## State of Maryland Department of Health and Mental Hygiene

Nelson J. Sabatini Chairman

Herbert S. Wong, PhD Vice-Chairman

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George H. Bone, M.D.

John M. Colmers

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#### **Health Services Cost Review Commission**

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Gerard J. Schmith, Director Revenue and Regulation Compliance

#### 535th MEETING OF THE HEALTH SERVICES COST REVIEW COMMISSION November 9, 2016

#### **EXECUTIVE SESSION**

12:00 p.m.

(The Commission will begin in public session at 12:00 p.m. for the purpose of, upon motion and approval, adjourning into closed session. The open session will resume at 1:30 p.m.)

- 1. Update on Contract and Modeling of the All-payer Model vis-a-vis the All-Payer Model Contract Administration of Model Moving into Phase II Authority General Provisions Article, §3-103 and §3-104
- 2. Discussion on Planning for Model Progression Authority General Provisions Article, §3-103 and §3-104
- 3. Comfort Order Washington Adventist Hospital Authority General Provisions Article, §3-305 (b)6
- 4. Legal Implications of Maryland Health Care Commission CON Decision on Prince George's Hospital Center Authority General Provisions Article, §3-305 (b)7

## PUBLIC SESSION 1:30 p.m.

- 1. Review of the Minutes from the Public Meeting and Executive Session on October 19, 2016
- 2. Executive Director's Report
- 3. Commission Discussion on Expiration of the CareFirst Common Model with Medicare
- 4. New Model Monitoring
- 5. Docket Status Cases Closed

2352N – MedStar Harbor Hospital

2354A - University of Maryland Medical Center

2355A - University of Maryland Medical Center

6. Docket Status – Cases Open

2353A - Priority Partners

2357A – Hopkins Health Advantage

2359A - MedStar Family Choice

2361A - University of Md. Health Partners Inc.

2363A - Johns Hopkins Health System

2365A – University of Maryland Medical Center

2356A - Maryland Physicians Care

2358A - MedStar Family Choice

2360A – University of Md. Health Advantage Inc.

2362A – Johns Hopkins Health System

2364A – University of Maryland Medical Center

- 7. Final Recommendation for Second and Final Round of Transformation Implementation Grant Awards
- 8. CRISP Update
- 9. Hearing and Meeting Schedule

# Minutes to be included into the post-meeting packet upon approval by the Commissioners

## **Executive Director's Report**

The Executive Director's Report will be distributed during the Commission Meeting Chet Burrell
President and Chief Executive Officer



CareFirst BlueCross BlueShield 1501 S. Clinton Street, 17<sup>th</sup> Floor Baltimore, MD 21224-5744 Tel: 410-605-2558 Fax: 410-781-7606 chet.burrell@carefirst.com

November 2, 2016

Nelson J. Sabatini, Chairman Health Services Cost Review Commission 4160 Patterson Avenue Baltimore, Maryland 21215

Dear Nelson,

I write in follow up to the proposal CareFirst made on August 17 to extend the Common Model to Medicare FFS beneficiaries and Dual Eligible beneficiaries on the same basis as was piloted through a CMMI Health Care Innovation Award during 2012-15 and maintained in 2016 through a Community Giving Award by CareFirst in 2016.

At its own expense, CareFirst supported the Common Model in 2016 as a bridge to an alternative funding source in moving forward toward Phase 2 of the Maryland All Payer Waiver. The CareFirst funding was extended by the CareFirst Board of Directors twice in order to allow time for an alternative source to be developed. CareFirst funding for Medicare beneficiaries ends on December 31, 2016. We are required to give termination notice to participating providers, vendors/partners and beneficiaries by November 15<sup>th</sup> if an alternative funding source cannot be found. This would result in dismantling the Common Model and all of its supports and data feeds from CMS effective January 1, 2017.

We are aware that a source of funding effective January 1, 2017 may be possible through rate action by the HSCRC. We ask that this be considered at the upcoming November 9, 2016 meeting as it is the only chance for extension of the Common Model. We believe that the public-private undertaking embodied in the Common Model is an important element in Maryland's approach to Phase 2 and have sought to do all we can do in support of its extension. We hope this opportunity for funding through HSCRC action is available.

If you believe that an action by the HSCRC is possible on November 9<sup>th</sup> and would wish to have me present, please know that I am at your disposal. Thank you for your consideration. I have attached a fact sheet about the Common Model for easy reference.

Sincerely,

Chet Burrell

President & CEO

Cc: Patrick Conway, CMS, Deputy Administrator for Innovation & Quality and CMS Chief Medical Officer

Stephen Cha, M.D., CMS, Director

Van Mitchell, State of Maryland, Secretary of Health & Mental Hygiene

Howard Haft, M.D., State of Maryland, Deputy Secretary for Public Health Services

Donna Kinzer, HSCRC Executive Director

Joseph Antos, HSCRC Commissioner

Victoria Bayless, HSCRC Commissioner

George Bone, HSCRC Commissioner

John Colmers, HSCRC Commissioner

Jack Keane, HSCRC Commissioner

Herbert Wong, HSCRC Commissioner

#### Key Facts Regarding the PCMH/TCCI Program and Common Model with Medicare

#### Commercial PCMH/TCCI Program Facts

- 90% of all eligible PCPs throughout the region participate in the Program (446 Panels, 1,229 Practices, 4,367 Primary Care Providers)
- 1.1 million attributed members are in the Program
- Average Age 35 Years
- \$5 billion in annual claims managed by the Program (\$20 Billion in 6 years)
- 15% decline in admissions from 2011 levels
- Care Plans activated for over 60,000 high-risk members annually
- Includes management of all components of total cost of care hospital in-patient/out-patient, specialty and ancillary services, drug and primary care

#### **Common Model Facts**

- Involves 140 Participating PCPs in the PCMH Program
- Includes 40,000 Attributed Medicare Fee for Service Beneficiaries / 60,000 attributed CareFirst members
- Average Age 75 years for Medicare FFS; 35 years for CareFirst members
- \$2.3 billion in claims (\$1.2B CareFirst and \$1.1B Medicare) over 3 years of Common Model
- Medical total cost of care trend of 1% for 40,000 Medicare beneficiaries over three years (after cost of care coordination) are included
- Quality scores of Panels in the Common Model improved 30 percent above the average of all Panels in CareFirst's larger PCMH/TCCI Program
- 19% decline in hospital admissions for Medicare beneficiaries from baseline in 2012
- Overall beneficiary satisfaction score of 4.4 on a five-point scale (96% above 4)
- 96 % of PCPs would recommend the Program to their patients; 100% want Model to continue

#### Infrastructure Already in Place Across All Market Segments

- The PCMH Program supports over 300,000 individual subscribers and over 30,000 employer groups
- Virtually all employer groups and all individual exchange products are included
- Fully web-based infrastructure with universal patient health record for each member
- Data feeds for both Medicare beneficiaries and CareFirst members operating in mature state
- All data online and on-demand 24/7 for CareFirst and Medicare
- Trained and highly managed workforce of over 400 nurses in place throughout the region in support of the Program:
  - 250 Local Care Coordinators
  - 85 Case Managers
  - 70 Hospital Transition Nurses
  - o 60 Behavioral Health Care Coordinators

## New Model Monitoring Report

The Report will be distributed during the Commission Meeting

## Cases Closed

The closed cases from last month are listed in the agenda

## H.S.C.R.C's CURRENT LEGAL DOCKET STATUS (OPEN) AS OF NOVEMBER 2, 2016

A: PENDING LEGAL ACTION: NONE
B: AWAITING FURTHER COMMISSION ACTION: NONE

C: CURRENT CASES:

Docket Number	Hospital Name	Date Docketed	Decision Required by:	Rate Order Must be Issued by:	Purpose	Analyst's Initials	File Status
2353A	Proirty Partners	9/20/2016	N/A	N/A	N/A	SP	OPEN
2356A	Maryland Physicians Care	10/4/2016	N/A	N/A	N/A	SP	OPEN
2357A	Hopkins Health Advantage	10/4/2016	N/A	N/A	N/A	DNP	OPEN
2358A	MedStar Family Choice	10/10/2016	N/A	N/A	N/A	SP	OPEN
2359A	MedStar Family Choice	10/10/2016	N/A	N/A	N/A	DNP	OPEN
2360A	University of Maryland Health Partners, Inc.	10/10/2016	N/A	N/A	N/A	SP	OPEN
2361A	University of Maryland Health Advantage, Inc.	10/10/2016	N/A	N/A	N/A	DNP	OPEN
2362A	Johns Hopkins Health System	10/25/2016	N/A	N/A	N/A	DNP	OPEN
2363A	Johns Hopkins Health System	10/25/2016	N/A	N/A	N/A	DNP	OPEN
2364A	University of Maryland Medical Center	10/31/2016	N/A	N/A	N/A	DNP	OPEN
2365A	University of Maryland Medical Center	10/31/2016	N/A	N/A	N/A	DNP	OPEN

PROCEEDINGS REQUIRING COMMISSION ACTION - NOT ON OPEN DOCKET

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

THE JOHNS HOPKINS HEALTH \* COMMISSION

SYSTEM \* DOCKET: 2016

\* FOLIO: 2163

BALTIMORE, MARYLAND \* PROCEEDING 2353A

#### **Final Recommendation**

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### I. Introduction

On September 19, 2016, Johns Hopkins Health System ("JHHS," or the "System") filed an application for an Alternative Method of Rate Determination pursuant to COMAR 10.37.10.06 on behalf of Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center, Suburban Hospital, and Howard County General Hospital ("the Hospitals"). The System seeks renewal for the continued participation of Priority Partners, Inc. in the Medicaid Health Choice Program. Priority Partners, Inc. is the entity that assumes the risk under the contract. The Commission most recently approved this contract under proceeding 2308A for the period from January 1, 2016 through December 31, 2016. The Hospitals are requesting to renew this contract for a one-year period beginning January 1, 2017.

#### II. Background

Under the Medicaid Health Choice Program, Priority Partners, a provider-sponsored Managed Care Organization ("MCO") sponsored by the Hospitals, is responsible for providing a comprehensive range of health care benefits to Medical Assistance enrollees. Priority Partners was created in 1996 as a joint venture between Johns Hopkins Health Care (JHHC) and the Maryland Community Health System (MCHS) to operate an MCO under the Health Choice Program. Johns Hopkins Health Care operates as the administrative arm of Priority Partners and receives a percentage of premiums to provide services such as claim adjudication and utilization management. MCHS oversees a network of Federally Qualified Health Clinics and provides member expertise in the provision of primary care services and assistance in the development of provider networks.

The application requests approval for the Hospitals to continue to provide inpatient and

outpatient hospital services, as well as certain non-hospital services, while the MCO receives a State-determined capitation payment. Priority Partners pays the Hospitals HSCRC-approved rates for hospital services used by its enrollees. The Hospitals supplied information on their most recent experience as well as their preliminary projected revenues and expenditures for the upcoming year based on the initially revised Medicaid capitation rates.

Priority Partners is a major participant in the Medicaid Health Choice program, providing managed care services to 24.5% of the State's MCO population, up from 23.6% in CY 2015.

#### **III.** Staff Review

This contract has been operating under the HSCRC's initial approval in proceeding 2308A. Staff reviewed the operating performance under the contract as well as the terms of the capitation pricing agreement. Staff reviewed available final financial information and projections for CYs 2015, 2016, and 2017. The statements provided by Priority Partners to staff represent both a "standalone" and "consolidated" view of Priority's operations. The consolidated picture reflects certain administrative revenues and expenses of Johns Hopkins Health Care. When other provider-based MCOs are evaluated for financial stability, their administrative costs relative to their MCO business are included as well; however, they are all included under the one entity of the MCO.

