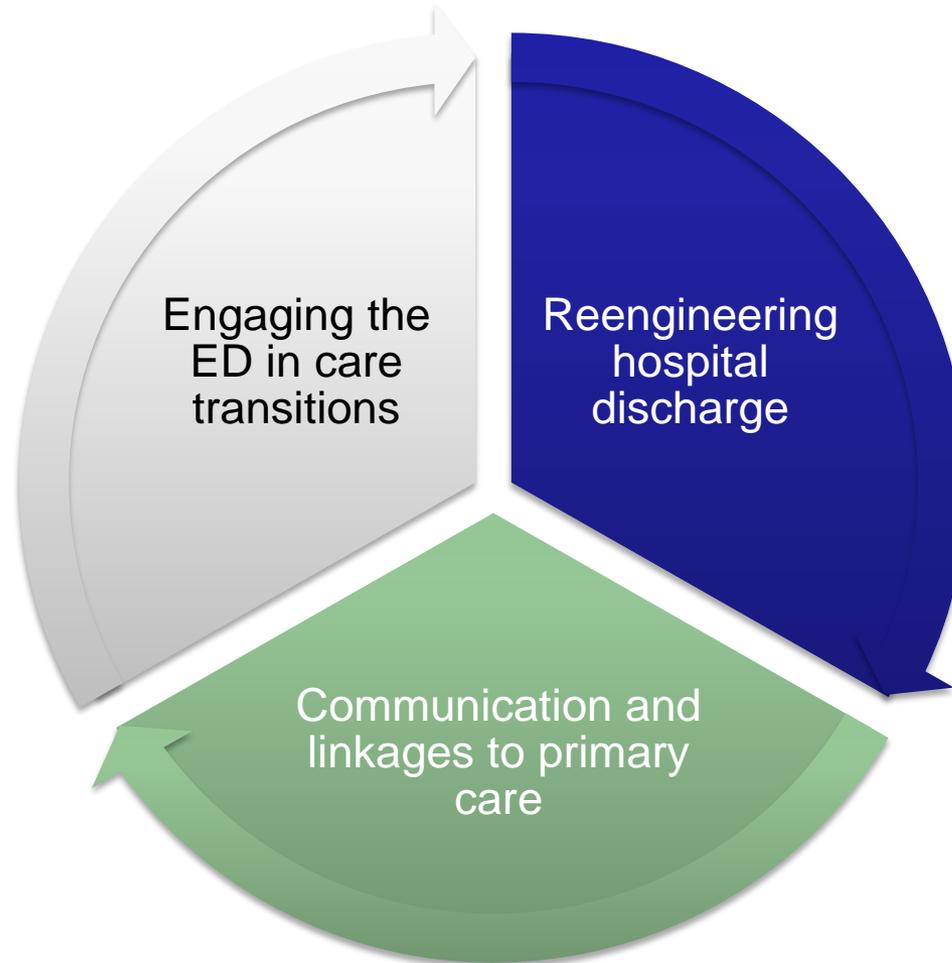
Hospitals by Region

| Baltimore City | Baltimore Suburbs | DC Suburbs | Chesapeake | Northern Border |
|--|---|---|---|---|
| HOSPITALS | HOSPITALS | HOSPITALS | HOSPITALS: | HOSPITALS |
| Bon Secours Good Samaritan Harbor Hospital Kernan Hospital Bayview Johns Hopkins Maryland General Mercy Saint Agnes Sinai Union Memorial UMMC | BWMC Franklin Square GBMC Harford Memorial Howard County Northwest St. Joseph's Upper Chesapeake | Doctors Ft. Washington Holy Cross Laurel Regional MedStar Montgomery Prince George's Shady Grove Southern Maryland Suburban Washington Adventist | Anne Arundel Atlantic General Calvert Memorial Chester River Civista Dorchester General McCready Easton PRMC St.Mary's | Carroll Hospital Frederick Memorial Garrett County Meritus Union Hosp. of Cecil Western Maryland |

MHA Care Transitions Sub-Committees

- Hospital Post-Acute Readmissions
- Clinical Leadership
- Regional Cross Continuum Engagement
- Consumer Engagement & Outreach

Clinical Leadership Subcommittee Aims



Reengineering Discharge process

- Identification of High Utilizers
- Care transitions teams are multi-disciplinary and follow patients 30–45 days
- Warm handoffs ‘ideal’ to primary care
- High Utilizers have patterns of behavior that are difficult to change

Primary Care

- ENS inform primary care practices about Admissions/Discharge/Transfer
- Care Coordination CMS codes 99495/99496, reimbursement \$160/210
- Open access is essential for high utilizers
- 40-50% no show rates for scheduled follow up visits 7-14 days after discharge

Engaging ED in Care Transitions

- 1st visit after Hospital Discharge is a critical visit for another level of intervention
- VHR/CRISP Portal availability to all EDs
- Availability of open access in nearby primary care for patients without PCP
- Easy communication with patients' PCP
- Ambulatory sensitive conditions

Summary Goals: Seamless Care Transitions



Revisit Hospital
Discharge Process



Comprehensive
Primary Care



Optimal Emergency
Department
Utilization

Patient Centered Care Transitions supported by HIT and Care Coordination