HSCRC Care Coordination: The role of Rehabilitation Services February 12, 2015

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Key Ingredients & Program Elements of Successful Care Coordination Strategies

- Physical therapy, occupational therapy & speech-language pathology are integral services to address functional mobility, self-care, and cognitive function
- Rehabilitation Services are provided through full continuum of care: hospitalization , post-acute care (PAC) settings (SNF, In-pt rehab facility, LTC & HHA) & community-based
- Behavioral health occupational therapy across the continuum of inpatient, partial hospitalization, outpatient and home health
- Significant contribution to discharge plan and transitions between settings using most cost effective, evidence-based interventions

Barrier: Medicare B Therapy Cap

- Annual cap:

$1,920 occupational therapy; up to $3,700 with approved exception

$1,920 physical therapy & SLP combined; up to $3,700 with approved exception

- Includes: Observation days, SNF after first 21 days, LTC, out-patient therapy in hospital, free-standing out-patient or when non-homebound treated in home setting
- Maryland's rate-regulated environment impacts number of therapy visits for beneficiaries. Hospital out-pt may be most appropriate setting, but more costly than free-standing non rate-regulated setting. Variations in rate-regulated settings range from $60 to $225 for 30 minutes.

Additional Barriers

- Need for tool with standard patient assessment categories with distinct sensitivity for contributions of PT/ OT/ SLP for data collection across PAC settings
- Lack of data for costs associated with episodes of care across settings
- Lack of clear functional achievement goals at discharge with follow up by PAC services & impact to reduce unplanned readmissions
- Limited collaboration to connect individuals to community-based services after discharge from PAC settings

Workforce Requirements

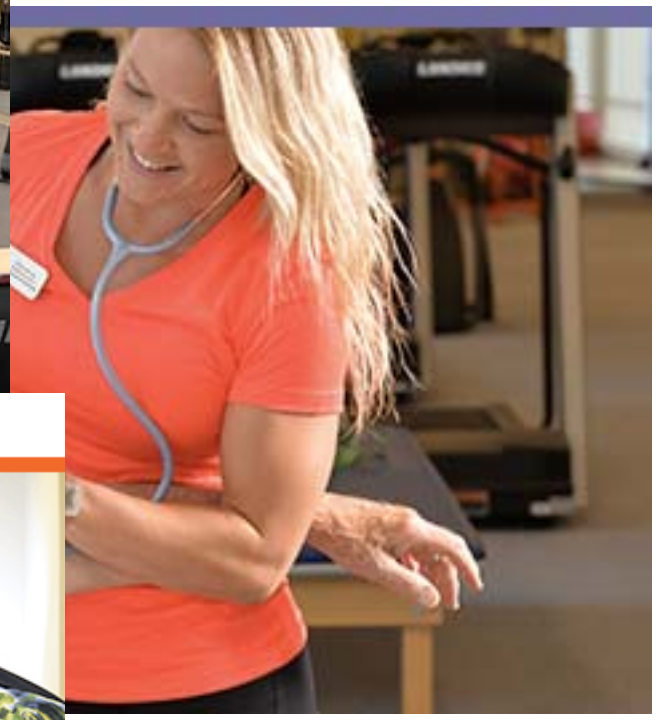
- Multiple University Inter-professional Education Programs
  (PT, OT, SLP, PharmD, SW, RN)

- Multiple Campus-Community Partnerships
  Ex. Gaitway 2 Better Balance with Baltimore Co Dept of Aging (BCDA)

Cockeysville Sr Center Fitness

State Senator Klausmeier, D-MD taking the Timed Up and Go test

Towson University Institute for Well-Being



HEARING AND BALANCE CENTER

http://www.towson.edu/iwb/index.asp

Additional Reading

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