With the exception of CY 2015 in which all provider-based MCOs experienced unfavorable performance, the consolidated financial performance of Priority Partners has been favorable. Priority Partners is projecting to favorable performance in CY 2016 and marginal performance in CY 2017.

#### IV. Recommendation

With the exception of CY 2015, Priority Partners has continued to achieve favorable consolidated financial performance in recent years. Based on past and projected performance, staff believes that the proposed renewal arrangement for Priority Partners is acceptable under Commission.

#### Therefore:

- 1) Staff recommends approval of this alternative rate application for a one-year period beginning January 1, 2017.
- 2) Since sustained losses over an extended peri od of time may be construed as a loss contract necessitating termination of this arrangement, staff will continue to monitor financial performance in CY 2016, and the MC Os expected financial status in to CY 2017. Therefore, staff recommends that Priority Partners report to Commission staff (on or before the September 2017 meeting of the Commission) on the actual CY 2016 experience, and preliminary CY 2017 financial performance (adjusted for seasonality) of the MCO, as well as projections for CY 2018.
- 3) Consistent with its policy paper outlining a structure for review and evaluation of applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the continued adherence to the stan dard Memorandum of Understanding with the Hospitals for the approved contract. This document formalizes the understanding be tween the Commission and the Hospitals, and includes provisions for such things—as payments of HSCRC-approved rates,

annual reporting, the confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU also stipulates that operating losses under managed care contracts may not be used to justify future requests for rate increases.

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

**SAINT AGNES HEALTH** 

\* COMMISSION

WESTERN MARYLAND

HEALTH SYSTEM \* DOCKET: 2016

MERITUS HEALTH \* FOLIO: 2166

HOLY CROSS HEALTH \* PROCEEDING: 2356A

Final Recommendation

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### I. Introduction

On August 31, 2016, Saint Agnes Health System, Western Maryland Health System, Holy Cross Health, and Meritus Health ("the Hospitals") filed an application for an Alternative Method of Rate Determination pursuant to COMAR 10.37.10.06. The Hospitals seek renewal for the continued participation of Maryland Physicians Care ("MPC") in the Medicaid Health Choice Program. MPC is the entity that assumes the risk under this contract. The Commission most recently approved this contract under proceeding 22307A for the period January 1, 2016 through December 31, 2016. The Hospitals are requesting to renew this contract for one year beginning January 1, 2017.

#### II. Background

Under the Medicaid Health Choice Program, MPC, a Managed Care Organization ("MCO") sponsored by the Hospitals, is responsible for providing a comprehensive range of health care benefits to Medical Assistance enrollees. The application requests approval for the Hospitals to provide inpatient and outpatient hospital services as well as certain non-hospital services, while the MCO receives a State-determined capitation payment. MPC pays the Hospitals HSCRC-approved rates for hospital services used by its enrollees. MPC is a major participant in the Medicaid Health Choice program, and provides services to 18.8% of the total number of MCO enrollees in Maryland, which represents approximately the same market share as CY 2015.

The Hospitals supplied information on their most recent experience as well as their preliminary projected revenues and expenditures for the upcoming year based on the revised Medicaid capitation rates.

#### **III.** Staff Review

This contract has been operating under previous HSCRC approval (Proceeding 2307A). Staff reviewed the operating performance under the contract as well as the terms of the capitation pricing agreement. Staff reviewed available final financial information and projections for CYs 2015, 2016, and 2017. In recent years, the financial performance of MPC overall has been marginally favorable with unfavorable performance in CY 2015 (as with all of the provider-based MCOs), and favorable projections for CYs 2016 and 2017.

#### IV. Recommendation

With the exception of CY 2015, MPC has generally maintained favorable performance in recent years. However, all of the provider-based MCOs incurred losses in CY 2015. Based on past and projected performance, staff believes that the proposed renewal arrangement for MPC is acceptable under Commission.

#### Therefore:

- (1) Staff recommends approval of this alternative rate application for a one-year period beginning January 1, 2017.
- (2) Since sustained losses over an extended period of time may be construed as a loss contract necessitating termination of this arrangement, staff will continue to monitor financial performance for CY 2016 and the MCO's expected financial status into CY 2017. Staff recommends that Maryland Physicians Care report to Commission staff (on or before the September 2017 meeting of the Commission) on the actual CY 2016 experience, preliminary CY 2017 financial performance (adjusted for seasonality) of the MCO, as well as projections for CY 2018.

(3) Consistent with its policy paper outlining—a structure for review and evaluation of applications for alternative methods of rate determination, the staff recommends that this appro val be co—ntingent u pon the continued adherence to the stan—dard—Memorandum of Understanding with the Ho spitals for the approved contract. This document formalizes the understanding between the Commission and the Hospitals, and includes provisions for such things—as payments of HSCRC-approved rates, treatment of losses that may be attributed to the managed care contract, quarterly and annua—l reporting, the confidentialit—y of data submitted, penalties for noncompliance, project termination and/or—alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU also stipulates that operating losses under managed care contracts may not—be used to justify future requests for rate increases.

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

UNIVERSITY OF MARYLAND \* COMMISSION

MEDICAL SYSTEM \* DOCKET: 2016

\* FOLIO: 2167

BALTIMORE, MARYLAND \* PROCEEDING: 2357A

#### **Final Recommendation**

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### I. Introduction

On October 4, 2016, the University of Maryland Medical System (UMMS) filed an application for an Alternative Method of Rate Determination pursuant to COMAR 10.37.10.06 on behalf of its constituent hospitals (the "Hospitals"). UMMS seeks approval for University of Maryland Health Advantage, Inc. ("UMHA") to continue to participate in a Centers for Medicare and Medicaid Services (CMS) approved Medicare Advantage Plan. UMHA is the UMMS entity that assumes the risk under this contract. UMHA is requesting an approval for one year beginning January 1, 2017.

#### II. Background

On September 1, 2015, CMS granted UMHA approval to operate a Medicare Advantage Plan to provide coverage to Maryland eligible residents in Anne Arundel, Baltimore, Caroline, Cecil, Carroll, Dorchester, Harford, Howard, Kent, Montgomery, Queen Anne's, Talbot counties and Baltimore City. The application requests approval for UMHA to provide for inpatient and outpatient hospital services, as well as certain non-hospital services, in return for a CMS-determined capitation payment. UMHA will pay the Hospitals HSCRC-approved rates for hospital services used by its enrollees.

UMHA supplied staff with a copy of its contract with CMS and financial projections for its operations.

#### **III.** Staff Review

Staff reviewed the reviewed the financial projections for CY 2017, as well as UMHA's experience and projections for CY 2016. The information reflected the anticipated negative

financial results associated with start-up of a Medicare Advantage Plan.

#### IV. Recommendation

Based on the financial projections, staff believes that the proposed arrangement for UMHA is acceptable under Commission policy. Therefore, staff recommends that the Commission approve the Hospitals' request to participate in CMS' Medicare Part C Medicare Advantage Program for a period of one year beginning January 1, 2017. UMHA must meet with HSCRC staff prior to August 31, 2017 to review its financial projections for CY 2018. In addition, UMHA must submit to the Commission a copy of its quarterly and annual National Association of Insurance Commissioners' (NAIC's) reports within 30 days of submission to the NAIC.

Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospitals for the approved contract. This document would formalize the understanding between the Commission and the Hospitals, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

MEDSTAR HEALTH \* COMMISSION

SYSTEM \* DOCKET: 2016

\* FOLIO: 2168

COLUMBIA, MARYLAND \* PROCEEDING: 2358A

#### **Final Recommendation**

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### I. Introduction

On October 10, 2016, MedStar Health filed an application for an Alternative Method of Rate Determination pursuant to COMAR 10.37.10.06 on behalf of the MedStar Hospitals ("the Hospitals"). MedStar Health seeks renewal for the continued participation of MedStar Family Choice ("MFC") in the Medicaid Health Choice Program. MedStar Family Choice is the MedStar entity that assumes the risk under this contract. The Commission most recently approved this contract under proceeding 2310A for the period from January 1, 2016 through December 31, 2016. The Hospitals are requesting to renew this contract for one year beginning January 1, 2017.

#### II. Background

Under the Medicaid Health Choice Program, MedStar Family Choice, a Managed Care Organization ("MCO") sponsored by the Hospitals, is responsible for providing a comprehensive range of health care benefits to Medical Assistance enrollees. The application requests approval for the Hospitals to provide inpatient and outpatient hospital services, as well as certain non-hospital services, while MFC receives a State-determined capitation payment. MFC pays the Hospitals HSCRC-approved rates for hospital services used by its enrollees. MFC provides services to 7.1% of the total number of MCO enrollees in Maryland, which represents a slight increase in its market share compared to CY 2015.

The Hospitals supplied information on their most recent experience as well as their preliminary projected revenues and expenditures for the upcoming year based on the Medicaid capitation rates.

#### III. Staff Review

This contract has been operating under previous HSCRC approval (proceeding 2310A). Staff reviewed the operating performance under the contract as well as the terms of the capitation pricing agreement. Staff reviewed available final financial information and projections for CYs 2015, 2016, and 2017. Over this three year period, all actuals and projections are unfavorable. All provider based MCOs experienced unfavorable performance in CY 2015. While this time last year, MFC projected favorable performance for CY 2016, current projections are marginal to unfavorable.

#### IV. Recommendation

Based on this three year analysis, HSCRC has concerns about whether this arrangement could be deemed a loss contract from an MCO ARM perspective.

#### Therefore:

- (1) Staff recommends approval of this alternative rate application for a one-year period beginning January 1, 2017, however, staff is placing MFC on a watch list as described in item (2) below.
- (2) Since sustained losses, such as those currently being experienced by MFC, may be construed as a loss contract necess itating termination of this arrangement, staff is recommending the following actions:
  - a. On the earlier of July 1, 2017or if/w hen Medicaid applies a mid-year adjustment, MFC shall report to HSCRC staff on the impact that any such adjustment is expected to have on CY 2017 financial performance.
  - b. HSCRC staff shall be cognizant of the MCO's financial performance and

- the potential for a loss contract in considering any requested adjustments to rates or global budgets of the associated hospitals during FYs 2017 and 2018.
- c. In addition to the report provided in (2)(a), MFC shall report to Commission staff (on or before the September 2017 meeting of the Commission) on the actual CY 2016 experience and preliminary CY 2017 financial performance (adjusted for se asonality) of the MCO, as well as projections for CY 2018.
- (3) Consistent with its policy paper outlining—a structure for review and evaluation of applications for alternative methods of rate determination, the staff recommends that this appro val be co—ntingent u pon the continued adherence to the stan—dard Memorandum of Understanding with the Ho spitals for the approved contract. This document formalizes the understanding between the Commission and the Hospitals, and includes provisions for such things—as payments of HSCRC-approved rates, treatment of losses that may be attributed to the managed care contract, quarterly and annua—l reporting, the confidentialit—y of data submitted, penalties for noncompliance, project termination and/or—alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU also stipulates that operating losses under managed care contracts may not—be used to justify future requests for rate increases.

