Population Health Plan

Developing a Long-Term Vision for Population Health Improvement in Maryland

Presentation to Advisory Council

September 12, 2016
VISION FOR MARYLAND HEALTH SYSTEM

Care Delivery and Financing

- All Payer
- Coordinated Continuum of Care
- Value-Based
- Competitive

Population

- Focus on Needs of the Community
- Address Social Needs
- Achieve Health Equity

Patient

- Surrounded by a Support Team
- Engaged and Health Literate
Population Health Vision for Maryland

The State of Maryland envisions a system that functions as a fully integrated system of health for the individual regardless of the resident’s location or complexity. The Maryland health care system will focus beyond the clinical space to address all factors that determine health. To improve health outcomes and equity, providers of care will engage and partner with community-based organizations, support services, and organizations functioning outside the traditional health care system, enabling a fully coordinated system that fosters both management of disease and addresses the underlying determinants of health.
Time Horizons

• Near-term:
  – Bolster All Payer Model including population health management initiatives
  – Develop Primary Care Model

• Mid to long-term: Population Health Improvement Plan
  – How do we improve health outcomes and health equity for all Marylanders?
  – What is the State’s vision to make sustainable investments in health improvement that reinforces the All Payer Model goals?
  – Who are the partners?
  – How can we catalyze this work today, knowing this is a long-term effort?
TRANSFORMATION PROGRESSION

2014 – 2015

Hospital Global Budgets

2016 – 2018

Financial Alignment

2019 and Beyond

Total Cost of Care

SHIP and LHICs

Formal Partnerships & Infrastructure

Sustainable Population Health Models

ALL-PAYER MODEL

POPULATION HEALTH

MARYLAND
DEPARTMENT OF HEALTH & MENTAL HYGIENE
DEVELOPMENT OF POPULATION HEALTH PLAN
PURPOSE OF PLAN

• Plan is a required deliverable to CMS under SIM Round Two Design Grant
• Plan will serve as a **roadmap** to guide future state priorities, investments, and programming in population health
• Outline sustainable mechanisms to invest in strategies and interventions that improve health outcomes over the long-term
• Intended for state/local government and private sector collaboration.
• Inform the best use and coordination of resources at state, regional, and local level to optimize investments
REFINING POPULATION HEALTH

• Population health is both:
  – the health outcomes of a group of individuals, and
  – the distribution of such outcomes within the group

• Improving population health requires both:
  – clinical management of individuals in the group, and
  – addressing underlying determinants of health status across the group
DESIRE FOR MANAGEMENT AND IMPROVEMENT ESPECIALLY IN HIGH UTILIZERS, COMPLEX NEEDS

- Care coordination
- Disease management
- Information sharing
- Clinical integration
- Patient safety initiatives

→ Potentially Avoidable Utilization

↓ Admissions
↓ Readmissions
↓ HAIs

Addressing health determinants

Time →

Health Care Population Health Management
Public Health Population Health Improvement

MARYLAND DEPARTMENT OF HEALTH & MENTAL HYGIENE
Goals of the Plan

The overall goals for the Population Health Improvement Plan are the following:

• Improve health status of Marylanders
• Achieve health equity across communities
• Promote ongoing healthy lifestyle and healthy behavior at the individual level, the neighborhood level and the Statewide policy level
• Establish sustainable financing for health improvement initiatives
Current and Future Steps

• **Current**
  – Working on a Draft Plan that outlines a framework of priorities, strategies, funding options, and target measures to support these goals
    • Based on initial stakeholder input and existing priorities

• **Future**
  – Additional stakeholder engagement this Fall to refine Plan
  – Integrate Plan with Primary Care Model and Model Progression Plan to create opportunity for sustainable implementation
  – Submit design to CMMI by Dec 31\textsuperscript{st}