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

MEDSTAR HEALTH \* COMMISSION

SYSTEM \* DOCKET: 2016

\* FOLIO: 2169

COLUMBIA, MARYLAND \* PROCEEDING: 2359A

#### **Final Recommendation**

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### **I.** Introduction

On October 10, 2016, MedStar Health filed an application for an Alternative Method of Rate Determination pursuant to COMAR 10.37.10.06 on behalf of MedStar Franklin Square Hospital, MedStar Good Samaritan Hospital, MedStar Harbor Hospital, MedStar Union Memorial Hospital, MedStar Montgomery Medical Center, MedStar Southern Maryland Hospital Center, and MedStar St. Mary's Hospital (the "Hospitals"). MedStar Health seeks approval for MedStar Family Choice ("MFC") to continue to participate in a Centers for Medicare and Medicaid Services (CMS) approved Medicare Advantage Plan. MedStar Family Choice is the MedStar entity that assumes the risk under this contract. The Hospitals are requesting an approval for one year beginning January 1, 2017.

#### II. Background

MFC has been operating a CMS-approved Medicare Advantage Plan under the plan name of MedStar Medicare Choice for four years in the District of Columbia. In 2014 CMS granted MFC permission to expand under the same Medicare Advantage plan number to provide coverage to Maryland eligible residents in Anne Arundel, Baltimore, Charles, Howard, Prince George's, St. Mary's counties and Baltimore City. The application requests continued approval for MFC to for provide inpatient and outpatient hospital services, as well as certain non-hospital services, in return for a CMS-determined capitation payment. MFC will continue to pay the Hospitals HSCRC-approved rates for hospital services used by its enrollees.

MFC supplied financial projections for its operations in Maryland for CY 2016.

#### III. Staff Review

Staff reviewed the reviewed the financial projections for CY 2017, as well as MFC's experience and projections for CY 2016. The information reflected the anticipated negative financial results associated with start-up in Maryland of a Medicare Advantage Plan.

#### IV. Recommendation

Based on the financial projections and the fact that MFC has achieved favorable financial performance in its Maryland Medicaid's Health Choice Program, staff believes that the continued approval of the arrangement between CMS and MFC is acceptable under Commission policy. Therefore, staff recommends that the Commission approve the Hospitals' request to continue to participate in CMS' Medicare Part C Medicare Advantage Program for a period of one year beginning January 1, 2017. The Hospitals must file a renewal application annually for continued participation. In addition, MFC must meet with HSCRC staff prior to August 31, 2017 to review its financial projections for CY 2018. In addition, UMHA must submit a copy to the Commission of its quarterly and annual National Association of Insurance Commissioners' (NAIC's) reports within 30 days of submission to the NAIC.

Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospitals for the approved contract. This document would formalize the understanding between the Commission and the Hospitals, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of

data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

IN RE: THE ALTERNATIVE \* BEFORE THE HEALTH

RATE APPLICATION OF \* SERVICES COST REVIEW

UNIVERSITY OF MARYLAND MEDICAL \* COMMISSION

**SYSTEM CORPORATION** 

\* **DOCKET:** 2016

\* FOLIO: 2171

\* PROCEEDING: 2361A

Final Recommendation

**November 9, 2016** 

This is a final recommendation and ready for Commission action.

#### I. Introduction

On October 10, 2016, University of Maryland Health Partners, Inc. (UMHP), a Medicaid Managed Care Organization ("MCO"), on behalf of The University of Maryland Medical System Corporation ("the Hospitals"), filed an application for an Alternative Method of Rate Determination ("ARM") pursuant to COMAR 10.37.10.06. UMHP and the Hospitals seek approval for the MCO to continue to participate in the Medicaid Health Choice Program. UMHP is the entity that assumes the risk under this contract. The Commission most recently approved this contract under proceeding 2314A for the period from January 1, 2016 through December 31, 2016. The former MCO known as Riverside was purchased by University of Maryland Medical System Corporation in August 2015. The new MCO, UMHP, and Hospitals are requesting to implement this new contract for one year beginning January 1, 2017.

#### II. Background

Under the Medicaid Health Choice Program, UMHP, a MCO owned by the Hospitals, is responsible for providing a comprehensive range of health care benefits to Medical Assistance enrollees. The application requests approval for the Hospitals to provide inpatient and outpatient hospital services as well as certain non-hospital services, while the MCO receives a State-determined capitation payment. UMHP pays the Hospitals HSCRC-approved rates for hospital services used by its enrollees. UMCP is a relatively small MCO providing services to 3.1% of the total number of MCO enrollees in the HealthChoice Program, which represents approximately the same market share as CY 2015.

UMHP supplied information on its most recent financial experience as well as its preliminary projected revenues and expenditures for the upcoming year based on the revised

Medicaid capitation rates.

#### **III.** Staff Review

This contract has been operating under previous HSCRC approval (proceeding 2314A). Staff reviewed the operating financial performance under the contract. Staff reviewed available final financial information and projections for CYs 2015, 2016, and 2017. In its third year of operation, Riverside/UMHP reported unfavorable financial performance for CY 2015 after favorable performance in CY 2014. Projections for CYs 2016 and 2017 are unfavorable.

#### IV. Recommendation

Since Riverside/UMHP is a new MCO, one would expect ramp up during its first few years. However, based on existing expectations, UMHP will have unfavorable performance for three years in a row.

#### Therefore:

- (1) Staff recommends approval of this alternative rate application for a one-year period beginning January 1, 2017 however, staff is placing UMHP on a watch list as described in item (2) below.
- (2) Since sustained losses, such as those currently being experienced by UMHP, may be construed as a loss contract necess itating termination of this arrangement, sta ff is recommending the following actions:
  - a. On the earlier of July 1, 2017 or if /when M edicaid app lies a mid-year adjustment, UMHP shall report to HS CRC staff on the impact that any such adjustment is expected to have on CY 2017 financial performance.
  - b. HSCRC staff shall be cognizant of the MCO's financial performance and

- the potential for a loss contract in considering any requested adjustments to rates or global budgets of the associated hospitals during FYs 2017 and 2018.
- c. In addition to the report provided in (2)(a), UMHP shall report to Commission staff (on or before the September 2017 meeting of the Commission) on the actual CY 2016 experience, preliminary CY 2017 financial performance (adjusted for seasonality) of the MCO, as well as projections for CY 2018.
- (3) Consistent with its policy paper outlining a structure for review and evaluation of applications for alternative method s of rate determination, the staff recommends that this approval be cont ingent upon the continued a dherence to the standard Memorandum of Understa nding w ith the Hospitals for the approved contract. This document fo rmalizes the understanding betw een the Commission and the Hospitals, and incl udes provisions for su ch things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the managed care contract, quarterly and annual reporting, the confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other is sues specific to the proposed contract. The MOU also stipulates that operating losses under managed care contracts may not be used to justify future reques ts for rate increases.

IN RE: THE APPLICATION FOR
ALTERNATIVE METHOD OF RATE
DETERMINATION \*
JOHNS HOPKINS HEALTH
SYSTEM
BALTIMORE, MARYLAND

\* BEFORE THE MARYLAND HEALTH

\* SERVICES COST REVIEW COMMISSION

\* DOCKET: 2016

\* FOLIO: 2172

\* PROCEEDING: 2362A

**Staff Recommendation** 

**November 9, 2016** 

#### I. INTRODUCTION

Johns Hopkins Health System ("System") filed an application with the HSCRC on October 25, 2016 on behalf of its member hospitals, Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center, and Howard County General Hospital ("the Hospitals") and on behalf of Johns Hopkins HealthCare, LLC (JHHC) and Johns Hopkins Employer Health Programs, Inc. for an alternative method of rate determination, pursuant to COMAR 10.37.10.06. The System and JHHC request approval from the HSCRC to participate in a global rate arrangement for Executive Health Services with Total Wine and More, a multi-state alcohol retailer, for a period of one year beginning December 1, 2016.

#### II. OVERVIEW OF APPLICATION

The contract will be held and administered by Johns Hopkins HealthCare, LLC ("JHHC"), which is a subsidiary of the System. JHHC will manage all financial transactions related to the global price contract including payments to the System hospitals and bear all risk relating to regulated services associated with the contract.

#### III. FEE DEVELOPMENT

The hospital portion of the global rates was developed by calculating mean historical charges for patients receiving the procedures for which global rates are to be paid. The remainder of the global rate is comprised of physician service costs.

#### IV. <u>IDENTIFICATION ANDASSESSMENT OF RISK</u>

The Hospitals will submit bills to JHHC for all contracted and covered services. JHHC is responsible for billing the payer, collecting payments, disbursing payments to the Hospitals at their full HSCRC approved rates, and reimbursing the physicians. The System contends that the arrangement among JHHC, the Hospitals, and the physicians holds the Hospitals harmless from any shortfalls in payment from the global price contract. JHHC maintains it has been active in

similar types of fixed fee contracts for several years, and that JHHC is adequately capitalized to bear risk of potential losses.

# V. STAFF EVALUATION

After reviewing the Hospital experience data, staff believes that the Hospitals can achieve a favorable experience under this arrangement.

# VI. STAFF RECOMMENDATION

The staff recommends that the Commission approve the Hospitals' application for an alternative method of rate determination for Executive Health Services for a one year period commencing December 1, 2016. The Hospitals will need to file a renewal application for review to be considered for continued participation.

Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospitals for the approved contract. This document would formalize the understanding between the Commission and the Hospitals, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

IN RE: THE APPLICATION FOR
ALTERNATIVE METHOD OF RATE
DETERMINATION \*
JOHNS HOPKINS HEALTH
SYSTEM
BALTIMORE, MARYLAND

- \* BEFORE THE MARYLAND HEALTH
- SERVICES COST REVIEW
  COMMISSION
- \* DOCKET: 2016
- \* FOLIO: 2173
- \* PROCEEDING: 2363A

**Staff Recommendation** 

**November 9, 2016** 

# I. INTRODUCTION

Johns Hopkins Health System ("System") filed an application with the HSCRC on October 25, 2016 on behalf of its member hospitals, Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center, and Howard County General Hospital (the "Hospitals") and on behalf of Johns Hopkins HealthCare, LLC (JHHC) and Johns Hopkins Employer Health Programs, Inc. for an alternative method of rate determination, pursuant to COMAR 10.37.10.06. The System and JHHC request approval from the HSCRC to participate in a global rate arrangement for Executive Health Services with Incadence Strategic Solutions, a defense and space technology company, for a period of one year beginning December 1, 2016.

# II. OVERVIEW OF APPLICATION

The contract will be held and administered by Johns Hopkins HealthCare, LLC ("JHHC"), which is a subsidiary of the System. JHHC will manage all financial transactions related to the global price contract including payments to the System hospitals and bear all risk relating to regulated services associated with the contract.

### III. FEE DEVELOPMENT

The hospital portion of the global rates was developed by calculating mean historical charges for patients receiving the procedures for which global rates are to be paid. The remainder of the global rate is comprised of physician service costs.

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The Hospitals will submit bills to JHHC for all contracted and covered services. JHHC is responsible for billing the payer, collecting payments, disbursing payments to the Hospitals at their full HSCRC approved rates, and reimbursing the physicians. The System contends that the arrangement among JHHC, the Hospitals, and the physicians holds the Hospitals harmless from any shortfalls in payment from the global price contract. JHHC maintains it has been active in

similar types of fixed fee contracts for several years, and that JHHC is adequately capitalized to bear risk of potential losses.

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After reviewing the Hospital experience data, staff believes that the Hospitals can achieve a favorable experience under this arrangement.

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The staff recommends that the Commission approve the Hospitals' application for an alternative method of rate determination for Executive Health Services for a one year period commencing December 1, 2016. The Hospitals will need to file a renewal application for review to be considered for continued participation.

Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospitals for the approved contract. This document would formalize the understanding between the Commission and the Hospitals, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

IN RE: THE APPLICATION FOR
ALTERNATIVE METHOD OF RATE
DETERMINATION \*
UNIVERSITY OF MARYLAND
MEDICAL CENTER
BALTIMORE, MARYLAND

\* BEFORE THE MARYLAND HEALTH

SERVICES COST REVIEW
COMMISSION

\* DOCKET: 2016

\* FOLIO: 2174

\* PROCEEDING: 2364A

**Staff Recommendation** 

**November 9, 2016** 

# I. <u>INTRODUCTION</u>

The University of Maryland Medical Center ("the Hospital") filed a renewal application with the HSCRC on October 31, 2016 for an alternative method of rate determination, pursuant to COMAR 10.37.10.06. The Hospital requests approval from the HSCRC for participation in a new global rate arrangement for solid organ and blood and bone marrow transplant services with Humana for a one-year period, effective December 1, 2016.

# II. OVERVIEW OF APPLICATION

The contract will continue be held and administered by University Physicians, Inc. (UPI), which is a subsidiary of the University of Maryland Medical System. UPI will manage all financial transactions related to the global price contract including payments to the Hospital and bear all risk relating to regulated services associated with the contract.

# III. FEE DEVELOPMENT

The hospital component of the global rates was developed by calculating mean historical charges for patients receiving the procedures for which global rates are to be paid. The remainder of the global rate is comprised of physician service costs. Additional per diem payments were calculated for cases that exceed a specific length of stay outlier threshold.

# IV. <u>IDENTIFICATION AND ASSESSMENT OF RISK</u>

The Hospital will continue to submit bills to UPI for all contracted and covered services. UPI is responsible for billing the payer, collecting payments, disbursing payments to the Hospital at its full HSCRC approved rates, and reimbursing the physicians. The Hospital contends that the arrangement between UPI and the Hospital holds the Hospital harmless from any shortfalls in payment from the global price contract. UPI maintains that it has been active in similar types of fixed fee contracts for several years, and that UPI is adequately capitalized to the bear risk of potential losses.

# V. STAFF EVALUATION

The staff found that the experience under this arrangement for the prior year has been

favorable.

# VI. STAFF RECOMMENDATION

Staff recommends that the Commission approve the Hospital's application for an alternative method of rate determination for solid organ and blood and bone marrow transplant services for a one year period beginning December 1, 2016.

Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospital for the approved contract. This document would formalize the understanding between the Commission and the Hospital, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

IN RE: THE APPLICATION FOR
ALTERNATIVE METHOD OF RATE
DETERMINATION \*
UNIVERSITY OF MARYLAND
MEDICAL CENTER \*
BALTIMORE, MARYLAND

- \* BEFORE THE MARYLAND HEALTH
- \* SERVICES COST REVIEW COMMISSION
- \* DOCKET: 2016 FOLIO: 2175
- \* PROCEEDING: 2365A

**Staff Recommendation** 

**November 9, 2016** 

## I. INTRODUCTION

The University of Maryland Medical Center ("the Hospital") filed an application with the HSCRC on October 31, 2016 for an alternative method of rate determination, pursuant to COMAR 10.37.10.06. The Hospital requests approval from the HSCRC to continue to participate in a global rate arrangement for solid organ and blood and bone marrow transplant services with INTERLINK for a period of one year, effective December 1, 2016.

# **II. OVERVIEW OF APPLICATION**

The contract will continue to be held and administered by University Physicians, Inc. (UPI). UPI will manage all financial transactions related to the global price contract including payments to the Hospital and bear all risk relating to regulated services associated with the contract.

### III. FEE DEVELOPMENT

The hospital component of the global rates was developed by calculating mean historical charges for patients receiving like procedures. The remainder of the global rate is comprised of physician service costs. Additional per diem payments were calculated for cases that exceed a specific length of stay outlier threshold.

# IV. IDENTIFICATION AND ASSESSMENT OF RISK

The Hospital will continue to submit bills to UPI for all contracted and covered services. UPI is responsible for billing the payer, collecting payments, disbursing payments to the Hospital at its full HSCRC approved rates, and reimbursing the physicians. The Hospital contends that the arrangement among UPI, the Hospital, and the physicians holds the Hospital harmless from any shortfalls in payment from the global price contract. UPI maintains it has been active in similar types of fixed fee contracts for several years, and that UPI is adequately capitalized to the bear the risk of potential losses.

# V. STAFF EVALUATION

Staff reviewed the experience under this arrangement for the last year and found it to be favorable

# V I. STAFF RECOMMENDATION

Staff recommends that the Commission approve the Hospital's application to continue to participate in an alternative method of rate determination for solid organ and blood and bone marrow transplant services with INTERLINK for a one year period commencing December 1, 2016. Consistent with its policy paper regarding applications for alternative methods of rate determination, the staff recommends that this approval be contingent upon the execution of the standard Memorandum of Understanding ("MOU") with the Hospital for the approved contract. This document would formalize the understanding between the Commission and the Hospital, and would include provisions for such things as payments of HSCRC-approved rates, treatment of losses that may be attributed to the contract, quarterly and annual reporting, confidentiality of data submitted, penalties for noncompliance, project termination and/or alteration, on-going monitoring, and other issues specific to the proposed contract. The MOU will also stipulate that operating losses under the contract cannot be used to justify future requests for rate increases.

# Final Recommendation for Competitive Transformation Implementation Awards – Secondary Review

November 9, 2016

Health Services Cost Review Commission 4160 Patterson Avenue Baltimore, Maryland 21215 (410) 764-2605 FAX: (410) 358-6217

No comments were received during the comment period. The recommendation, therefore, remains unchanged from the draft version (except for a few updated summaries in the Appendix). This is a final recommendation and ready for Commission action.

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#### **OVERVIEW**

The Maryland Department of Health and Mental Hygiene ("Department", or "DHMH") and the Maryland Health Services Cost Review Commission ("HSCRC," or "Commission") are recommending that five proposals for health system transformation grants be partially funded, beginning in fiscal year 2017. This recommendation concludes the Commission's decision in June 2015 to authorize up to 0.25 percent of total hospital rates to be distributed to grant applicants under a competitive process for "shovel-ready" care transformation improvements that will generate more efficient care delivery in collaboration with community providers and entities and achieve immediate results under the metrics of the All-Payer Model.

#### **BACKGROUND**

The Commission received 22 proposals for transformation implementation award funding. Commission staff established an independent committee to review the transformation grant proposals and make recommendations to the Commission for funding. The Transformation Implementation Award Review Committee (Review Committee) included representatives from the Department and the Commission as well as subject matter experts, including individuals with expertise in such areas as public health, community-based health care services and supports, and health information technology. Following a comprehensive review process, nine of the 22 proposal applicants were awarded monies through hospital rates at the June 2016 Commission meeting, which were included in the FY 2017 rate orders.

The Commission authorized up to 0.25 percent of approved FY 2016 revenue for this program, meaning that up to \$37,036,786 may be provided through rates to support community-based care coordination and health care transformation. The initial nine grantees received a total of \$30,574,846 in FY 2017, leaving a remainder of \$6,461,940. The Commission tasked the HSCRC and DHMH with re-evaluating the proposals that did not receive funding to determine whether the remainder could be used to further the goals of the All-Payer Model by approving individual projects, or to provide partial funding to support promising collaborations and regional partnerships.

#### THE REVIEW COMMITTEE AND EVALUATION CRITERIA

In this secondary review process, the review committee looked at the remaining applicants and discussed individual proposals' strengths and weaknesses on the following criteria:

- Does this proposal have any **specific, promising programs**?
- Does the proposal have a compelling, community-based **regional partnership**?
- Does the proposal address an **underserved geographic area**?
- Will partially funding this proposal lower the **Medicare Total Cost of Care**?

### **RECOMMENDATIONS**

# **Recommended Awardees**

Based on its review, the Review Committee recommends five additional grant proposals for partial funding beginning January 1, 2017. Table 1 below lists the recommended awardees, the award amount, the hospitals affected, and the intent of the funding. A summary of each recommended proposal may be found in the Appendix. Note that the existing summaries do not reflect what will be funded through this program since, with the exception of Calvert Memorial Hospital, all are partially funded. The review committee provided each awardee with the projects that should be supported with the funding. Table 1 lists those projects.

**Table 1. Recommended Awardees** 

Partnership Group Name	Award Request	Award	Hospital(s) in Proposal
	·	Recommendation	- Purpose of Award
Calvert Memorial	\$ 361,927.00	\$ 360,424.00	Calvert Memorial Hospital
Lifebridge Health System	\$ 6,751,982.00	\$ 1,350,396.00	Carroll Hospital Northwest Hospital Sinai Hospital - 24-hour call center/care coordination hub
			- Efforts to enable seniors to age in place - Tele-psychiatry capability expansion
Peninsula Regional	\$ 3,926,412.00	\$ 1,570,565.00	Atlantic General Hospital McCready Memorial Hospital Peninsula Regional Medical Center - Inter-Hospital Care Coordination Efforts - Patient Engagement and Activation Efforts - Crisfield Clinic - Wagner Van
Totally Linking Care – Southern MD	\$ 6,211,906.00	\$ 1,200,000.00	Calvert Memorial Hospital Doctor's Community Hospital Fort Washington Medical Center Laurel Regional Hospital MedStar Southern Maryland Hospital MedStar St. Mary's Hospital Prince George's Hospital Center - Support the continuation of the regional partnership - Reinforce care coordination with special focus on medication management - Support physician practices providing care to high-needs patients
West Baltimore Collaborative	\$ 9,902,774.00	\$ 1,980,555.00	Bon Secours Hospital St. Agnes Hospital University of Maryland Medical Center UMMC – Midtown Campus - Patient-related expenditures

		<ul> <li>Care Management Teams, particularly focused on primary care</li> <li>Collaboration and sharing resources with community providers</li> </ul>
\$27,154,371.00	\$ 6,461,940.00	

# **Reporting and Evaluation**

Following Commission approval of the awards, staff will provide each awardee with a template for monitoring and reporting on the performance of the programs in meeting the goals of the All-Payer Model and consistent with the application proposal. The Commission reserves the right to terminate and rescind an award at any time for material lack of performance or for not meeting the letter or intent of an application, including not working with CRISP or not achieving results consistent with the All-Payer Model.

# **Savings to Purchasers**

The RFP specifically states, "in addition to the ROI for the participating hospitals, the HSCRC expects that a portion of the ROI accrue to payers. Applicants were expected to show how the ROI will be apportioned between the hospital(s), and payers, and how the payer portions will be applied (global budget reduction, etc.)." Because most applications were not specific on this point, the Commission is requiring a schedule of savings to purchasers for each awardee hospital through a reduction in its global budget or total patient revenue amounts. The following table presents the scheduled reduction in the award amount for each hospital receiving funding through rates.

**Table 2. Recommended Reduction Percentage** 

FY 2018	FY 2019	FY 2020
-10%	-20%*	-30%*

<sup>\*10%</sup> more than the previous fiscal year.

# **APPENDIX**

Please NOTE that, except for PRMC, AGH and McCready, and the West Baltimore Collaborative, these proposal summaries reflect the initial submissions, and are therefore not wholly representative of the extent and scope of the recommended grantees' efforts.

# **Calvert Memorial Hospital**

# IT TAKES A VILLAGE: Implementation of Senior Life Centers in Calvert County Proposal Summary

Hospital/Applicant	Calvert Memorial Hospital
Date of Submission	12/21/15
<b>Health System Affiliation</b>	Calvert Health System
Number of Interventions	1,312
Total Budget Request	\$ 361,297.00

# Target Patient Population (limit to 300 words)

Through the creation of communities modeled on the popular "villages" concept, Calvert Memorial Hospital (CMH) aims to create three Senior Life Centers in Calvert County which will:

- Serve 1,312+ Medicare-eligible participants correlating to the target population of TLC-MD thus impacting the readmission rate and cost of care for this population
- Serve an 405 Calvert County residents (Medicare, Medicaid, other insured or non-insured) age 50+ as a prevention study population to determine the program's effectiveness in reducing risk factors associated with chronic diseases significantly found within our Medicare population
- Address disparities such as lack of public transportation, significantly low ratios of physician
  and non-physician providers, difficulty accessing and enrolling in benefits, need for navigation
  to and better coordination of local community resources, access to healthy food sources and
  basic home maintenance for healthy home environments.

Summary of program or model for each program intervention to be implemented.

Include start date and workforce and infrastructure needs.

(limit to 300 words)

CMH's "Villages" model, Senior Life Centers, will use elements of various Villages-model programs to address local needs, utilize available resources, expand a long-standing successful relationship with the Offices on Aging (OOA), build on already successful programs using engaged staff and volunteers, and create a platform for growth of the program to other targeted populations. The Centers will be co-housed in three Calvert locations – the OOA in Lusby (southern Calvert), Calvert Pines in Prince Frederick (central Calvert) and the OOA in North Beach (northern Calvert). CMH currently has a MOU with the OOA's for implementation of the *Ask the Nurse* program which has provided health and

wellness services, on a drop-in basis, to Medicare-eligible seniors throughout Calvert. Additionally, multiple social programs are offered at each senior center and volunteer opportunities abound for seniors to serve within the centers or within the greater Calvert area.

The proposed program will bring the addition of professionals to the care team at the centers including (but not limited to) primary care providers, social workers, personal trainers and diabetes educators who will address locally identified health disparities, modifiable risks and chronic disease management.

Because space is currently on hold for implementation of the Centers, and because this program extends a program with which CMH has been a partner (the *Ask the Nurse Program*) the program can begin serving participants and having an immediate impact at the onset of a grant award.

Measurement and Outcome Goals (limit to 300 words)

As needs have been identified in the community, particularly through the Community Health Needs Assessment and through strategic planning to align with MD SHIP objectives, the concept of the Senior Life Centers has been planned and a model has been created as a mechanism to easily and efficiently take health and wellness services to seniors. Taking the care where it is needed most addresses the significant challenges in Calvert with access to care, a primary care provider shortage, avoidable ED utilization and overall better coordination of available services in the community.

The goals of the Senior Life Centers are to serve (1) the 50+ age population who are at-risk for high utilization due to health conditions and (2) those defined by our collaboration with TLC-MD as high utilizers who are part of the single-payer/"Medicare for All" models and who desire or intend to age in place. The program aims to serve 1,312+ target patients (who are also targeted as high utilizers by TLC-MD) by serving as a partner in their care coordination efforts. An additional 405 participants (age 50-64) who are engaged with the local Offices on Aging and are candidates for our Senior Life Center programs, but who are not currently being served due to program financial restrictions, will be served through the Centers in an effort to treat their conditions, or intervene while their risk is modifiable, to avoid their becoming high-utilizers.

# Return on Investment and Total Cost of Care Savings (limit to 300 words)

The return on investment (ROI) for CMH's strategies for implementation of Senior Life Centers is detailed in Table 9 of the full proposal. We will evaluate and monitoring the ROI as we move forward balancing investments with outcomes. We believe the ROI will be positive, but the range of the ROI will vary and we will be adjusting future years as we move forward based on actual experience.

A summary of projected ROI, over a three period with investments by HSCRC, yield the following:

Year 1 - 1.60

Year 2 - 1.61

Year 3 - 1.62

# Scalability and Sustainability Plan (limit to 300 words)

CMH aims to duplicate their Villages model program to other targeted populations in Calvert County. CMH is currently working with the Collaborative for Children and Youth and Calvert County Public Schools to identify the most urgent needs among Calvert's youth population. Future plans include expansion of a Villages modeled program to be housed in local schools and also within planned youth/family community center. CMH is also working with their Health Ministry Network to plan a Villages model program at a local church which currently offers a food pantry, clothing program and jobs-link program and is offering space to CMH to host a Villages model (funding from the HSCRC .50% proposal with TLC-MD will support this model through the Calvert Health Ministry.)

Sustaining the Senior Life Centers will be achieved through billable services as allowed by the grant and seeking additional grant opportunities and community investments. CMH generally invests in programs which present a cost savings to the hospital, and the program will be monitored for future investments by CMH. Utilizing the resources of local partners will also contribute to the overall sustainability and expansion of the program.

Participating Partners and Decision-Making Process (including amount allocated to each partners)
(limit to 300 words)

In order for the Senior Life Centers to be successful, CMH will utilize existing partnerships which have proven successful in responding to the needs of the local Southern Maryland community. CMH will also utilize the partnerships, expertise and collaborative platform provided through their membership with TLC-MD – work of the Senior Life Center program will aim to help to achieve the overall goals and measures set by TLC-MD and data will be reported accordingly.

The following chart demonstrates the existing partnerships which will be used to launch the Senior Life Centers. Decision making will take place by CMH leadership in collaboration with the Office on Aging and other community partners. MOUs or other appropriate contracts for service will be used to clarify relationships and expectations between other partners. Additional partners will be added as the program grows and needs are identified:

Organization/Partner	Role	Overview
Calvert Memorial Hospital	Project lead	Manage the establishment and operation of
		all aspect of the senior life centers in 3 local
		Office on Aging facilities; manage the grant
		project; track and report data
Calvert County Office on Aging	Project partners	Access to target population; provide space, at
		no cost, for establishment of centers;
		program oversight
Calvert County Health	Community	Provide behavioral health services to
Department	partner	participants at the Senior Life Centers

#### 2016 Competitive Transformation Implementation Awards

	Low cost access to fitness and personal
partner	training
Community	Utilize available partnerships in the provision
partner	of services; leverage lessons learned from
	TLC-MD partners on best practices; share
	data for establishment of outcome goals set
	by TLC-MD
	Community

# Implementation Plan (limit to 300 words)

As the program is an extension of an existing partnership between Calvert Memorial Hospital, the Calvert Office on Aging, the Calvert Health Department and other local providers, and as the program has completed the design phase through the strategic planning work of Calvert Memorial Hospital in achievement of their population health strategies, much of the pre-requisite work is completed. CMH is positioned to launch the program at the onset of a grant award in space which is on hold in the 3 local Offices of Aging, utilizing existing staff (as well as growing the program team) and working with participants already engaged at the hospital and/or Offices on Aging. A summary of the major implementation activities is charted in the full proposal; all work noted as ongoing would continue into years 2 and 3 with additional investments from HSCRC.

Budget and Expenditures (include budget for each intervention) (limit to 300 words)

Investments from HSCRC will be used to increase staffing to meet the greater number of participants who will utilize the OOA's programs by implementing dedicated Senior Life Centers for improvement of health among the target population and through additional outreach of services provided aboard the CMH Mobile Health Unit. Investments will be used in year one for IT infrastructure to support the program which will serve as a model for the state of MD; subsequent year IT funding will be used to support monthly per user fees. Funding for equipment and supplies will enable CMH to outfit three clinics, one at each Senior Life Center, with needed items from our CRNP, RN, specialists, dentists, hygienists, social workers, health educators, ministry partners, personal trainers and others. A dedicated nurse info phone line, as referenced by TLC-MD, will serve as a model to be expanded to other areas of MD and will work to efficiently and effectively direct patients to the right places for their health care needs (and lead to a decrease in avoidable ED and Urgent Care utilization.) Finally, to tackle the challenges of medication management, a program will be launched in partnership with local pharmacies to host pharmacists at the Senior Life Centers to counsel patients on their

# 2016 Competitive Transformation Implementation Awards

medication use and management – this, alone, stands to greatly impact the already challenged local public transportation system and will help CMH in efforts to improve medication use (and abuse) in our communities.

# **Lifebridge Health**

### **Proposal Summary**

Hospital/Applicant:	Sinai Hospital, Northwest Hospital, and Carroll Hospital			
Date of Submission:	December 18, 2015			
Health System Affiliation:	LifeBridge Health			
Number of Interventions:	4			
Total Budget Request (\$): \$6,089,727 (CY 2016)				
Target Patient Population				

The target population is high-utilizer patients who frequent LifeBridge Health (LBH)'s acute care hospitals, including Sinai (Baltimore City), Northwest (Baltimore County), and Carroll (Carroll County). These **2,690 adult patients** had three or more inpatient or observation encounters of 24 hours or more in FY 2015, and while they represent only 2% of LBH's entire patient population, their usage accounted for 19% of total charges. Nearly all (96%) high utilizers have at least one chronic condition, and 86% have at least two (primarily hypertension, diabetes, congestive heart failure, and coronary artery disease); 70% have a behavioral health condition. Within the target population of 2,690 high utilizers (emphasizing the middle tier of 2,074 patients), LBH plans to focus on the **1,256 patients with Medicare** as their primary payer source and **actually reach 1,000** during the first ramp-up year (CY 2016).

#### Summary of program or model for each program intervention to be implemented.

In four comprehensive interventions to improve care coordination and population health based on medical and supportive needs of the target population (to begin in Q1 CY2016), LBH will:

- Optimize care coordination for high utilizers through a system-wide "care coordination hub:" with an integrated,
  professionally staffed, <u>24/7 call center; expanded workforce</u> (RNs, LCSWs, care navigators, CHWs, NPs, pharmacists, and
  nutritionists/dietitians); use of <u>new protocols and pathways</u>; emphasis on <u>patient/caregiver engagement</u>; and <u>strengthened</u>
  data reporting/analytic capabilities.
- 2. Provide intensive care coordination for complex patients at highest risk for readmission: 240 targeted patients having 7 to 10 chronic conditions each and \$21.4 million in total charges in the last FY will benefit from the evidence-based Project RED discharge model system-wide, improved integration with long-term and post-acute facilities through the "LBH Preferred Skilled Nursing Facilities Network" and "Post-Acute Physician Partners," and aging-in-place support for seniors in partnership with community-based agencies. New outpatient palliative care services and piloting of new technology opportunities will be implemented.
- 3. Strengthen primary care access and delivery: New Primary and Chronic Care <u>Pavilions</u> on two campuses; <u>24/7 access to nurse triage</u> through an integrated call center; an evidence-based patient-centered medical home (<u>PCMH</u>) model; <u>embedded intensive care coordinator resources</u> within primary care practices by hiring <u>triads of RN care navigators</u>, <u>social workers</u>, and <u>medical assistants and testing new technology capabilities; and connection to a medical home</u> established for all target patients.
- 4. Strengthen behavioral health care access and delivery: Screening tools to diagnose and assess behavioral and mental health disorders, coordinated programs to prioritize and refer patients, and centralized low-level behavioral health needs at the primary care level; expansion of behavioral health workforce, including primary care-based Behavioral Health Navigation Teams comprising LCSW navigators, bachelor's or master's prepared social work navigators, and community health workers; and piloted telepsychiatry through a phased approach beginning in January 2016.

#### Measurement and Outcomes Goals.

LBH will track and report on each of the measures required by HSCRC for the target population of 1,256 Medicare high utilizers. In addition, LBH data specialists will also monitor measures specific to the interventions described above. The list of outcome and process measures is summarized below.

#### LBH-defined process measures:

#### Intervention #1:

Patients completing a Patient Engagement Survey that tracks improved disease self-management after interventions

- Successful outbound or inbound telephonic contacts with patients (speaking with live patient)
- · Patients receiving follow up call to collect medication history within 48 hours of discharge
- · Patients receiving follow up call regarding medication education within 48 hours of discharge
- Patients receiving follow up call regarding access to medications within 48 hours of discharge

#### Intervention #2:

- For patients discharged to a SNF in SNF Provider Network, ratio of instances the SNF handoff tool was used, to the total number of SNF Preferred Provider Network discharge encounters (encounter-based measure)
- Palliative Care patients connected to O/P Palliative Care NP

#### Intervention #3:

- Patients proactively connected with a PCP (Care Navigators or other Care Coordination staff reach out prior to CY2016 acute episode)
- · Patients connected with a PCP after acute episode and appointment scheduled
- Patients with identified PCP
- Employed primary care physicians who have subscribed to the ENS CRISP alerts
- Employed PCPs loaded patient panels into CRISP

#### Intervention #4:

- · Patients screened for depression
- Behavioral Health patients identified in acute setting and referred to BH specialist/program
- Behavioral Health patients proactively connected to BH specialist/program (Care Navigators or other Care Coordination staff reach out prior to CY 2016 acute episode).

#### Return on Investment. Total Cost of Care Savings.

Berkeley Research Group (contracted data specialists) has validated that there will be a positive ROI through the four interventions of the transformation program described above. From a broad perspective, shifting avoidable acute care to more cost effective care in the primary care and community-based settings will inherently save payors money. LBH is estimating ROI in the amounts of 0.50, 0.68, 1.16, and 1.45 for Calendar Years 2016, 2017, 2018 and 2019, respectively. The ROI estimates are based on evidenced-based staffing ratios for the number of high utilizers and the patient profile of high utilizers. It is expected that once the program is fully ramped up, economies of scale and efficiencies will occur in which more patients will be served while using the savings from the reduction in acute hospital utilization to re-invest and expand clinical resources.

Since each of the interventions are expected to positively impact patient avoidable utilizations (PAUs) and patient quality improvements (PQIs), the LBH system will invest these savings to expand upon the proposed program for continued cost savings. Specifically, LBH is strategically planning to focus on the Medicare portion of the high utilizer population during the grant period (CY 2016) to secure the highest ROI in the short term.

### Scalability and Sustainability Plan

Through the four interventions described above, LBH expects to realize a sustainable and scalable model of integrated health care that better manages high-risk patients and reduces avoidable hospital admissions and ER visits.

LBH plans to reinvest into the program with scalability plans for dual eligibles, followed by Medicaid beneficiaries, and finally to commercial payors. The requested rate increases will enable LBH to achieve the population health model proposed in this application, which will in turn reduce healthcare costs and ultimately ensure financial sustainability.

# Participating Partners and Decision-making Process

In addition to senior leadership from LBH and each of the three lead hospitals, key internal partners include the LBH Physician Network, Carroll Health Group, and Sinai Community Care.

More than 10 external partners (who will not receive funding through this request) include:

- · Berkeley Research Group (data specialists)
- · Chase Brexton (primary care provider in the Northwest region)
- Access Carroll (primary care provider in the Carroll region)
- Maryland Citizens' Health Initiative Education Fund (sponsoring entity for the Faith Community Network, which will
  assist with community-based post-discharge support)

- Health departments of Baltimore City, Baltimore County, and Carroll County
- Agencies serving seniors, including CHAI, Home Care Maryland, and Capital Coordinated Medicine (Carroll).

#### Implementation Plan

Per the attached implementation plan, there are five major areas of responsibility for program implementation in Year One. A Project Manager is responsible for "Implementation across all interventions." Implementation of each of the four interventions will be led by a Director-level LBH resource as follows:

- Intervention #1: Director, Integrative Health and Navigation
- · Intervention #2: Director, Integrative Health and Navigation
- Intervention #3: Director, Ambulatory and Practice Outcomes
- Intervention #4: Director, Psychiatry and Behavioral Health Services

All interventions will commence during the first quarter of CY 2016 (with some aspects of Intervention #1 commencing before grant award notification). LBH has already laid the Transformation Program groundwork for management of project integration, cost, scope, human resources, and communications.

Following are major milestones to be reached per intervention:

- Intervention 1:
  - o Establish integrated call center: 12/21/15-6/1/16
  - o Systems development: 1/4/16-4/1/16
  - Create Care Coordination Hub: 12/21/15-12/30/16
  - o Enhance engagement among patients, providers, family and public: 2/1/16-12/31/16
  - Strengthen referral processes to existing chronic care and wellness programs: 2/1/16-7/1/16
  - Track population health outcomes and foster quality improvement: 1/15/16-12/30/16
  - Manage transportation support: 3/1/16-12/30/16
- Intervention 2:
  - o Improve transitions to/integration with long-term and post-acute facilities: 2/1/16-12/30/16
  - o Enhance community partnerships for aging in place: 4/1/16-9/30/16
  - o Standardize and strengthen discharge follow-up procedures: 2/15/16-12/1/16
  - Conduct Palliative Care home visits: 4/1/16-12/30/16
- Intervention 3:
  - o Hire and train Care Coordination teams for PCP offices: 3/1/16-6/30/16
  - Proactively connect patients to medical home/PCP: 2/15/16-12/30/16
  - o Provide 24/7 access to expanded, integrated call center with 24/7 nurse triage: 2/1/16-3/1/16
  - Adopt patient-centered medical home (PCMH) model (with NCQA certification) for 2 practices: 1/25/16-9/30/16.
- Intervention 4:
  - o Standardize use of depression screening tool: 3/1/16-12/30/16
  - o Add behavioral health staff to PCP offices, call center and behavioral health navigation teams: 3/1/16-5/1/16
  - o Pilot and launch Telehealth psych resource: 1/15/16-9/1/16

#### **Budget and Expenditures.**

LBH requests a rate increase of %0.50 of net patient revenue for each hospital. The cost for the interventions described throughout this proposal is \$6,089,727 for the first year of the grant period (CY 2016), including \$3,187,760 for Sinai Hospital, \$1,792,587 for Northwest Hospital, and \$1,109,380 for Carroll Hospital.

The cost per intervention (LBH total) is as follows:

- Intervention #1: \$3,602,311
- Intervention #2: \$369,692
- Intervention #3: \$573,922
- Intervention #4: \$1,543,802.

In addition, LBH plans to contribute \$1,446,801 in-kind in CY 2016 for personnel & contractual expenditures.

# Peninsula Regional Medical Center, Atlantic General Hospital, and McCready Memorial

# Summary of Proposal:

Hospital/Applicant:	PRMC, AGH, McCready
Date of Submission:	12/21/2015
Health System Affiliation:	
Number of Interventions:	3
Total Budget Request (\$):	<del>\$3,926,412</del>

# Target Patient Population (Response limited to 300 words)

The target population for the Transformation Grant is: Medicare enrollees with two or more inpatient or observation encounters, one or more chronic conditions, and or more than one visit to the emergency department within a 30 day period. The collaboration also identified Medicare patients as being at risk of high utilization based on his/her chronic conditions and patterns of care. The partners determined that the number of patients who utilize both AGH and PRMC is significant to provide services to avoid unnecessary utilization of the emergency room at both hospitals.

More specifically, the target population for enrollment in care management program will include:

- Individual Medicare beneficiaries identified to be "high utilizers" based on FY2015 activity<sup>1</sup>
  - o In 2015, there were a total of 2,087 Medicare high utilizers served at
  - Efforts will focus heavily on enrolling high utilizers with 2-6 Chronic conditions, specifically Hypertension, Diabetes, Coronary Artery Disease and Chronic Kidney Disease and congestive heart failure into care coordination and care management activities that take care from the acute setting into the community and primary care setting

Summary of program or model for each program intervention to be implemented. Include start date, and workforce and infrastructure needs (Response limited to 300 words)

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<sup>&</sup>lt;sup>1</sup> High utilizers were defined as adult patients with ≥2 inpatient or observation encounters (referred to here as "bedded care") during FY2015

There are three initiatives which make up the program:

- Increasing access to primary care via a bridge clinic, and the Wagner Van which will travel to remote areas.
   Working with McCready, Crisfield clinic and emergence personal to serve the population on Smith Island. Start
   Date: February Resources:
- 2) Care Management and Transitions of Care: Expanding the Transitions of Care team to assist Care Managers embedded in 4 primary care practices. Partnering with AGH and McCready Health increase CM/SS workers in the emergency department to care for people who are high utilizers. Working with SNF's and nursing homes provide telemedicine to PRMC hospitalist to prevent unnecessary visits to the ED. Working with a Supportive RN Care manager to assist patients who have late disease states. Start Date: February Resources:
- 3) Patient Engagement: "Activation" for Disease Management and Infrastructure for Consumer Feedback and Continuous Quality Improvement Through the actions and support of Care Management and the Transitions of Care team patients will become more empowered in self-management of their chronic diseases. Start Date: March Resources:

# Measurement and Outcomes Goals (Response limited to 300 words)

PRMC and its partners AGH and McCready are working to reduce PAU's, utilization of the ED and cost of care, while together and locally each is focusing their population health efforts to achieve the goals of the triple aim. Through the HSCRC baseline outcome core measures and process measures the collaboration will be monitoring those on a quarterly basis. The group has agreed to programmatic measures on each initiative to achieve greater patient engagement, right care within the right setting and to promote caring for patients within the community setting. These measures will also be analyzed on a quarterly basis and brought forth to the governance committee for review and discussion. These measures will be used to evaluate the success of the program.

# Return on Investment. Total Cost of Care Savings. (Response limited to 300 words)

From a broad perspective, shifting avoidable acute care to more cost effective care in the primary and community-based settings will inherently save payers money. Through annual program evaluations and evaluations of the financial efficacy other programs to be developed and considered will be physician alignment such as pay for performance for agreed upon quality metrics for which the ROI would be used. Another program such as reducing uncompensated care is another possible outcome for the payers.

Since each of the interventions are expected to positively impact PAUs and PQIs, PRMC and its collaborators will invest these savings to expand upon the proposed program for continued cost savings.

Specifically, PRMC, AGH and McCready is strategically planning to focus on the Medicare portion of the high utilizer population during the grant period (CY 2016) to secure the highest ROI in the short term. PRMC, AGH and McCready will reinvest into the programs with scalability plans for Dual Eligibles, followed by Medicaid beneficiaries, and finally commercial payers.

# Scalability and Sustainability Plan (Response limited to 300 words)

Through the interventions listed above, PRMC, AGH and McCready anticipate a sustainable and scalable model of population health management serving high utilizers and patients who are at risk at becoming a high utilizer. It is expected that through the ROI achieved and savings from reducing PAU's, the hospital(s) will reinvest the savings into expanding the programs with either the necessary staffing or care management technology. The requested rate increases will enable PRMC, AGH and McCready to achieve the population health model proposed in this application which in turn reduce health care costs and ultimately ensure financial sustainability. Other methods for financial sustainability will come in the form of the CCM fee collection and the TOC fee collection.

# Participating Partners and Decision-making Process. Include amount allocated to each partner. (Response limited to 300 words)

Peninsula Regional Medical Center, Atlantic General Hospital, and McCready Health have agreed to form a regional partnership to collectively address clinical approaches to better serve at-risk populations in our region. The focus of this grant application is to address Medicare recipients who seek care at our organizations. Specifically it is to focus on high risk, high utilization, and the need to increase access to primary care while also supporting our communities in providing basic care and health literacy to disparate populations. Each hospital will develop and manage a score card(s) on the status of the individual strategic initiatives and the status of the goal achievement.

Two Advisory Councils (Family and Medical) will meet with The Council to provide input and guidance. A summary of the two supportive councils is as follow:

### Patient/Family Advisory Council ("PFAC"):

Each organization's PFAC will be utilized to report to the community on the status of the collaborative projects and to gain additional input regarding other potential needs and identify any gaps from the perspective of the care consumer.

### Medical Advisory Council ("MDAC"):

The Medical Advisory Council, ("MDAC"), a newly created council, will be composed of providers across the care continuum.

# Implementation Plan (Response limited to 300 words)

Please see the appendix for the plan.

Within 10 days of the grant being awarded the Medicare patient list will be refreshed with the newest list of high utilizers. The collaboration will commence with training the current and new TOC and CM nurses. The program will kick-off quickly the bridge clinics and ED care management. While there is a ramp up period of 3-4 months the collaboration is currently working amongst them and with other partners to draft and finalize workflows and communication process flows that would be ready to implement once the grant is awarded. In short the collaboration is working to have all initiatives ready within 30 days.

Budget and Expenditures: Include budget for each intervention. (Response limited to 300

#### 2016 Competitive Transformation Implementation Awards

PRMC, AGH and McCready is requesting: \$3,926,412 million for the first year of the grant period (January-December 2016).

- 1) Increasing Access to Care: Bridge Clinic, Wagner Van, Smith Island: \$1,077,627
- 2) Care Management: Training, and Embedding Care Managers; Expansion of TOC; and Care Management in SNF, Care Management in the ED: \$2,630,435
- 3) Patient Activation for Chronic Disease Management: \$218,350

Each proposed intervention contains dollars for clinical/social staff and or technology such as tele-medical equipment and equipment such as the Wagner Van to serve the region. Each program has been developed to not only address the high utilizing Medicare patient but also that patient's remoteness within the region. While the first 6 months to 12 months requires investments in technology, clinical staff and population health administration staff it is expected that year going forward the fixed costs will level out. The budget is strategic in that it is meant to build up and lay further necessary foundational elements of care coordination and population health management.

# **Totally Linking Care – Southern Md**

Hospitals/Applicants:	TLC-MD Member Hospitals:
	Calvert Memorial Hospital, Doctors Community Hospital (lead on Partnership Planning Grant), Fort Washington Medical Center, Laurel Regional Hospital, MedStar Southern Maryland, MedStar St Mary's, Prince George's Health System including Bowie Center
Date of Submission:	December 21, 2015
Health System	MedStar and Dimensions
Number of	1. Care Coordination, 2. Medication Management, 3. Physician Engagement and Support, and 4. Learning Organization
Total Budget	\$6,211,906.45

**Table 1: Summary Table Delineating Differences by Intervention** 

Target Patient Population (Response limited to 300 words)

TLC-MD represents a commitment of all seven of the hospitals within Prince George's, Calvert and St. Mary's Counties to work together to achieve the Triple Aim. Our planning work to date has helped us to clearly identify a High Needs Population to target through proposed TLC-MD interventions. We have three nested populations as formal targets: (1) those identified as high-needs patients when they use our hospitals (High Needs Population), (2) those who live in our hospital service areas (the area for each hospital from which 85% of the hospitalized patients living in Maryland come) (HSA Population); and (3) those who live in our counties (Counties Population). Experience with improving care transitions and providing care coordination has taught us to include all medical diagnoses rather than to restrict the focus to a few well-studied conditions. Many of our high-needs patients have unstable or inadequate supportive services rather than particularly high-risk diagnoses. However, we also recognize that most high-needs patients have Medicare insurance and that Maryland's agreement with CMS focuses upon this population, so we will aim to improve the care of Medicare populations substantially and quickly. Thus, the priority population for initial targeting consists of persons identified as high-needs patients with Medicare coverage now using our hospitals. The core population (including Medicare and non-Medicare patients) will be identified by having each hospital's full list of admissions run through an algorithm to detect persons predicted to be at high risk for high future utilization of medical services.

Summary of program or model for each program intervention to be implemented. Include start date, and workforce and infrastructure needs (Response limited to 300)

TLC-MD plans to reduce unstable health-related situations for persons living with serious or advanced illnesses and disabilities. By doing so, we aim to improve the patient experience and the health of the population and to reduce the need to resort to the hospital. The Clinical Analysts will assist in documenting and reporting the results of the following interventions. Strategy #1 – Starting January **2016.** The workforce includes hospital case managers to perform RCAs and work with eQHealth predictive modeling; RNs to do home visits, patient and caregiver education, medication reconciliation, navigation for primary and specialty care supportive services, care planning, patient engagement with the use of telehealth technologies with alert notifications, and communication with physicians. Strategy #2 – Starting March. TLC-MD recognizes the high rate of medication management shortcomings that affect persons going through hospitals, whether adherence, appropriate dosing, optimal medication choice, duplications and contraindicated medications, side effects, or costs. TLC-MD is set to test as many as four strategies: 30-day supply of medications at discharge, electronic drug monitoring with alerts, specialty skilled pharmacist involvement, and screening for Beers criteria. Strategy #3 – Starting March 2016, support physician practices that deal with these high-needs patients by creating individualized approaches to meet the patient's needs, helping with transition to MIPS, and developing gain sharing arrangements. Workforce is eQHealth, MedChi, and hospitals. Strategy #4 – **Starting January 2016.** Test a list of

enhanced services such as self-care activation approach, post clinics, nurse call lines, standardize some ED test that show correlations to chronic illnesses (ex. Vitamin D), and matching behavioral health options with services available.

#### Measurement and Outcomes Goals (Response limited to 300 words)

TLC-MD measurement strategies begin with a commitment to meeting the terms of the agreement between Medicare and Maryland, and to that end TLC-MD will monitor and manage according to the goals set by the RFP, using the associated data and analysis approaches. TLC-MD will also monitor tests of interventions, looking to measures of process, outcome, potential adverse effects, costs, and spread. For data provided by HSCRC, VHQC and CRISP, TLC-MD will usually request aggregate data and data splits between Prince George's County (northern sector) and the combination of Calvert, Charles, and St Mary's Counties (southern sector), since otherwise gains in the more rural counties (Calvert and St. Mary's and often Charles) will be overwhelmed by the large numbers in Prince Georges County. Similar data splits will be conducted with data generated by the coalition. Although Charles County is not a participating partner of the coalition, TLC-MD recommends including Charles County's data and ultimately TLC-MD hopes that Charles County providers will work with the coalition on future projects. For some metrics, the frequency will be monthly and for others, the data will probably only be available quarterly. For data that is available into the past, we will request data for the last three years (2013-2015) in order to be able to establish seasonal variation and a rough baseline, as well as requesting reasonably prompt data through the future work. Some of this will be displayed on the CRISP dashboard, which we will study and use, but we also want to be able to construct useful process control charts for interventions we implement. We understand from CRISP that they will have data from dualeligible beneficiaries first, then probably Medicare Parts A, B, and D. Once the core data are all coming in quickly after billable events, additional quality measures will become possible.

Return on Investment. Total Cost of Care Savings. (Response limited to 300 words)

The return on investment (ROI) for TLC-MD's strategies and testing other enhanced services in the regional learning organization model described in the Targeted Population and Program sections are shown in Table 7 in the application. The ROI was calculated using the HSCRC ZIP code data provided in mid-December 2015 on the CY 2014 patient discharges. The patients with 3+ IP/Obs>24 Medicare data was sorted by each hospital. Anticipating that 40% of the patients could be enrolled in a year, a monthly census of 392 patients was calculated and placed into one of 4 acuity level tiers. Patients may be enrolled in a 90, 180 or 365 day program, depending on acuity level or need by exception. This accounts for 1,568 patients being seen in Year 1 and 2,364 being seen in subsequent years, a 60% enrollment rate. Using the 4 tiered acuity levels, different interventions were assigned to each tier based on previous studies by Berkley Research Group (BRG) and the RCA results seen the planning stage. Cost for each service provided for each intervention was calculated from vendor contracts. Thus the Annual intervention cost per patient was calculated to be \$3,888.50. The annual charges were calculated from two data sources: first, using the average patient cost from the CRISP report developed with Mary Pohl on the highest acuity de-duplicated patients (369) and second, using the average patient cost from the HSCRC zip code data received. These per patient costs were multiplied by the number of patients to be enrolled, such as 1,568 for Year 1. In Year 1, the development year that includes much testing of interventions, the expected savings is calculated at 15% but future years TLC-MD expects a 29% savings, resulting in a (.15) ROI in Year 1 to a 1.55, 1.61 and 1.32 in future years.

# Scalability and Sustainability Plan (Response limited to 300 words)

The current plan is to fully utilize HSCRC/DHMH's grant dollars to operate the coalition's work until December 2018, and to enable the program to yield substantial reductions in utilization. As savings occur at each hospital in the reduction of regulated unnecessary utilization, the variable savings could be shared with the counties, the hospitals, the providers who affected change, and HSCRC. As the program develops, TLC-MD members will be seeking financial investments from other interested parties who share the mission of TLC-MD and who want to see patients remain healthy at home (such as The Harry and Jeanette Weinberg Foundation, other granting foundations, and community partners such as Wal-Mart, Giant, Walgreens and other businesses that invest in the population health needs of their communities.) The hospital partners in TLC-MD are firmly committed to the Triple Aim for our area. We can make major improvements in the health care delivery system and the health of our communities within that budget for at least the four years we are now planning. We have planned to use the funds catalytically and strategically, targeting the high-needs patients who are not well-served in another way, and building a coalition capable of monitoring data and managing some critical parts of the overall delivery system. The scale of this part of the work is already broad, though carefully targeted. We may find that we need somewhat more or different staffing. The pace of change is somewhat dictated by the funding and the need to ensure staff attention to the testing and implementation of interventions. TLC-MD has strategies to improve the health of the entire region over the long term, beyond just the Participating Partners and Decision-making Process. Include amount allocated to each partner. (Response limited to 300 words)

	eQHealth	Communities, Counties, buses	St Mary's HEZ program	Faith Based and Communities	Behavioral Org	Primary Care Practices	Call Center Partner	UMD Pharma Dept
Strategy 1	1,027,763.62	488,753.43	369,578.75	500,000.00	131,328.00	192,780.00	125,684.00	
Strategy 2								895,50
Strategy 3		66,000.00						
Strategy 4								
Totals	\$ 1,027,763.62	\$ 554,753.43	\$ 369,578.75	\$ 500,000.00	\$ 131,328.00	\$ 192,780.00	\$ 125,684.00	\$ 895,500

#### Implementation Plan (Response limited to 300 words)

The Implementation Plan's categories each have milestones that show how each strategy will move from a planning to implementation phase and then to expansion phase in later years. Strategy #1 – Administrative/Infrastructure includes outreach and building awareness, governance, financial sustainability, and IT. The Clinical Improvement includes patient screening, monitoring hospital and eQHealth care coordination, monitor progress on high needs patients, monitor RCA results for process improvements, integrate SNF, home health, and outpatient physician activities, and test 24/7 on call systems. Strategy #2 –The Medication Management section defines criteria for the selection of patients, the testing of the tools, and the incorporation of the University of Maryland's pharmacy programs to optimize medication management, and the monitoring of results. Strategy #3 – The Support Physician Practices section identifies the working with practices with high needs patients and identifying how to serve their population within the TLC-MD process. Milestones include activity in CCM services and billings. Strategy #4 -Building the Learning Organization section includes testing results, identifying new initiatives based on RCA and patient interactions, Vitamin D testing, behavioral health enhancements through improved screening and proposing alternate workflows per geographic area.

Budget and Expenditures: Include budget for each intervention. (Response limited to 300 words)

Strategy #1 -\$3,922,280.80. Our High-Needs Population will have services: home visits, patient and caregiver education, medication reconciliation, navigation for primary and specialty care, supportive services, care planning, and communication with physicians. A summary include reporting (33,850), predictive modeling (12,000), expanding clinics (1,247,771.75) patient transportation (1,568), physician co-pays (192,780), call center staffing (125,684), medicine management/behavioral interventions totaling (1,573,427.05), faith and community outreach (500,000), and patient engagement with telehealth technologies (235,200). Strategy #2 -\$1,201,664.80, which includes: testing of Vitamin D levels during ED visit (6,272), use of medicine delivery system (203,212.80), issuance of non-medical equipment like scales (15,680), and medicine management or adherence for all tiers (976,500). **Strategy** #3 – S271,600.00, which includes: hosting CME meetings throughout the 3 counties each year. Plans include 11 events at \$66,000 for location and food, \$7,500 for the speakers, and \$15,000 for CME fees. The distribution of patient literature on population health efforts (175,600) and CRISP outreach (7,500). Strategy #4 -\$816,360.00, which includes: an Executive Director, Financial and Clinical Analysts (450,000), Consultant to assist Executive Director as needed to evaluate initiatives and keep the program moving forward (75,000), Project management of timeline (30,000), Metric management of timeline and results (30,000), Directors and Officers insurance (20,000), Audit/Finance fees (100,000), legal assistance with contracts and Q/A (50,000), website maintenance (30,000), and lab services for testing interventions (31,360).

### **West Baltimore Collaborative**

Hospital/Applicant:	UMMC is the Lead/Application for the WBC
Date of Submission:	October 19, 2016
Health System Affiliation:	UMMC, UM Midtown, Saint Agnes and Bon Secours
Number of Interventions:	2
Total Budget Request (\$):	\$1,980,555

# **Target Patient Population**

The West Baltimore Collaborative will offer care management and transportation services via private contractors to the high-utilizing Medicare patients of the member-hospitals. In the program's initial iteration, service will be offered to patients who meet defined criteria:

- Criterion 1: Patients enrolled in or eligible for Medicare
- Criterion 2: Patients who reside in one of the identified zip codes: 21229, 21216, 21217, 21223 and 21201
- Criterion 3: Patients who have had two (2) or more bedded acute care encounters within the past year, occurring at 2 different West Baltimore facilities o Encounters would be in the following settings: Inpatient, Inpatient Observation Status and Emergency Department
- Criterion 4: Patients diagnosed with at least one (1) of the following Chronic Conditions and/or a
  Mental Health (depression, anxiety, etc.) and/or Substance Abuse issue o Hypertension, Chronic
  Obstructive Pulmonary Disease (COPD), Diabetes and Congestive Heart Failure (CHF)

Summary of program or model for each program intervention to be implemented. Include start date, and workforce and infrastructure needs

The WBC is a comprehensive collaborative, comprised of four hospitals and community-based providers. The four hospitals are University of Maryland Medical Center, UMMC Midtown Campus, St. Agnes Hospital and Bon Secours Hospital. The other WBC members include the FQHCs (Total Health Care, Chase Brexton, Baltimore Medical Systems and Healthcare for the Homeless) and other primary care practices serving West Baltimore. The WBC will provide high touch interventions for identified Medicare high utilizers by contracting with vendors to provide care management utilizing a RN care management model and transportation services to members of the target patient population. The care management vendor will make appropriate referrals for behavioral health services and other services necessary to address social determinant of health barriers.

#### Measurement and Outcomes Goals

The WBC will evaluate identified outcome, process and ROI metrics provided in the application as the program proceeds from rollout to full functionality and beyond. The WBC will also comport with the metrics required by the HSCRC and others, including CRISP, as necessary.

Programmatic Metrics determined by the WBC include: Does the patient have an appointment with a primary care provider prior to discharge and within 7 days of discharge; Did the patient connect with the scheduled primary care provider; Reduce emergency room visit rates; Reduce readmission rates; Was medication reconciliation completed prior to discharge; Was a follow-up call by the transitions team completed within 72 hours; Home visits within 30 days are completed; Care Plans will be completed on all patients in care management; HEDIS and MU measures for program; Total hospital cost per capita; Total healthcare cost per person; ED visits per capita.

These metrics, while focused on programs, also lend to the overarching outcome metrics captured in the Core Outcomes Measures listed in Table A of the Implementation Grant Request for Proposals. Measures germane to the program, including reduction of PAUs, readmissions, and avoidable utilization of the emergency department will be captured.

#### Return on Investment. Total Cost of Care Savings.

The ROI calculated for the years 2018-2020 are: .44, 1.04, and 1.74 respectively. By shifting avoidable acute care to more cost effective care in the primary care and community-based settings, the interventions will inherently save payers money.

Since the program is expected to positively impact PAUs and PQIs, WBC will re-invest these savings to expand the proposed program for continued cost savings. Specifically, WBC is strategically planning to focus on the Medicare high utilizers. Based upon total PAU dollars and WBC financial model, it is anticipated that PAUs for the target patient population will be cut up to 15%. This utilization reduction will generate savings towards the \$330 million required by the State to meet the waiver requirement. The WBC will reinvest in the program and scale to include other dual eligible, Medicaid and commercial payers with the goal of meeting the waiver requirements to achieve the mandate of an all payer system.

#### Scalability and Sustainability Plan (Response limited to 300 words)

Scalability will be based on potential savings reinvestment, permitting model expansion of more robust staffing and infrastructure. This expansion will permit the program to change the program criteria to be more inclusive, with the ultimate aim of offering WBC services to high utilizers in all payers.

Sustainability will be based on reduction of PAUs, and it is anticipated these generated savings will be reinvested in the program. Additionally, alignment with FQHCs, so crucial to the success of the program, will be encouraged via the management of patients in the community, aiding successful care intervention and reducing high-cost hospital recidivism.

Participating Partners and Decision-making Process. Include amount allocated to each partner.

The primary participants in the WBC are the four hospital members and a number of affiliated and independent entities and practitioners which have manifested an intent to participate in and support the efforts of the WBC by submitted Letters of Intent/Support.

The WBC will be managed through a governance structure consisting of a Management Committee, comprised of the WBC members (i.e. the four hospitals, the FQHCs and other community-based providers) and the WBC Director. The Management Committee will oversee the daily operations of the WBC and the Implementation Grant. It will also receive input from a Medical Advisory Committee and a Patient and Community Advisory Council.

Decisions made by the WBC, through its governance structure will include: decisions regarding the scope of participation and performance of the WBC members and vendors, monitoring programmatic design to achieve targeted patient and financial outcomes, monitoring funds flow, directing decisions regarding program management, directing decisions on vendor contract and decisions affecting savings management.

#### Implementation Plan

Within the first months of funded operation, the WBC will bring organizational infrastructure online and begin program operations, endeavoring to meet the following schedule:

Upon grant award: the WBC will appoint a program Director to provide day-to-day leadership; a refresh of inter-hospital data to confirm accuracy of metrics and patient capture will occur; patients identified as eligible will be contacted; and model implementation for Medicare high utilizers will commence at the member hospitals and community-based practices.

Within 30 days of grant award: participating hospitals receiving grant revenue will execute a Memoranda of Understanding, which will inform member association and organizational structure; identification of high utilizers and rising risk patients will be made via data and hospital-based risk assessments for patients currently in one of the 4 hospitals or the member primary care practices. The Care Management Vendor (the WBC is currently exploring a relationship with Health Care Access Maryland (HCAM)) will connect with enrolled patients. Patients will be identified for transportation services (currently exploring a relationship with Transdev; other community-based transportation provider(s) may be considered as well); access to care will be addressed, and if a patient does not have a primary care physician follow-up may occur within a geographically-convenient FQHC.

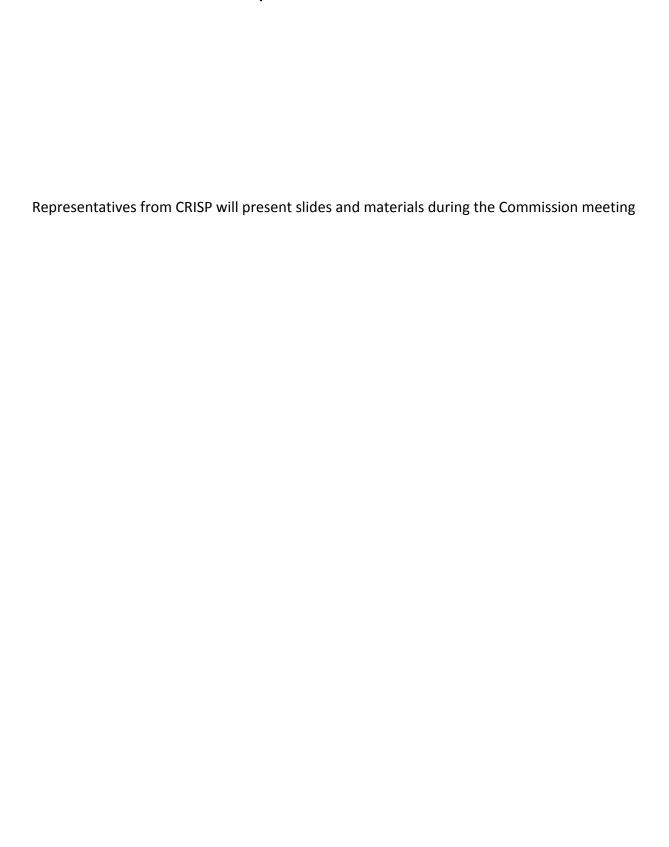
### 2016 Competitive Transformation Implementation Awards

Budget and Expenditures: Include budget for each intervention. (Response limited to 300 words)

The WBC budget includes ramp up costs that are fixed to bring the needs of the program's infrastructure to full capability within the first year. The budget captures not only vendor contracts, but administrative and analytical staff needed for ongoing data collection and reporting.

The WBC has decided that the investment in this strategy for clinical services in the community will maximize the full potential of the funds requested; moreover, the centralized strategy allows for well-coordinated care and care management resources that are necessary to meet the needs of the West Baltimore community. It is anticipated that 100% of the programs described will be funded by the requested grant amount.

# Update from CRISP



# State of Maryland Department of Health and Mental Hygiene

Nelson J. Sabatini Chairman

Herbert S. Wong, PhD Vice-Chairman

Joseph Antos, PhD

Victoria W. Bayless

George H. Bone, M.D.

John M. Colmers

Jack C. Keane



# **Health Services Cost Review Commission**

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Stephen Ports, Director Engagement and Alignment

Sule Gerovich, PhD, Director Population Based Methodologies

Chris L. Peterson, Director Clinical and Financial Information

Gerard J. Schmith, Director Revenue and Regulation Compliance

**TO:** Commissioners

FROM: HSCRC Staff

DATE: November 9, 2016

**RE:** Hearing and Meeting Schedule

December 14, 2016 To be determined - 4160 Patterson Avenue

HSCRC/MHCC Conference Room

January 11, 2017 To be determined - 4160 Patterson Avenue

HSCRC/MHCC Conference Room

Please note that Commissioner's binders will be available in the Commission's office at 11:45 a.m.

The Agenda for the Executive and Public Sessions will be available for your review on the Thursday before the Commission meeting on the Commission's website at <a href="http://www.hscrc.maryland.gov/commission-meetings-2016.cfm">http://www.hscrc.maryland.gov/commission-meetings-2016.cfm</a>

Post-meeting documents will be available on the Commission's website following the Commission meeting.